

# **FIRST CLIENT CONSULTATION SUMMARY & RECOMMENDATION**

**First Client:** *Cheryl Pimentel*

**First Client Birthdate:** *April 19, 1979*

**Consultant:** *Jimalyn D. Apar*

**Date Assessment Taken:** *November 9, 2025*

**Date of Consultation:** *To be determined (TBD)*

## **SUMMARY**

### ***I. Background Summary (based on the questionnaire)***

Cheryl Pimentel has the profile of a strategic, insightful, and purpose-driven professional who has built a successful corporate career and is now thinking of exploring a new chapter that aligns more closely with her values, strengths, and long-term vision for meaningful work.

Currently serving as an Associate Principal in the field of consulting and market research, Cheryl manages teams, leads client relationships, and oversees project delivery, roles that fit her natural leadership, analytical, and organizational strengths. She enjoys understanding client needs and developing thoughtful, data-driven solutions that create tangible impact. However, she has also become increasingly aware that the corporate environment's pace, politics, and structure no longer fully energize her.

Looking ahead, Cheryl envisions a transition into a more values-centered and people-oriented career, where her leadership and strategic thinking can be expressed through mentoring, developing others, and building systems or initiatives that matter. She describes this next stage as a "purpose-driven chapter", one that harmonizes her professional excellence, creativity, and compassion.

### ***II. Personality Summary***

According to the detailed report, Cheryl's personality is a combination of Innovation, Dominance, Compassion, Conscientiousness, and Caution.

She is both a visionary thinker and a structured achiever, someone who thrives on clarity, quality, and purposeful progress.

- Her **Innovative** side gives her creativity, cleverness, and imagination. She enjoys generating new ideas, solving complex problems, and thinking strategically.
- Her **Dominant** nature drives her to take charge, influence others, and move results forward. She is decisive and confident, with a strong preference for leadership and autonomy.

- Her **Compassionate** dimension adds warmth and emotional intelligence. She leads not just through authority, but through empathy and relational awareness.
- Her **Conscientiousness** ensures she follows through with integrity, precision, and high standards. She values order and reliability, preferring environments where excellence and ethics go hand in hand.
- Finally, her **Cautious** nature balances her drive with prudence. She prefers well-considered risks, steady environments, and cooperative teamwork.

Together, these traits make Cheryl a strategic yet steady leader, someone who blends intellect with heart, and structure with care. She thrives in environments that are purposeful, ethical, and relational, where ideas are valued and people matter as much as results.

Her Critical Life Issues results reinforce these personality insights. Cheryl's stress score is low, showing that she generally maintains emotional balance and composure, even in high-pressure situations. She manages demands calmly and thoughtfully, which contributes to her effectiveness as a leader and mentor.

However, her profile also shows a high level of personal debt, balanced by mid-range financial management habits. This suggests she is generally responsible and mindful in handling money but may currently be managing ongoing obligations that create pressure beneath the surface and is realistic about the pressures that come with providing and leading. True to her conscientious nature, Cheryl is aware of her responsibilities and handles them with care, though this area also highlights her desire for financial and lifestyle balance in the next phase of her career.

### ***III. Interest Summary***

Cheryl's top interest areas are Influencing (46%), Helping (20%), Expressing (16%), Doing (10%), and Analyzing (9%).

Her top career groups include:

1. Management/Sales (72)
2. Counseling/Mental Health (60)
3. Art and Design (58)
4. Service/Administration (50)
5. Cross-Cultural Relations (38)
6. Sports / Fitness (37)
7. Computational / Financial (32)
8. Hospitality / Customer Service (25)

This combination reflects a professional who enjoys leading teams, mentoring others, managing systems, and expressing creativity in her work. She finds satisfaction in roles

that involve strategy, growth, and impact, rather than repetitive or purely operational tasks.

Cheryl's current role in market research aligns with her analytical and influencing interests, yet her emerging passion points toward developing people and creating meaning beyond metrics, a shift from "business results" to "human results."

#### ***IV. Skills Summary***

Cheryl's top skills include: **Planning and Organization, Leadership and Oversight, Analytical Thinking, Interpersonal Communication, and Negotiation and Persuasion.**

These strengths position her as a strategic leader and effective communicator, someone who can lead initiatives, motivate teams, and navigate complex challenges with both logic and empathy.

Her background in psychology enhances her ability to understand people and group dynamics, while her years in consulting sharpened her data-driven decision-making and client management skills.

Cheryl's reflection in her questionnaire further confirms this: she takes pride in developing people, recognizing patterns, and improving systems for efficiency, a perfect combination of human insight and organizational leadership.

#### ***V. Values Summary***

Cheryl's key life values include Family, Integrity, Faith, Friends. She values the following in her work: Leadership, Intellectual Stimulation, Continuing Education, and High Income. Her priorities in her work environment includes: Flexible Hours, Stability, Challenge and Variety.

Her spiritual life, as she shared, is an "**important source of grounding.**" It gives her perspective, gratitude, and intention, qualities she brings into leadership and life decisions alike.

## **RECOMMENDATIONS**

Cheryl's overall design tells the story of a principled leader who blends intellect, empathy, and vision. Her profile points to someone who is at her best when she can lead with both head and heart, making decisions grounded in data, values, and humanity.

Her innovative and dominant sides make her a strong strategic driver, while her compassionate and conscientious nature ensures she leads with integrity and care.

She flourishes in purpose-driven organizations or independent ventures that allow her to innovate, influence, and develop others, without being weighed down by rigid hierarchies or corporate politics.

These careers align strongly with her design and life situation:

- **Human Resource Manager** - combines leadership, empathy, and organizational skills; uses her interest in management and counseling, and fulfills her values of integrity and people development
- **Business Owner / Entrepreneur** – ideal for her dominant and innovative traits; offers autonomy, challenge, and alignment with her faith and values
- **Independent Consultant** - allows flexibility, intellectual stimulation, and application of her leadership and analytical strengths, perfect for her next career phase
- **Life/Career Coach** – integrates her psychology background, empathy, and leadership; offers flexibility, purpose, and fulfillment
- **Sales/Marketing Manager** – strong fit with her influencing and strategic thinking, though may rekindle some of the corporate pressures she seeks to leave behind
- **School/College Counselor** – aligns with her compassionate and mentoring nature, though may not fully utilize her strategic business mindset
- **Product/Brand Manager** – strong fit for her strategic, analytical, and creative sides; engages her innovation and management skills but may lack the relational depth she wants long term
- **Psychologist/Psychiatrist** - aligned with her interest in human behavior but requires long academic commitment and may not maximise her management background fully
- **Event Planner** - engages her organizational and creative skills but may not offer enough intellectual or leadership challenge long term

## **CONCLUSION**

Cheryl's overall design leads into a clear and powerful direction: she is designed to lead, mentor, and create in ways that bring both strategic impact and human value.

Her next chapter may not be a single role but a portfolio career, a blend of independent consulting, coaching, and leadership development, allowing her to harness her strengths, live her values, and shape meaningful impact on others' growth.

Her journey moving forward is not about doing more, but about doing what matters, leading with wisdom, heart, and purpose.