

## **PERSONALITY ACTIVITY**

### **INTRODUCTION**

Present Milkshake Activity

This will teach you how to synthesize/blend personality traits and subtraits

Will help students see their unique design

Activity 6 under Personality in Facilitator's Activities Manuel

Time needed for Activity will be about 15 minutes

### **OBJECTIVES OF ACTIVITY**

At the end of the activity the student will be able to

1. Identify his/her personality traits and/or subtraits
2. Evaluate how the combination of personality traits and subtraits can strengthen or modify behavioral tendencies

### **RESOURCES NEEDED**

Various printouts of pictures of milkshakes and blender as will be shown

### **PROCESS**

Explain to student that their personality is like a unique milkshake, with different ingredients to make it the best milkshake ever! No such milkshake has been made before or will ever be made again. There is only one milkshake with these ingredients and with this specific delicious taste.

The ingredients of the milkshake is their strongest traits and subtraits, mixed together according to a very special recipe. Part of the success of the milkshake, is the way in which these ingredients have been mixed together. They have strengths (flavours) which, when mixed together, becomes a superpower (wonderful strong flavor).

# STRONGEST TRAIT



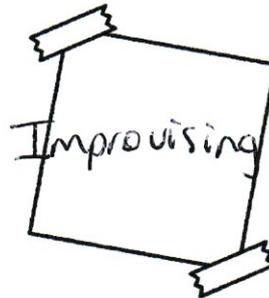
## Personality Activity 6: Blend It!



Trait



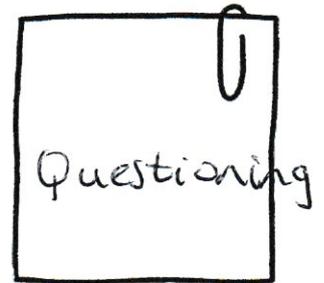
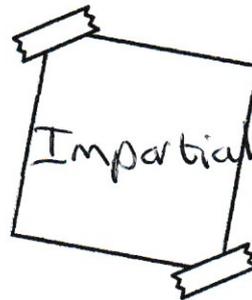
Subtraits



# 2ND STRONGEST TRAIT



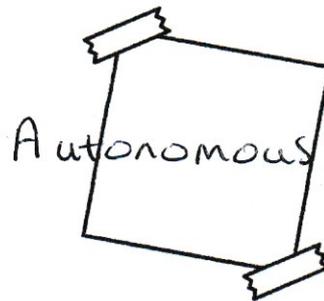
## Personality Activity 6: Blend It!



# 3RD STRONGEST TRAIT



## Personality Activity 6: Blend It!

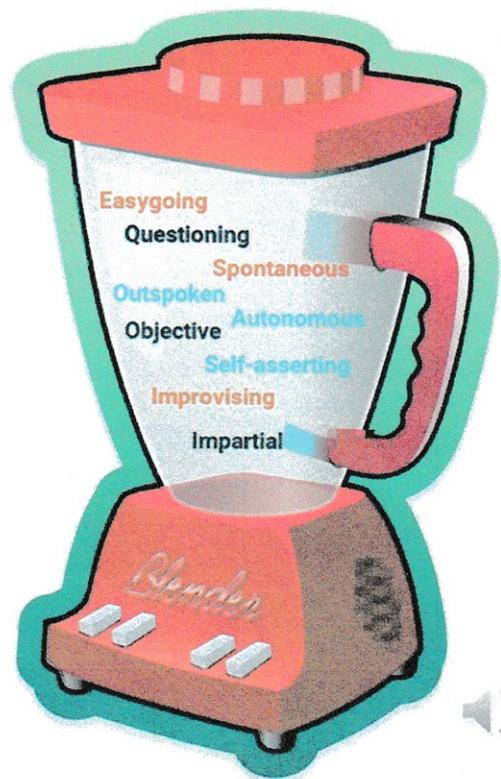


# COMBINATION OF PERSONALITY TRAITS

## HOW TO PREPARE THE BEST MILKSHAKE?

*Recipe:*

- **Unstructured**
- **Factual**
- **Authoritative**



## COMBINATION OF PERSONALITY TRAITS

### MILKSHAKE

Now imagine a person's **whole mixture of personality traits**:

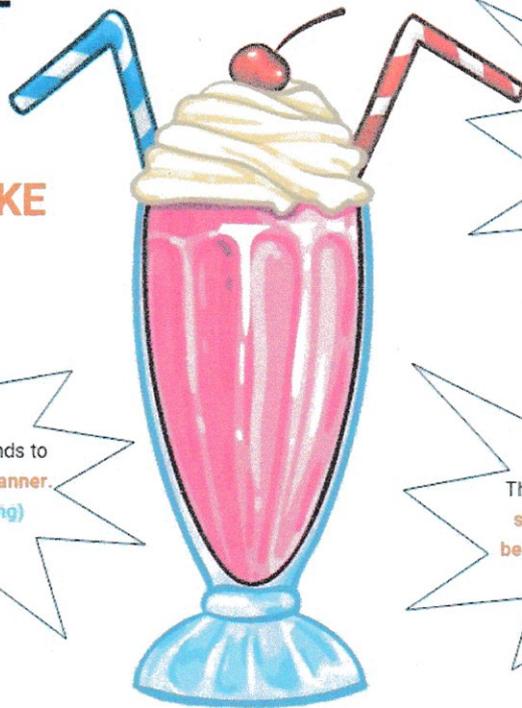
- What are the **expected behaviors** of this person?
- What are his/her **possible strengths**?
- How does this **combination of personality traits** make them **unique**?



# COMBINATION OF PERSONALITY TRAITS

## STUDENT'S MILKSHAKE FLAVOR

The student is **kind** and tends to **ask questions** in a **polite manner**.  
(**Easygoing & Questioning**)



The student **expresses her ideas clearly** and **minimizes potential misunderstandings** that may arise for others. (**Outspoken & Objective**)

The student confidently **creates and shares new things** from her ideas, beliefs, and values. (**Self-asserting & Improvising**)

 **Yes!**