

Client: Amanda Krishna
Consultant: Mandy Widjojo

Summary:

Amanda is a very creative and innovative person. Her strongest personality is innovative and imaginative, which means she is very creative and likes to generate new ideas and seeks mental challenges. She is also a compassionate person, who is supportive, sympathetic and tolerant of others, caring, a good listener, and good at encouraging others. Amanda is introverted, sometimes feeling distant towards others, and prefers to stay quiet in certain situations she is not comfortable with. She is able to work independently, sometimes too independent, not needing others' help but she will adapt to the needs of the situation. When it's time to improvise, she is able to do so because of her unstructured personality. Overall, she is not a high risk taker. Amanda's stress level scored high (21/30) this could be due to the current season she is dealing with, not being able to decide on her next steps to pursue her career, as well as other personal issues.

Amanda's General interest are in the area of counseling/mental health, art and design, and ministry (she scored most in influencing (41%), and next is expressing (27%). If we look at her skills and abilities, she scored the highest in artistic (100) and next comes in interpersonal communication, and musical. Her top life values are: faith, service to others, integrity, and aesthetics. Her work environment are: flexible hours, travel, independence, harmony. And Work out comes: helping others, intellectual stimulation, high income, security.

Recommendations:

Considering all factors, pursuing a degree in counseling will help Amanda thrive in the future. This is because her life values, work outcomes, work environment, all point to being a counselor. Not to mention her personality, interest, and skills and abilities are all aligned. In her pursuit of this speciality, Amanda does not have to abandon her love for art, film, and music. It seems that exercising her creative brain gives her satisfaction, however since she is compassionate and loves helping others, I do not recommend her to pursue them as her main vocation. Perhaps, she could still incorporate music and art in her therapies down the line. Amanda is a very curious person, and she enjoys intellectual stimulation in her work. Therefore going deeper in counseling and theology will fulfill her desires of work outcomes. One thing to note is that Amanda has to realize and accept that pursuing this as a career will not land her in high paying income (valued 3rd in her work outcome). She must bring this to the Lord and ask the true motives behind this. I recommend her to keep praying and make bold moves to best serve God's Kingdom.