

PERSONALITY ACTIVITY

INTRODUCTION

Present Milkshake Activity

This will teach you how to synthesize/blend personality traits and subtraits

Will help students see their unique design

Activity 6 under Personality in Facilitator's Activities Manuel

Time needed for Activity will be about 15 minutes

OBJECTIVES OF ACTIVITY

At the end of the activity the student will be able to

1. Identify his/her personality traits and/or subtraits
2. Evaluate how the combination of personality traits and subtraits can strengthen or modify behavioral tendencies

RESOURCES NEEDED

Various printouts of pictures of milkshake and blender as will be shown

PROCESS

Explain to student that their personality is like a unique milkshake, with different ingredients to make it the best milkshake ever! No such milkshake has been made before or will ever be made again. There is only one milkshake with these ingredients and with this specific delicious taste.

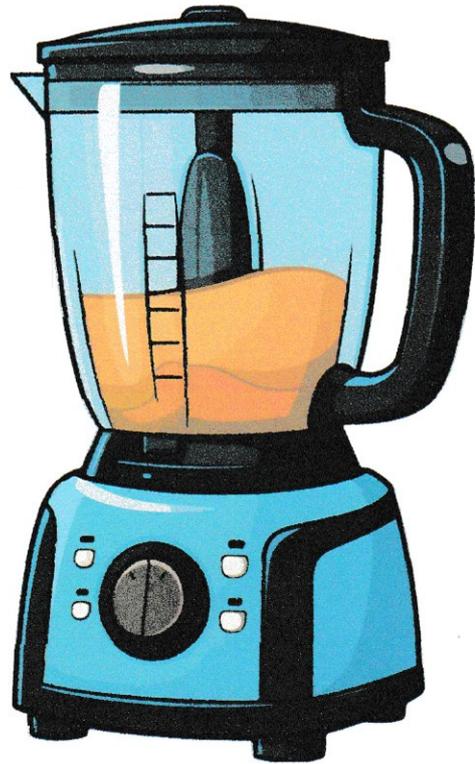
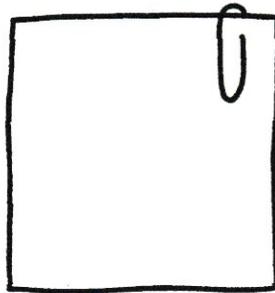
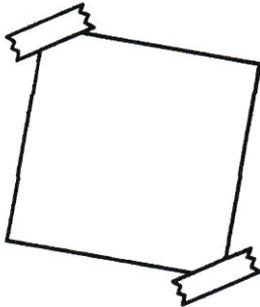
Explain that each student is a unique blend of the six personality trait pairs.
Three strongest personality traits will be used for this activity.

Let student identify what will go into the blender from his strongest personality trait and subtraits. He can also indicate personality implications or strengths. After that the same process is followed for his second and third strongest trait.

All of the above is then mixed together in the blender. Explain that the milkshake thus produced is different than just all the separate ingredients that were put in the blender. Some traits together make even stronger characteristics. Some traits act as balancers, helping to modify another trait. Help them identify and describe these stronger characteristics and balancers as well. This activity will help students see the blending of their unique design.



Personality Activity 6: Blend It!



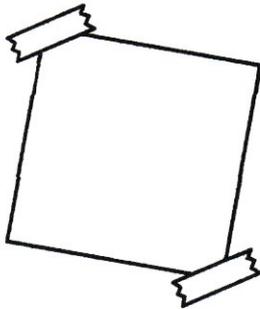


Personality Activity 6: Blend It!

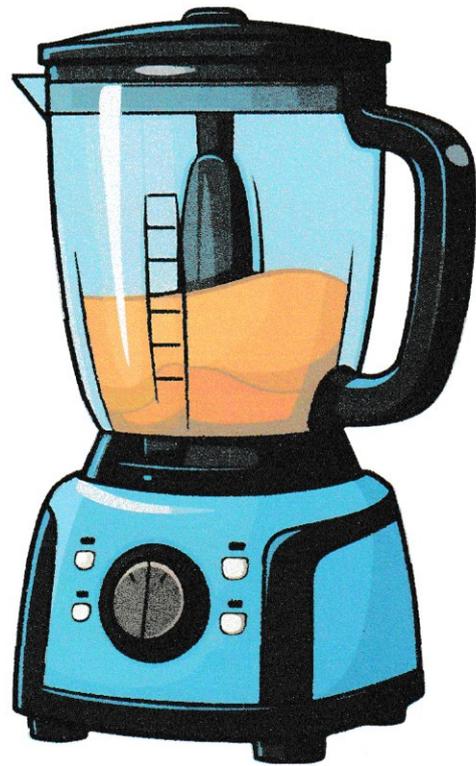


Unstructured
Factual

Easygoing
Improvising
Spontaneous



Objective
Questioning
Impartial





Personality Activity 6: Blend It!

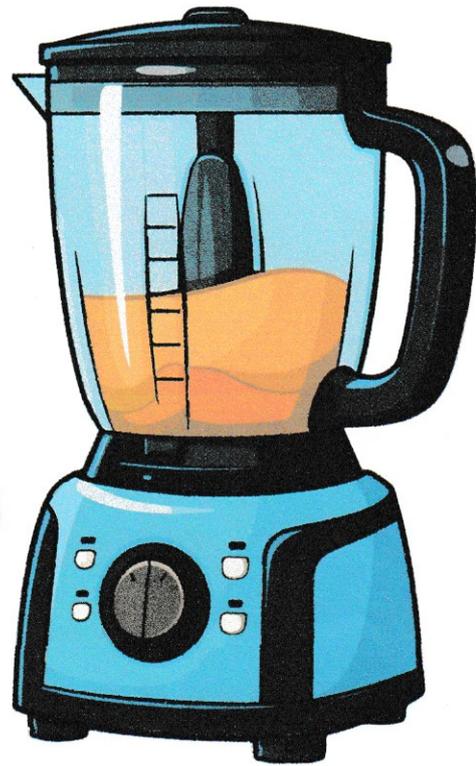


unstructured
FActual
Authoritative

Easygoing
Improvising
Spontaneous

Outspoken
Autonomous
Self-asserting

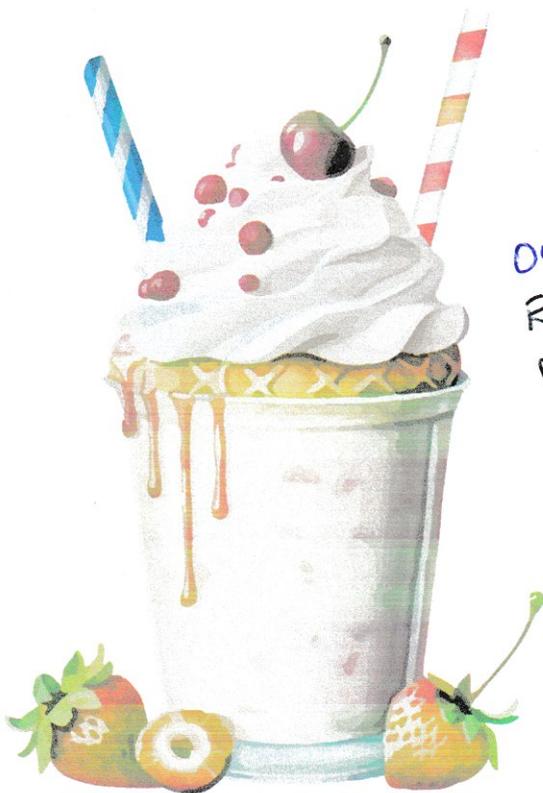
objective
Questioning
Impartial



COMBINE PERSONALITY TRAITS!

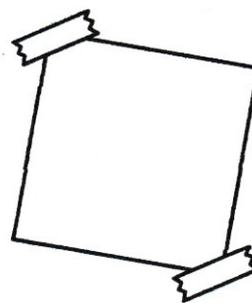


Personality Activity 6: Blend It!



Outspoken + Objective
Express ideas clearly +
minimize potential
misunderstandings

Self-asserting + Improvising
Confidently creates and
shares new things from
ideas, beliefs + values



Easy-going + Questioning
Kind and tend to
ask questions in a
polite manner