

Below is a list of personality strengths based on the results of the Personality section of your assessment. Read through the lists below and click to choose strengths that describe you well.

- ☒ Straightforward and direct; bold in adversity.
- ☒ Good team player.
- ☒ Relies on logic more than emotions and enthusiasm.
- ☒ Outgoing, good mixer; energized by meeting new people.
- ☒ Focused and succinct in speaking.
- ☒ Compassionate and sympathetic toward others.
- ☒ Flexible; willing to adjust for the situation.
- ☒ Likes to be thorough and precise; good with details.
- ☒ Cautious and tends to avoid risks.
- ☒ Good at maintaining routines and traditions.

Non-Strengths:

Below is a list of personality non-strengths based on the results of the Personality section of your assessment. Read through the lists below and click to choose non-strengths that describe you well.

- ☒ Forgets that not everyone is comfortable with direct communications.
- ☐ Hesitant in making decisions.
- ☐ Can come across as being too serious and unenthusiastic.
- ☒ May have a problem with time management and keeping conversations focused.
- ☒ Stressed by having to make small talk with strangers.
- ☐ Can be too trusting, allowing others to take advantage of the situation.
- ☒ Can lack commitment toward goals.
- ☒ Can have unreasonable expectations for self and others.
- ☒ Can be fearful of change and overprotective of self and others.
- ☒ Tends to rely too much on established procedures.



