



Kathy Balshaw

YES! Consultant for 12 – 16-year-olds

Gqeberha (Port Elizabeth)

I help teens and pre-teens who are seeking direction for their lives. A central feature of process is helping them to discover more of their God-given design and allowing them to express their strengths more confidently.

To assist 12 – 16-year-old students in discovering more of their God-given design, I make use of the YES! online assessment, which serves as an excellent basis for increased self-awareness and self-appreciation for young people.

I predominantly serve students in the Gqeberha (Port Elizabeth) area, but also offer consultations via Zoom. Apart from my coaching and consulting service, I offer facilitation of career development, wellbeing and teambuilding workshops.

I have also been an accredited Career Direct consultant since 2010 and have seen the fruit of utilizing this excellent assessment tool with older teens seeking career direction.

With 35 years of experience in the field of education, I have worked with countless teenagers, parents and educators. As a former guidance counsellor, I have a deep understanding of the school environment and the demands that are placed on young people as they try to figure out who they are; make subject choices and then career choices. As hard as it may be to believe, I genuinely love teenagers and find it a privilege to provide a safe space for them to feel heard and validated, and in the process encouraging them to celebrate who they are and what they bring to the world.

Services Offered

1. Individual YES! Consultations

- online assessment followed by a 60 / 90-minute consultation for student and parent

2. YES! workshops for groups

- online assessment followed by group activities focused on understanding the YES! Detailed report