



PERSONALITY
STRENGTHS ACTIVITY #3

Getting to know

ME

20-25 MIN





Objectives:

- 1 IDENTIFY | strengths from personality sub-traits
- 2 PRIORITIZE | 6 strengths you think are your favorite/strongest
- 3 SHARE | strengths with others
- 4 GIVE & RECEIVE | feedback relating to strengths and how you shine



STEPS:



find | strengths from personality pages



choose | top 6 strengths you think are your favorite/strongest



share | top 6 strengths with others



shine | let us know how these strengths make you shine



Identify and Choose Strengths



- Go over all your personality pages and choose your **top 6 strengths** that are your favorites or that you think are your strongest.
- **List** them on your paper handout



STRENGTHS





Get into Camps

Get into groups of 2 or 3

GO!!!





Personality Activity 3: Strengths Activity

NAME: _____

Strength 1:
Strength 2:
Strength 3:
Strength 4:
Strength 5:
Strength 6:

FEEDBACK:

Based on strength number _____, I think you would be really good in a situation where...

I really agree with strength number _____, because I have seen this in you when.....



Camp Conversations

- 1 Swap cards and read the strengths of that member of your camp.
- 2 Choose one of these sentences and complete it:

“Based on that strength, I think you would be really good in a situation where...”

Or

“I agree, because I have seen this in you when...”



Personality Activity 3: Strengths Activity

NAME: _____

Strength 1:
Strength 2:
Strength 3:
Strength 4:
Strength 5:
Strength 6:

FEEDBACK:

Based on strength number _____, I think you would be really good in a situation where...
I really agree with strength number _____, because I have seen this in you when.....





Light it up

Celebrate your design by sharing with the bigger group a strength and the situation others think it will be great in or has already seen how you use this.



Remember to keep focusing on
your strengths and...



Keep
shining



RESOURCES NEEDED:



Slide Presentation

TV or Projector

Laptop + Cable

Student's reports

Activity Handout Printed

Pens