

Interest Activity: My Focus Preference(s)

Holland Code/Working with Things, Ideas,
People, Data

Objectives:

At the end of this activity, the YES! Student will be able to:

- Rank preference of working with things, idea, people, data;
- Define the six interest areas;
- Identify which is his/her strongest interest area(s) and;
- Evaluate what information and knowledge was personally gained during this activity.

Activity Time: 30-40 Minutes.

What do you prefer to work with?



Ideas



Things



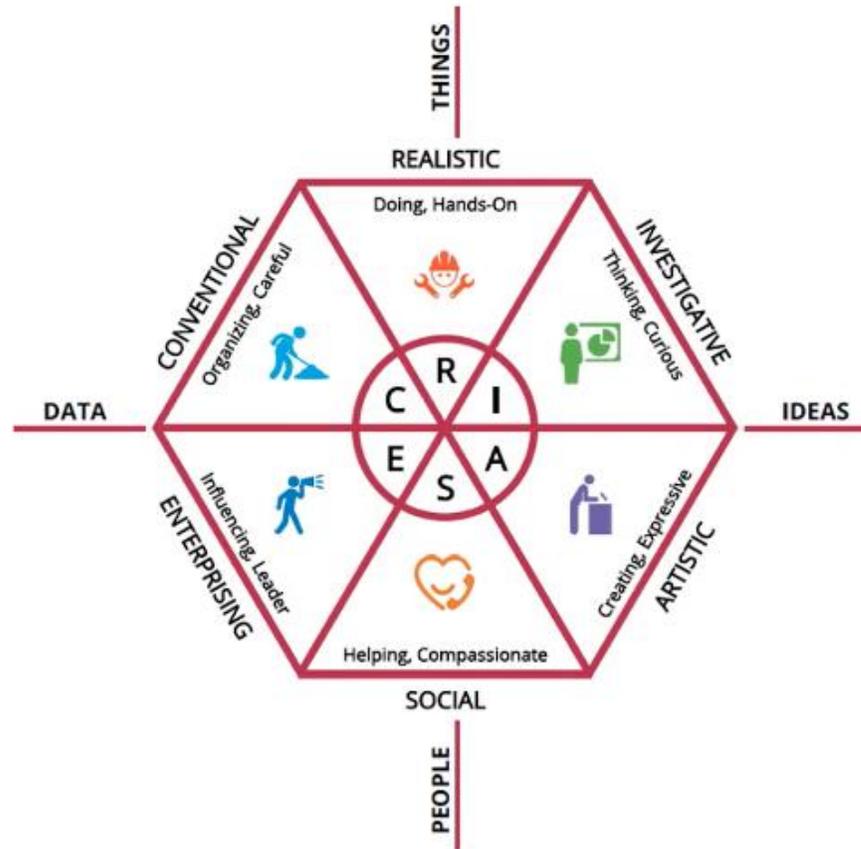
People



Data

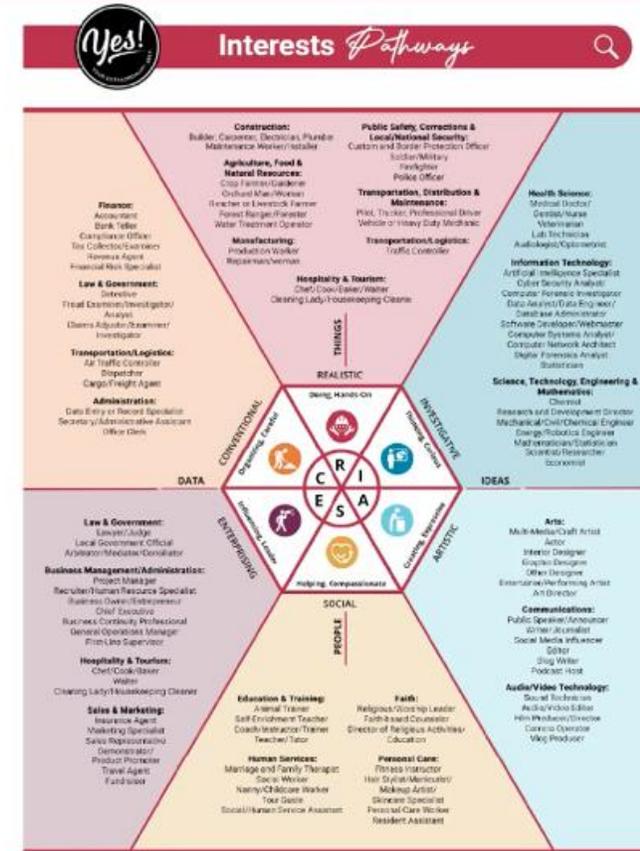
Write them down in the order of preference

Where do you fall?

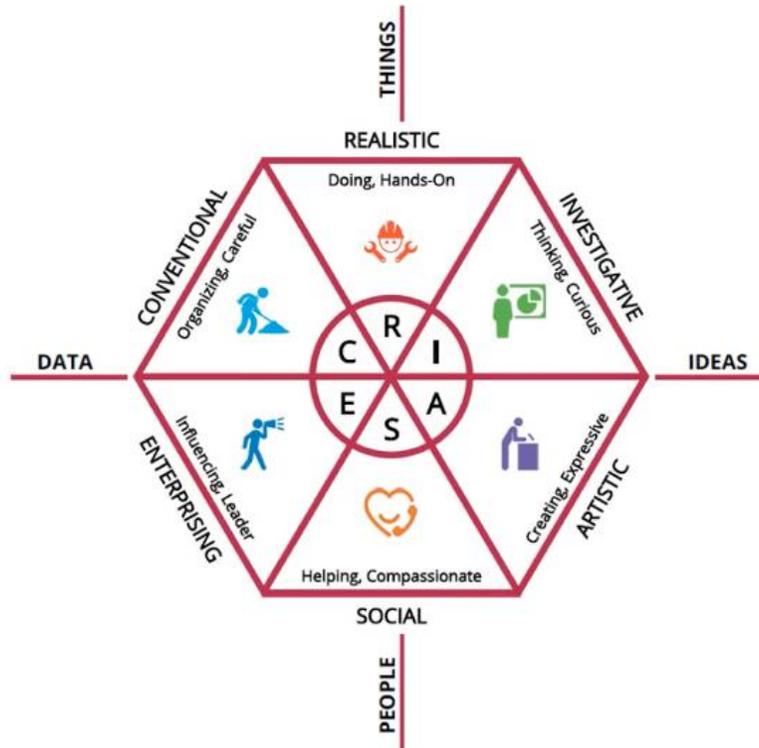


Diving Deeper

General Interest Areas						
	Realistic	Investigative	Artistic	Social	Enterprising	Conventional
Characteristics	Frank Practical Focused Mechanical Determined Rugged	Analytical Intellectual Reserved Independent Scholarly Judgmental	Complicated Original Impulsive Independent Expressive Creative	Helping Informing Inspiring Counseling Serving	Persuasive Energetic Sociable Adventurous Ambitious Risk-taking	Careful Conforming Conservative Conscientious Self-controlled Structured
Strengths	Mechanical, manual, and/or athletic ability	Intellectual problem- solving	Imagination Empathy Creative expression	Interaction Empathy	Leadership Management	Detail-oriented Organization
Prefers to deal with	Things	Ideas and Things	Ideas and People	People	Data and People	Data and People
Career Interest Areas	Agriculture, Food and Natural Resources Construction Transportation Distribution & Maintenance Public Safety, Corrections & Local/National Security Manufacturing Personal Care Hospitality & Tourism	Health Science Science, Technology, Engineering & Mathematics	Arts, Audio/Video Technology & Communication	Human Services Information Technology	Law & Government Transportation Logistics Business Management/ Administration Marketing	Administration Finance



Review Descriptions/Strongest Interests



Realistic: People who have athletic or mechanical ability. Prefer to work with objects, machines, tools, plants or animals, or to be outside. Preference for working with things, rather than ideas or people. Prefer concrete problems, rather than abstract problems.

Investigative: People who like to observe, learn, investigate, analyze, evaluate, or solve problems - usually involving math or science. Prefer working with ideas. Do not like highly structured settings.

Artistic: People who have artistic, innovative, or intuitional abilities and like to work in unstructured settings, using their creativity. Prefer to work with self-expressive ideas.

Social: People who like to work with people - to inform, enlighten, help, train, or cure, or to help them achieve their potential. Prefer solving problems through discussion. Usually do not prefer to work with things.

Enterprising: People who like to work with people - influencing, persuading, leading or managing them for economic gain or for the goals of an organization. Like leadership; dislike details.

Conventional: People who like to work with data, have numerical or clerical ability, carrying things out in detail or following through on other's instruction. Prefer structure.

Group Discussion



What Did You
Learn?

