Career Direct®
Living by Design

LIVING BY *Design!*

A UNIQUE SEMINAR ABOUT WORK, YOUR DESIGN, AND THE TRUTH

Activity Book

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Session One:

1. Each person will spend almost 90,000 hours working.

2. The Living By Design series will show the Foundations of Work, name how some people go wrong, and teach a path to do it right.

3. Three things mentioned in the video that we want fast: high speed internet, express coffee, and instant gratification.

4. Gradually, throughout our lives, bits and pieces of his plan are revealed.

5. We must continually seek out the plans of God for our life.

6. We all think we want to be happy when it comes to our work.

7. Happiness is fleeting; we really long to have joy.

8. One example of disappearing happiness is getting tired of your new outfit.

9. Joy comes through worshiping God and following His plans.

10. The ability to follow God's plan when it comes to careers requires that we seek.

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Session Two:

1. When thinking about a possible career, some people think about what interests them, what others say they are good at at, or perhaps a career that will make them a lot of money .

2. You will find a much better career fit if you consider your whole design: interests , personality , skills , and values .

3. You are _____ .

4. Which faulty decision-making foundation is cited first?
money
easiest or first offered

5. Paige decided to go to law school because her boyfriend was going there. Her mother thought it was a great idea because she'd make a lot of money . After taking an assessment, she became a licensed lawyer .

6. Because Paige's personality, interests, skills, and values did not match the career she was in, she experienced a lot of anxiety attacks and stress. This is because she was in a career mismatch cycle .

7. Some faulty foundations are:
a. Money as a prime motivator
b. securing the easiest or first job offered
c. choosing a job title or company for prestige
d. seeking a job soley for power, control, or security
e. choosing a job because you have friends within the organization
f. taking a job because you CAN do it, so why not
g. Accepting a new job or promotion, even if it removes you from your area of giftedness

8. 55% of Americans are unsatisfied with their jobs.

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Session Two:

9. Of the 45% _____ who are satisfied, only 20% _____ feel very passionate about the work they do.

10. 53% _____ of workers are not engaged; they will quickly leave their company for a slightly better better offer _____ .

11. In a 2022 study, 2 _____ out of 5 _____ graduates wished they'd studied something else.

12. It's important to know what would fit your unique design so you will avoid wasting time _____ , money _____, and energy _____ .

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Session Three:

1. Why are errors scary? Because they can lead us down a path that God does not want us to take.

2. Loving money can cause all kinds of problems. Money as the prime motivator can also be called greed .

3. greed said that just one more dollar was what a man needed to be happy.

4. Another career error: thinking that more money will provide satisfaction .

5. What does the acronym FIRE stand for? financial , independance retire, early .

6. Choosing a career based on its prestige is often rooted in pride .

7. MLK Jr. said, "If a man is called to be a street sweeper, he should sweep streets even as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry."

8. God wants you to honor Him with your work and follow the encouragement from Colossians 3:17.

9. Working with your best buddy doesn't work out well if you are not designed to do that job.

10. List the truths cited in the video:

God designed you

God loves you

You have a purpose

Your actions can not separate you from the love of God

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Session Three:

11. There are two paths to choosing a career: the way the easy quick suggests and the way harder path .

12. People tend to create their whole identity around their careers, which can become a matter of pride .

13. Examples of work in nature that are beneficial include an _____ , a _____ , and a _____ .

14. Work is part of our design and is for our good .

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Session Four:

1. There are 6 biblical principles for work.

2. Knowing these principles can change your views about work.

3. The first principle is: The origin of work is God .

4. Work is good and harder .

5. The second principle is: All work has meaning & dignity .

6. The third principle is: work is a part of God's plan .

7. Working within your purpose can bring hope and a future.

8. The fourth principle is: work is a stage for ministry & witness .

9. The fifth principle is: our work needs to be excellent .

10. Work hard, with excellence, and you can be confident of what you are doing.

11. The sixth principle is: God is the final authority on our work .

12. These principles illustrate just how much your work _____ .

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Session Five:

1. What is the choice you have to make? To base your choices on faulty foundations or on biblical principles that will stand the test of time.

2. If you plan to base your decision on the authentic principles, there's a practical process to help you!

3. Hope was a student getting ready to go to college. She wanted to become a veterinarian .

4. Her unique design indicated that being an animal trainer would be a better fit.

5. Taking the Career Direct assessment can help you follow skills, interests & values for your career so that you can live in your design.