

## **SUMMARY OF CONSULTATION WITH ANDRE KIRSCHSTEIN:**

Andre is 17 years old and he is set to study mechanical engineering or computer programming. His personality suits these choices very well. He has a perfectionist personality. He is very precise, goal driven and extremely organized. His parents agree with his assessment. I tried to involve them at times. I involved them in guessing his personality and I involved them in guessing his lifestyle values.

Going through his personality factors, I made Andre read the descriptions. At career implications I made him mark "T" for true and "F" for false. I did the same at the money page. One interesting point I picked up about comments on leadership:

Andre does not mind to lead, but it needs to be on his terms. He will only lead if it suits his perfectionist nature. His dominant nature adapts to be more compassionate. He does not like people with an attitude of superiority.

The only red flag I picked up was his perfectionism and how it relates to his stress level. His stress scored a bit higher. I had to ask him about it. He gets more anxious when schedules, planning goals etc. in his life does not happen according to the way he envisaged it. I encouraged him that life does not always happen exactly the way we plan. He will have to learn to adapt and not to be too hard on himself when he fails. I used Thomas Edison as an example when he invented the light bulb. He failed many times, but persisted to achieve eventual success. I also encouraged him with a Scripture out of Ecclesiastes 3:11. There is a season for every time in your life. Learn to embrace that season and learn out of it.

His interests, skills and values lined up very well with his desire to pursue engineering or computers.

I incorporated a funnel diagram and a donut graph while consulting. He came to see me again where I showed him the IAP. He understands it well. We saved 2 options that I will attach.

Andre and his parents are very satisfied and they are relieved to receive confirmation to pursue his career choice.