

LIVING BY *Design!*

A UNIQUE SEMINAR ABOUT WORK,
YOUR DESIGN, AND THE TRUTH

Activity Book

Session One:

1. Each person will spend almost 90,000 hours working.
2. The Living By Design series will show the Foundations of Work, name how some people go wrong in deciding their careers, and teach a path to do it right.
3. Three things mentioned in the video that we want fast: high speed internet, express coffee, and instant gratification.
4. Gradually, throughout our lives, bits and pieces of God's plan are revealed.
5. We must continually seek out God's plan for our life.
6. We all think we want to be happy when it comes to our work.
7. Happiness is fleeting; we really long to have joy_____
8. One example of disappearing happiness is getting tired of your wardrobe.
9. Joy comes through worshipping God and following His plans.
10. The ability to follow God's plan when it comes to careers requires that we seek out his words and wisdom and choose his ways above the world's ways. .

Session Two:

1. When thinking about a possible career, some people think about what calls to them, others say they are good at, or perhaps a career that will make them a lot of money .

2. You will find a much better career fit if you consider your whole design: personality, interests , skills , and values .

3. You are unique .

4. Which faulty decision-making foundation is cited first? **Listening to what parents or mentors tell them about entering a certain field because that's where all the money is.**

5. Paige decided to go to law school because her boyfriend was going there. Her mother thought it was a great idea because she'd make a lot of money. After taking an assessment, she became a licensed fitness instructor .

6. Because Paige's personality, interests, skills, and values did not match the career she was in, she experienced a lot of stress and anxiety. This is because she was in a career mismatch cycle .

7. Some faulty foundations are:

- a. Money as a prime motivator
- b. Securing the easiest or first job offered
- c. Choosing a job title or company for prestige
- d. Seeking a job solely for power, control, or security
- e. Choosing a job because you have friends within the organization
- f. Taking a job just because you CAN do it (so why not?).
- g. Accepting a new job or promotion, even if it removed you from your area of giftedness

8. 55% of Americans are unsatisfied with their jobs.

Session Two:

9. Of the 45% who are satisfied, only 20% feel very passionate about the work they do.
10. _____ 53% of workers are not engaged; they will quickly leave their company for a slightly better offer _____ .
11. _____ In a 2022 study, 2 out of 5 graduates wished they'd studied something else.
12. It's important to know what would fit your unique design so you will avoid wasting time , money, and energy .

Session Three:

1. Why are errors scary? Because they can lead us down a path that God does not want us to take.
2. Loving money can cause all kinds of problems. Money as the prime motivator can also be called greed.
3. (**didn't hear this in the video**) said that just one more dollar was what a man needed to be happy.
4. Another career error: thinking that more money will provide satisfaction .
5. What does the acronym FIRE stand for? Financial, Independence Retire, Early .
6. Choosing a career based on its prestige is often rooted in pride.
7. Martin Luther King Jr said, "If a man is called to be a street sweeper, he should sweep streets even as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry."
8. God wants you to honor Him with your work and Follow the scriptural encouragement from Colossians 3:17.
9. Working with your best buddy doesn't work out well if you are not designed to do that job.
10. List the truths cited in the video: **1. God designed you; 2. God loves you; 3. You have a purpose; 4. Your actions can not separate you from the love of God; 5. You are beloved**

Session Three:

11. There are two paths to choosing a career: the way the world (society) suggests and the way God planned .
12. People tend to create their whole identity around their careers, which can become a matter of pride, a status symbol .
13. Examples of work in nature that are beneficial include an _____ , a _____ , and a _____ . **(I didn't hear anything about this in the video)**
14. Work is part of our design and is for our good.

Session Four:

1. There are 6 biblical principles for work.
2. Knowing these principles can change your perspective and attitude about work.
3. The first principle is: The origin of work is God .
4. Work is good and harder (but still good) .
5. The second principle is: All work has meaning and dignity .
6. The third principle is: Work is a part of God's plan .
7. Working within your purpose can bring a hope and a future.
8. The fourth principle is: Work is a stage for ministry and witness .
9. The fifth principle is: Our work needs to be excellent .
10. Work hard, with excellence, and you can be **proud (? In a good way - video didn't speak to this)** of what you are doing.
11. T
The sixth principle is: God is the final authority on our work .
12. These
principles illustrate just how much your work matters (? Video didn't directly say) .

Session Five:

1. What is the choice you have to make? To base your choices on faulty foundations or on Biblical principles that will stand the test of time.
2. If you plan to base your decision on the authentic principles, there's a practical **process** to help you!
3. Hope was a student getting ready to go to college. She wanted to become a veterinarian.
4. Her unique design indicated that being an animal trainer would be a better fit.
5. Taking the Career Direct assessment can help you follow scriptural principles for your career so that you can live in your design.