YES! Consultant Training
INTEREST ACTIVITY 2

Topic: SPARKING MY INTEREST

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Introduction

- The Interest activity, **“Sparking My Interest”** is an activity based the Interest part of the Holland’s code, having six Interest groups. Every individual has a unique design and it is important for them to be aware of what they like and what truly motivates them.

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Objective

- The objective of this interest group is to help the YES! Students identify various interest areas and why they are interesting.
- They can see in pictorial forms, the various Interests areas and that gives them an understanding of what each Interest group represents.
- The activity will also capture their attention and ignite curiosity in them that they may pursue later.
- It will also make them interested in the pictures or items they see and want them to know more about it.

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The Process

- The process will be to have six tables that would represent each Interest Group.
- Items will be placed on each table and labeled accordingly to represent their interest groups and students would be asked to survey the tables and pick the top two that they are drawn to.
- Items will be physical items and some in pictorial forms
- They will be asked to write down their answers and explain what is appealing about the items to them.
- This activity will expose them to simple activities that each Interest group can carryout, which is also a pointer to the types of careers in that group.

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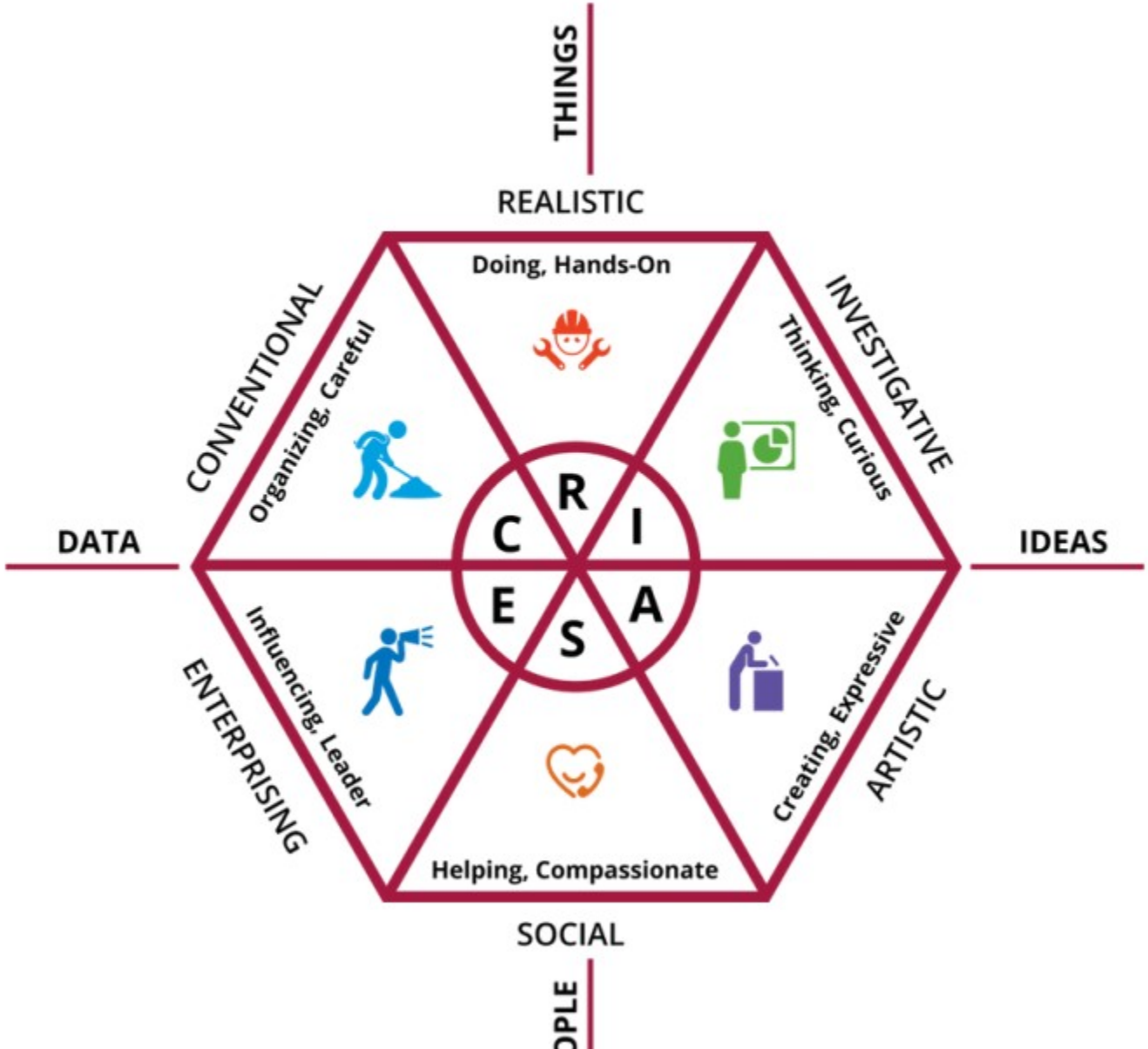
Interests: Holland Code



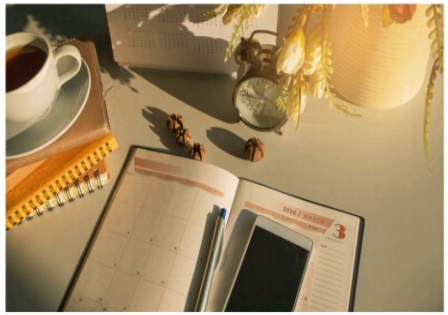
Conventional (Organizers)

Supplies / Materials Needed

- Stacking containers/items to sort
- Files
- Calendar
- Paper stickers

Interests: Activity 2 - Sparking My Interest

Conventional (Organizers)



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Conventional (Organizers)

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Realistic (Doers)

Supplies/Materials Needed

- Potting soil
- Mixing bowl
- Legos/building blocks
- Fire extinguisher

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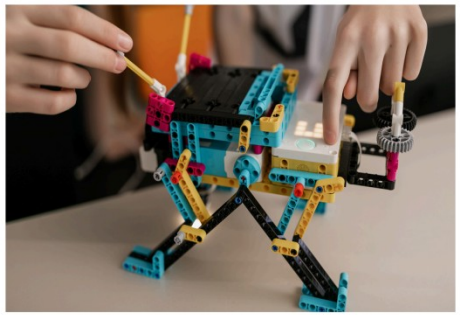

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Investigative (Thinkers)

Suppliers/Materials Needed

- Puzzles
- Microscope
- Telescope
- Test tube
- Scale

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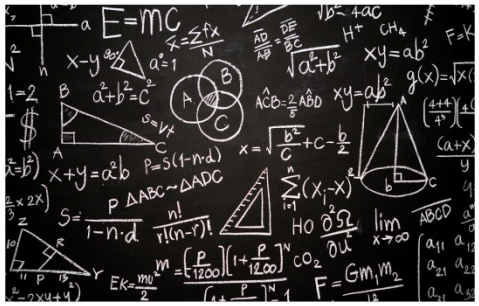

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Investigative (Thinkers)

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Artistic (Creators)

Supplies/Materials Needed

- Paints
- Construction paper
- Scissors
- Musical instruments
- Blank paper
- Pencil,
- Fabric
- Camera
- Other art supplies

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Artistic (Creators)

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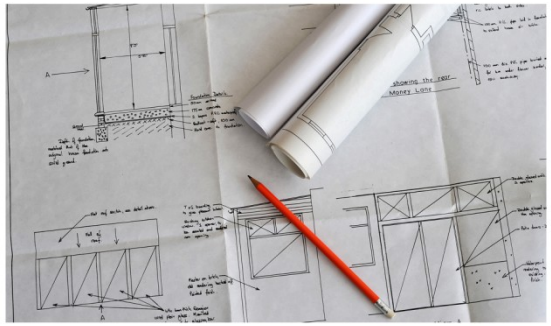
Artistic (Creators)



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Artistic (Creators)

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Social (Helpers)

Supplies/Materials Needed

- Blackboard/chalk
- Thermometer
- Blood pressure cuff
- Bible/Sunday school material.

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Enterprising (Persuader)

Supplies/Materials Needed

- Political signs
- City plans
- Stop signs
- Flight routes/times
- Blank business plan
- For sale sign

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Enterprising (Persuaders)

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Recommendation

- The Interest game is fun and very interactive especially the display of various items or pictures representing different Interest groups. However, I'd like to suggest another way to make this activity interesting.
- We can have a career day, where we invite professionals in different areas, representing the six interest areas.
- Show a video displaying different professions representing the six Interest areas.
- Also have students dress up in different attires, representing careers in the six Interest areas and make it more fun.

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