

# Instructional Module 3

## Medical Surgical Nursing

Kelli Duriex, MSN, RN

Kelli Howard, FNP-BC, MSN, RN

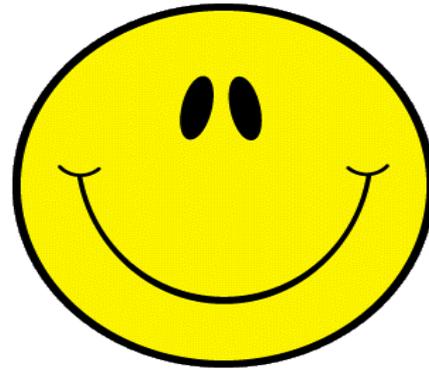
Claire Leavell, MSN, RN

Angela Kensing , MSN, RN

Cathy Thomas, MSN, RN-BC

Erin Whitley, MSN, RN

# WELCOME



- Take attendance
- Faculty introduction
- Chain of Command
- Advisory Groups
- Seating chart
- Update EMPOWER phone #'s and addresses



# IM3 Student Learning Outcomes

1. Make clinical decisions based on nursing process and evidence based practice.
2. Use effective communication skills in the care of the adult patient.
3. Use critical thinking to determine nursing interventions in patient care.
4. Provide patient-centered care with sensitivity and respect for human dignity.

# IM3 Student Learning Outcomes

5. Select health care resources that facilitate effective discharge from acute care facilities.
6. Delegate activities and assignments according to legal protocols.
7. Provide pertinent education for patients with identified health knowledge deficits.
8. Implement effective care for a culturally and socially diverse patient population.

# Bring a Computer if Available

- ❖ Lots of classroom activities
- ❖ May have opportunities to use computers regularly
- ❖ Wonderful tool

# Contacting Instructors

- ❖ Available via text or email during business hours.
- ❖ Always welcome to stop by our offices.
- ❖ May want to make an appointment to speak in person.
- ❖ May contact outside of business hours for emergency.  
    (Illness, unable to complete Ticket-to-stay item, etc.)
- ❖ Continue to be aware of timing. Don't text or call during the middle of the night.

# The Next 8 Weeks

- ❖ Calendar - both Classroom and Clinical
- ❖ Clock Hours



- Texting and web surfing is distracting to others
  - Web surfing for topics related to course is acceptable



## Electronic Devices and Other Distractions



## IM3Sep16

Course Home

Lessons

Discussion

Dropbox

Gradebook

Calendar

Tests

Surveys

Chat

Wiki

Groups

SCORM

[OFF] Resources

[OFF] Common Cartridge

Agents

Start & End Dates

Settings

### IM3Sep16

**Instructor**

Julie \* Wolfe MSN RN - INSTRUCTOR  
Profile  
Contact



Kelli \* Durfex  
Profile  
Contact  
Drop



Jordan \* Friday  
Profile  
Contact  
Drop

Jordan \* Friday



Mary \* Milam MSN RN - Student Services Coordinator  
Profile  
Contact  
Drop



Cathy \* Thomas

**Description**

Instructional Module 3, Nursing 1103 Adult-Geriatric Nursing Care I, introduces the student to concepts of care for patients with acute and chronic alterations in oxygenation, circulation, gastrointestinal function, cellular regulation, tissue integrity, sensory/perception, and an introduction to peri-operative nursing. Clinical experiences include caring for adult and geriatric patients in acute and extended care settings as well as peri-operative clinical experience. Upon completion of this instructional module, students should be able to plan and perform basic patient care for the adult or geriatric patient with faculty support.

Pharmacology component - students will be introduced to medications common to health issues emphasized in the nursing instructional module.

Pathophysiology component - students will gain information about the pathophysiological processes associated with disease processes.

Medication math components will continue to be reviewed throughout Instructional Module 3.

**Syllabus** [Manage](#)

[Communication Card](#)

# LEARNING MANAGEMENT SYSTEM (LMS)

**CHECK DAILY**



### **Clinical shoes**

In order to ensure the safety of students, shoes are to be worn at all times. Tennis shoes are recommended. Shoes should be clean and well kept. Socks or hose must be worn with shoes. Inpatient care areas, closed-toed shoes will be worn, and tennis shoes are recommended. Crocs can be worn if they are white or match the color scrubs (navy) you are wearing. They should not have holes across the top as this is dangerous should you have a needle drop or body fluid spill.

### **Fingernails**

Fingernails should be kept no longer than ¼" off the fingertip. Nails should be kept well-groomed and polish may be worn as long as it is not chipped. Artificial nails, fingernail overlays, gel nails or nail extenders are not permitted.

### **Make-up**

Makeup should be used moderately and in good taste. Because our patients are ill and highly sensitive to odors, perfume or scented beauty products are not appropriate.

### **Jewelry:**

- Jewelry is limited in the patient care area to engagement and/or wedding rings and watches with plain bands. Students may wear 2 earring studs per ear. No dangling or loop earrings are allowed. Buttons and lapel pins will be restricted to school pins or professional buttons that are hospital sponsored. Body piercing ornaments should not be visible (i.e. nose rings, tongue studs, tongue or lip rings). Facial piercings must be limited to one small, unobtrusive stud piercing. Safety should be considered when wearing jewelry at various times. Body art (tattoos) that consist of nudity, profanity, violence, are perceived as hostile or offensive on the basis of race, sex, religion, ethnicity, or other characteristics or attributes that are not in keeping with our Values and a professional work environment must be covered; no full arm sleeve tattoos are allowed to be visible in clinical areas and must be covered with neutral colored bandages or dressings or sleeves; facial tattoos must be covered

### **Hair Care**

Hair must be maintained in current, acceptable, neat styles. Hairstyles that have shock affect

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	with the ANA Code of Ethics. Honesty and integrity are expected from all students from admission through graduation. Students are expected to report to the Dean (or the designee) any conduct that violates the standards of professional honesty and integrity. Nursing students are expected to do what is right when it comes to matters of integrity, honesty, and ethical conduct. (Reference: <i>Behavioral Congruence</i> )
Attendance	<del>Regular attendance and punctual arrival to clinical/theory settings is required for the student to gain the skills and knowledge necessary to practice as beginning practitioners of nursing. The attendance policy for CSON is specific and strictly enforced. A maximum of one (1) absence with academic penalty is allowed per Instructional Module. More than one (1) absence with academic penalty in an Instructional Module will result in failure of the Instructional Module. (The student may apply for readmission). Being late to class (tardy) will begin to count as an absence with academic penalty if the behavior occurs three times. Every 3 tardies will become an absence with academic penalty. Students will be required to make-up the absence with academic penalty by the conclusion of the Instructional Module. Students are responsible for monitoring personal attendance through the student information system (Empower). Review the full attendance policy in the Student Handbook for a full explanation including absence without penalty, exam absence, No Call-No Show, jury duty, inclement weather and leave of absence. (Reference: <i>Attendance</i>)</del>
Change in Status	The student who changes his/her status (name, physical or email address, phone number) is required to make the changes in his/her EMPOWER account immediately. If the student encounters difficulty in making electronic changes, then he/she must notify the Business Office Coordinator as soon as possible. (Reference: <i>Rights and Responsibilities of Students Receiving Federal Student Aid</i> )
Class Cancellation	In the event of class/clinical cancellation, the student will be notified of the time and date the class/clinical is rescheduled via the LMS. CSON follows the weather delay/cancellation policy of Lubbock Independent School District (LISD). If inclement weather is anticipated, monitor local broadcasts for action taken by LISD and do the same. Any class/clinical missed due to delay or cancellation may be rescheduled on any day, Monday through Friday, of Instructional module weeks. In the event of rescheduling, the student is expected to adjust his/her personal schedule to be available for school. (Reference: <i>Attendance</i> )
Communication	Professional communication is expected at all times. This includes verbal, written, and online communications. Instructional module communications will be posted on the Learning Management System (LMS) Instructional module home page or via email. The student must log in to the LMS to retrieve email attachments and make replies. Immediate policy changes will be communicated verbally during class time and emailed via the LMS. (Reference: <i>Behavioral Congruence</i> )
Communication with Faculty	Covenant School of Nursing Faculty and staff encourage open and professional communication. Routine communication should occur during regular business hours (Monday through Friday 8 AM to 5 PM.) In emergency situations, such as illness, evening clinical concerns, inability to complete a "Ticket to Class" that is due the following day, students should contact faculty via email and/or text. Emails/text sent outside of normal business hours may have a delayed response.
Conduct	The Standards of Behavior and Conduct are a set of guidelines to which all students must commit. These standards set the tone for the learning environment in which students work and live by every day. The standards encompass all aspects of the student's educational experience and include accountability, adaptability, communication, community, continuous improvement, continuous learning, interpersonal effectiveness, stewardship, and teamwork. The student who is employed in a healthcare role (LVN, CNA, paramedic, etc.) may not perform the duties of that role during CSON educational experiences. The student must provide patient care under the supervision of a licensed nurse regardless of other experience or education. When providing patient care in the student role, the policies of the clinical site apply to all CSON students. Specific examples (but not limited to) of these policies are administering medication in the presence of a licensed nurse, performing invasive procedures in the presence of a licensed nurse and the signature of a licensed nurse for student documentation in the EHR where applicable by policy. (Reference: <i>Behavioral Congruence</i> )

# Attendance

MISSING  
(SCHOOL)=  
MISSING  
OUT



# Attendance Policy

- ❖ Only allowed 1 unexcused absence per instructional module
- ❖ On the 2nd unexcused absence, student will be *dismissed and fail course*
- ❖ Student is required to make-up unexcused absence at end of instructional module
- ❖ Student is allowed 3 excused absences
- ❖ \*\*Notification from Mrs. Milam



## Influenza

To ensure health and well being for students, faculty and staff. Students, faculty and staff are expected to arrive on time and be prepared for class according to semester schedules. If flu-like symptoms occur, the following will go into effect

### **Process:**

#### **Preparedness for Flu Season**

- Signs must be hung at entrances of building, classrooms and restrooms regarding flu prevention and proper hand washing techniques.
- Students will be informed of flu prevention weekly via student announcements.
- A letter will be sent to students, faculty and staff regarding flu season and steps we are taking to monitor the flu season
- Students, faculty and staff will be reminded to be familiar with the Emergency Preparedness Plan: Influenza
- All classrooms, computer labs, clinical labs and student lounges must have at least one of the following: wall hand sanitizers, Kleenex boxes, disposable wipes, and any other items deemed necessary to keep the environment clean.
- All heavy traffic areas will be cleaned on a daily basis with disinfectants to kill flu viruses by the environmental cleaning facilities. Examples of heavy traffic areas include but are not limited to: entrance keypads and door handles, all classroom and restroom doors, all student tables and chairs, student lounges, computer labs, etc.
- CSON will not be closed unless directed by the City or State Health Department or by Covenant Health. In the event that CSON is closed, alternative methods of delivery for lectures must be provided to the students with content information via Student Learning Management System. Students will still be held accountable for theory content and exams will be scheduled for those students who are feeling well. Clinical attendance will be evaluated and determined by CH and Dean at the time of the occurrence.
- All Students, Faculty and Staff are encouraged to receive flu vaccinations when available or go to Employee Health to sign exempt form.
- If exempt form is signed, a face mask must be worn within 6 feet of any patient contact.

#### **If a Student is Ill with Flu-like Symptoms**

- The student must take an absence to prevent spreading of any illness. The Attendance Policy will be applied to any absence. If appropriate documentation is provided stating the student does have the flu, then days missed will be excused. The student must call their Advisor/Instructor to inform them of their symptoms or diagnosis of flu. The Advisor/Instructor will inform the Business Office Coordinator of the student's name and diagnosis. The Business Office Coordinator will keep a tracking record of all students diagnosed with the flu.
- A student diagnosed with the flu will not be allowed to return to classes/clinical until they are fever free (less than 100 degrees F) for 24 hours without the use of fever reducing medications.
- If a student attending class/clinical appears to be ill, the instructor has the right to take the student's temperature. If the student has a fever greater than 100 degrees, they will be sent home and advised to see their physician.

**\*The student is responsible for having a back-up plan for any sick family members. CSON will not give excused absences for anyone who misses classes/clinical for sick family members. The student will be held to the current attendance policy.**

For further questions about the flu, please contact your Advisor/Coordinator of your instructional module or refer to the following websites:

**Reference(s):**

<http://www.pandemicflu.gov>

<http://www.cdc.gov/h1n1flu/guidance/exclusion.htm>

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**Reviewed and Revised:** January 2010; 7/2011; 2/2014

# What Is An Excused Absence?

- ❖ Court Subpoena (not jury duty)
- ❖ Illness or injury confirmed by Physician/Nurse Practitioner/Physician Assistant on Clinic Letterhead Paper
- ❖ Funeral Leave (approved family members)
- ❖ Approved CSON Activity
- ❖ Deployment of immediate family member



# What Is An Unexcused Absence?

- ❖ Arriving 30 minutes after scheduled theory or clinical experience
- ❖ Leaving 30 minutes early
- ❖ Jury Duty
- ❖ Absence, No Show
- ❖ Not bringing Ticket-to-Stay items

# Clinical Absence

If you are going to be absent call/text clinical instructor & email Ms. Duriex in LMS

Ms.Duriex  
806-535-1199  
duriexkh@covhs.org



# What Is A Tardy?

- ❖ Absence from theory or clinicals before 30 minutes have passed
- ❖ Leaving theory or clinicals 30 minutes early
- ❖ 3 Tardies equal an absence
- ❖ **MUST BE IN SEAT** at assigned time!

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# Absent/Tardy for Class/Lab

- ❖ If you enter class late, you must tell instructor before class is dismissed
- ❖ An absence will be given if student does not inform instructor prior to instructor leaving the classroom
- ❖ Be on time for scheduled labs/simulation - attendance is taken
- ❖ Your attendance will be posted
- ❖ Weekly in Empower. Empower will also send an alert if you are marked absent.

# Live Binder

- ❖ Will need to be complete in Module 8
- ❖ Save your best work
- ❖ Our End of Module Presentation is a good idea to keep from Module 3
  - ❖ Pamphlet from presentation, PowerPoint, or video if it will fit.

# Clinical Simulation

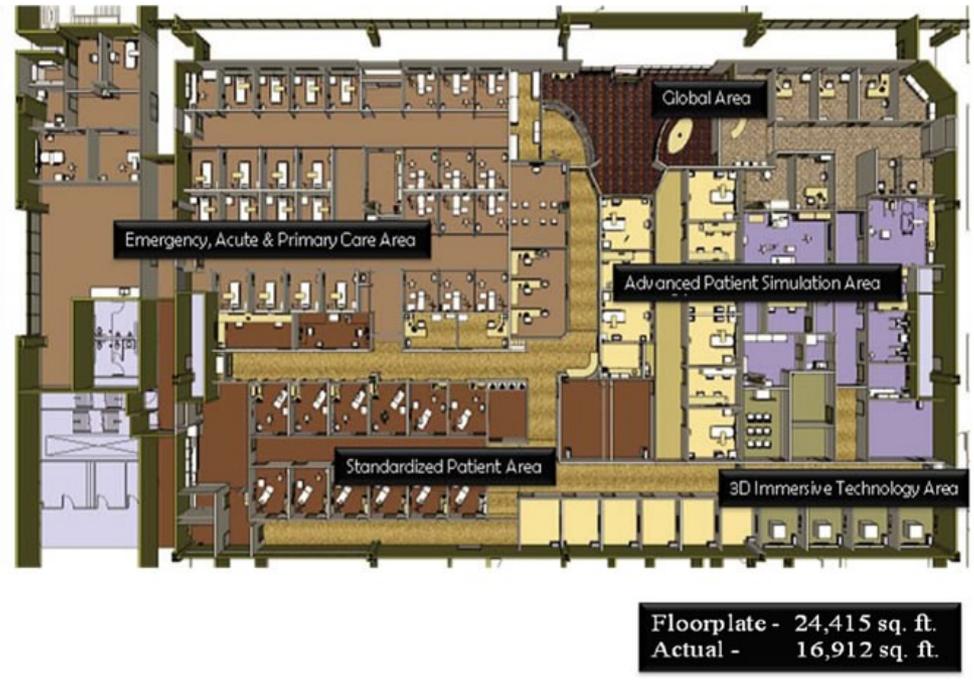
- At Texas Tech Simulation Lab
- Come completely prepared for clinical
  - Scrubs (complete clinical attire)
  - Something to write on (clipboard)
  - Watch for calculation of IVPB

# Enter through Academic Classroom Building



- No food or drink
- Bring Pen, Watch, and Clipboard

## Overview of the F. Marie Hall *SimLife* Center

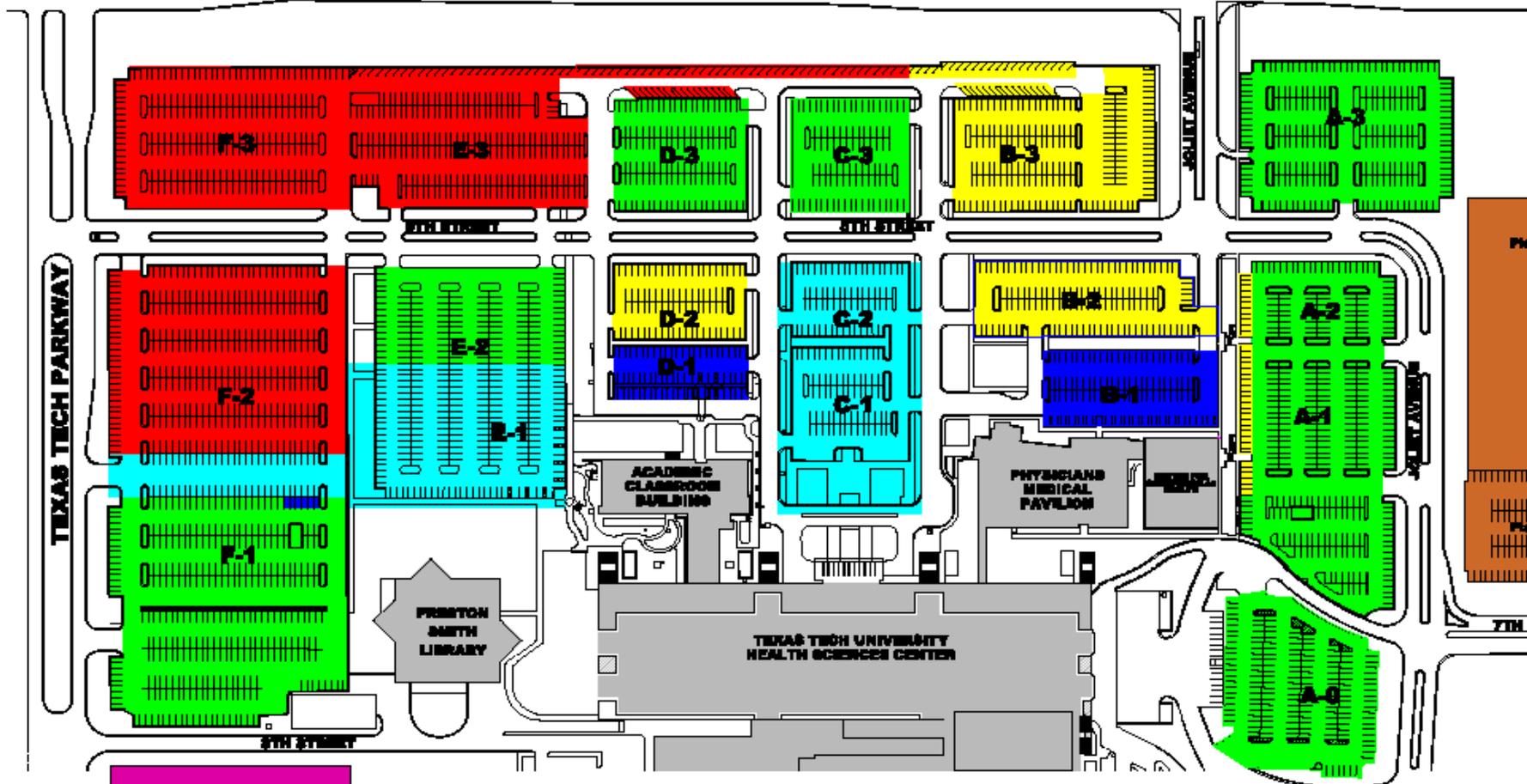


Wait in Waiting Area to Be called

# Texas Tech University Health Sciences Center - Lubbock

## August 9, 2017

4th STREET



- PATIENT/VISITOR
- STUDENT
- EMPLOYEE
- CONSTRUCTION
- PROPOSED NEW LOT
- SOUTHWEST LOT
- ADA PARKING

# Second Week Clinical Experiences

- ❖ Monday- SBAR, Charting, OR Scrub lab
  - ❖ (Come dressed for clinical)
- ❖ Must know Meditech username and password for charting
  - ❖ If don't know, call (806)725-5555
- ❖ Tuesday & Wednesday - Clinical begins!!

# ATI Module



- ❖ Dosage and Calculation
- ❖ Pharmacology Made Easy
- ❖ Nurse Logic
- ❖ Real Life Scenarios
- ❖ Practice Tests (optional but a good idea)
  - ❖ Nurse Logic Beginning Students tests
  - ❖ Content Mastery Tests

# ATI Mo



- Each IM3 student will complete the Fundamentals Proctored Assessment. The exam is a 25 question exam comprised of 20 graded questions and 5 non-graded/“trial” questions. Students have 1-hour to complete the examination. The score from the first attempt will be entered into the course gradebook and represent 5% of the final course grade. In addition, students are required to achieve a score of 85% or higher. Students will have a total of 3 attempts to meet the 85% requirement. If a second or third attempt is needed, it is the student’s responsibility to schedule this time. Retakes must not interfere with clinical or classroom time.
- If the third attempt is completed prior to the grace period withdrawal date and a student is unsuccessful, the student may withdrawal without academic penalty. Failure to meet the required 85% after the third attempt and after the withdrawal date will result in course failure.

# Out of Class Work

- ❖ The Friday before content begins is most often designated for Out of Class work
- ❖ Need to come to class prepared!!!
- ❖ Pay Attention to \*\*\* TICKET-TO-STAY \*\*\*

# Ticket – to - Stay

- ❖ Ticket – to – stay, deliverable, etc.
  - ❖ Something we are requiring you do at home and bring evidence that it is completed.
  - ❖ Ex: ATI , Math, CVPV Pharmacology Made Easy
- ❖ Might have assigned amount of time or completion of a module. These must be done during IM3 time frame. **Even if you completed in another IM you must redo and have our dates on it!**
- ❖ If not complete at assigned time, will be asked to leave class until it is completed. (Will result in a tardy or absence)
- ❖ Ticket-to-Stay items are due by the due date. If you fail to complete the assignment it must be completed prior to the end of IM3 or you cannot progress to IM4.

# Practice ATI

- ❖ We will take a Practice ATI test at the end of Instructional Module 3
- ❖ Not graded
- ❖ Help get you ready for graded ATIs in IM 4

# Grading

- ❖ ATI Fundamental Math = 5%
- ❖ Care Map = 20%
- ❖ 4 Unit Exams = 75
  - ❖ 65 questions each
  - ❖ Must have 75% Exam average before any other grade components averaged into final grade

# End of Module Grades

- Be sure you pass before you leave town.



# Retention Specialists

- ❖ Be ready for a busy semester!!
- ❖ Be prepared before class!!
- ❖ See Retention Specialists if need to
- ❖ Drop without penalty by assigned date
  - ❖ Your clinical group advisor will meet with you one week prior if your grade is 78 or lower.



# Exams/Test Reviews

- No items permitted in LRC during testing
  - Leave cell phones, purses, backpacks, valuables somewhere else secure!!
  - NO SMART WATCHES!!
- Test times of exams per course calendar (exams are in LRC)
- Reviews will immediately follow the exam

Total time for 65 questions + test review = 2 hours 15 minutes.  
(Extra 15 minutes allotted on schedule for technical problems)



# Different way of Testing

- ❖ Will no longer have separate math exams after each exam.
- ❖ Will have medication administration questions included in the exam. (reading medication labels, calculating dosages, identifying correct IV bags/tubing)
- ❖ Will have lab value questions on each exam.

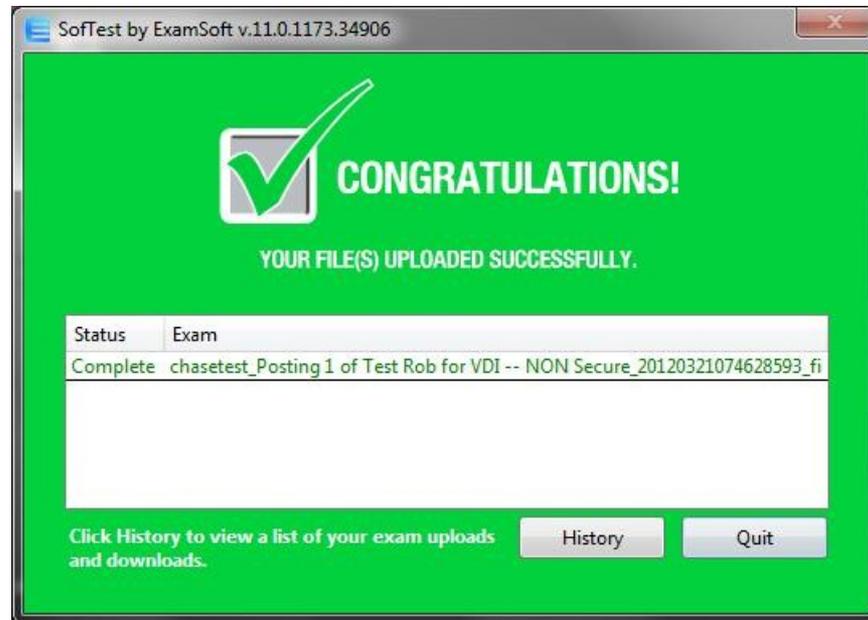
# What happens if I'm late or miss an exam

- “If the student arrives after the start of an exam, the student will be admitted to the exam, *will receive a tardy* and will not be allowed additional time for the exam.”
- If student misses an exam...
  - 1<sup>st</sup> day of return - 5 pts
  - 2<sup>nd</sup> day of return - 10 pts
  - 3<sup>rd</sup> day of return - 20 pts
  - Past 3 days, a zero for the exam

# What happens if I forget to upload my exam?

- Failure to close and upload your exam will result in a 5 point deduction on the exam.

# Yes!!!



# ID NUMBER

- Memorize
- Memorize
- Memorize
  
- One point deduction for not knowing your ID Number

# Class Schedule

## Watch Calendar Closely

- ❖ Mondays -Lecture and Clinical Simulations
- ❖ Tuesday & Wednesday - Clinical
- ❖ Thursday - Complete lecture and Exams
- ❖ Friday - Out of Class activities

# ATI

- Please chose Firefox browser for ATI, make sure you have the latest version of Firefox.

ATI Content Player

www.atitesting.com/ati\_next\_gen/ProductOffering/ContentPlayerHostingPage.aspx

Pharmacology Made Easy 3.0  
Module: The Cardiovascular System

Calculator Glossary Critical Thinking Guide Resources

Table of Contents

- Introduction
- Drug Therapy for Hypertension
  - Drug Therapy for Hypertension
  - RAAS Suppressants
- ACE Inhibitors
- ARBs
- Aldosterone Antagonists
  - Prototype and Other Drugs
  - Expected Pharmacologic Action
  - Side and Adverse Effects
  - Interventions
  - Administration
  - Patient Instructions
  - Contraindications and Precautions
  - Interactions
- Direct Renin Inhibitors
- Calcium Channel Blockers
- Sympatholytics
  - Alpha1 Adrenergic Blockers
  - Beta Adrenergic Blockers
  - Adrenergic Neuron Blockers
  - Centrally Acting Alpha2 Agonists
  - Alpha/Beta Blockers
  - Direct Acting Vasodilators
- Drug Therapy for Heart Failure
- Drug Therapy for Coronary Heart Disease
- Drug Therapy for Cardiac

>> Timer: 00:00:20

### Drug Therapy for Hypertension

There are four categories of drugs that support the treatment of hypertension:

- RAAS suppressants
- Calcium channel blockers
- Sympatholytics
- Direct-acting vasodilators



Time Code: 00:01 Show CC

Awesome ATI drug sheets!!!

www.atitesting.com/ati\_next\_gen/ProductOffering/ContentPlayerHostingPage.aspx

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    - Centrally Acting Alpha2 Agonists
    - Alpha/Beta Blockers
    - Direct Acting Vasodilators
  - Drug Therapy for Heart Failure

>> Timer: 00:02:14

## Drug Therapy for Hypertension

There are four categories of drugs that support the treatment of hypertension:

- RAAS suppressants
- Calcium channel blockers
- Sympatholytics
- Direct-acting vasodilators

Resources

Select resources to view.

- Module 1: Examples of Drug-Food Interactions
- Module 1: Parenteral Drugs
- Module 2 (Part 1): Amphetamines
- Module 2 (Part 1): Benzodiazepines
- Module 2 (Part 1): Centrally Acting Muscle Relaxants
- Module 2 (Part 1): Cholinesterase Inhibitors
- Module 2 (Part 1): Direct-acting Dopamine Receptor Agonists
- Module 2 (Part 1): Dopamine-replacement Drugs
- Module 2 (Part 1): General Anesthesia/Barbiturate

Time Code: 00:01

\*Awesome ATI drug sheets!!



## Drug Information Table

### Calcium Channel Blockers (dihydropyridines) – nifedipine (Adalat, Procardia)

Therapeutic Use	Administration	
<ul style="list-style-type: none"> <li>• Treats mild to moderate hypertension</li> <li>• Treats stable (exertional) angina and variant (vasospastic) anginas</li> <li>• Some calcium channel blockers</li> </ul>	<ul style="list-style-type: none"> <li>• Available for oral use in capsules and sustained-release tablets; sustained release form is approved to treat hypertension</li> <li>• Sustained-release form must be swallowed whole and not chewed or crushed</li> <li>• To prevent reflex tachycardia, nifedipine may be combined with a beta-blocker</li> </ul>	
Side/Adverse Effects	Interventions	Patient Instructions
<ul style="list-style-type: none"> <li>• Reflex tachycardia causing increased angina pain in patients with angina Note: This effect is most likely with faster-acting tablets than the sustained release form.</li> </ul>	<ul style="list-style-type: none"> <li>• Give nifedipine along with an ordered beta-blocker to prevent tachycardia</li> <li>• Monitor heart rate</li> </ul>	<ul style="list-style-type: none"> <li>• Report rapid heartbeat, increase in angina pain to provider</li> </ul>
<ul style="list-style-type: none"> <li>• Lightheadedness, dizziness (caused by vasodilation)</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for and report this effect</li> <li>• Assist with ambulation as needed</li> </ul>	<ul style="list-style-type: none"> <li>• Do not perform hazardous activities such as driving until effects are known</li> </ul>
<ul style="list-style-type: none"> <li>• Facial flushing, perception of heat (caused by vasodilation)</li> </ul>	<ul style="list-style-type: none"> <li>• Inform patient that facial flushing may occur</li> </ul>	<ul style="list-style-type: none"> <li>• Be aware that this side effect may occur</li> </ul>
<ul style="list-style-type: none"> <li>• Peripheral edema of feet and legs</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for and report edema (a diuretic may be prescribed if edema occurs)</li> </ul>	<ul style="list-style-type: none"> <li>• Report swelling of feet and legs to provider</li> </ul>
<ul style="list-style-type: none"> <li>• Hypotension, especially with overdose</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor blood pressure carefully as starting dosage is established</li> <li>• Notify provider and withhold dose for BP below 90 mm Hg. systolic or for prearranged</li> </ul>	<ul style="list-style-type: none"> <li>• Advise patient to take as prescribed and not increase dosage</li> <li>• Report dizziness, syncope to provider</li> </ul>

## Drug Information Table

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<ul style="list-style-type: none"> <li>• Facial flushing, perception of heat (caused by vasodilation)</li> </ul>	<ul style="list-style-type: none"> <li>• Inform patient that facial flushing may occur</li> </ul>	<ul style="list-style-type: none"> <li>• Be aware that this side effect may occur</li> </ul>
<ul style="list-style-type: none"> <li>• Peripheral edema of feet and legs</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for and report edema (a diuretic may be prescribed if edema occurs)</li> </ul>	<ul style="list-style-type: none"> <li>• Report swelling of feet and legs to provider</li> </ul>
<ul style="list-style-type: none"> <li>• Hypotension, especially with overdose</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor blood pressure carefully as starting dosage is established</li> <li>• Notify provider and withhold dose for BP below 90 mm Hg. systolic or for prearranged parameter</li> </ul>	<ul style="list-style-type: none"> <li>• Advise patient to take as prescribed and not increase dosage</li> <li>• Report dizziness, syncope to provider</li> </ul>
<ul style="list-style-type: none"> <li>• Gingival hyperplasia (growth of gum tissue, bleeding gums)</li> </ul>	<ul style="list-style-type: none"> <li>• Inspect gingival tissue periodically for enlargement (Nifedipine may be discontinued)</li> <li>• Advise regular dental care</li> </ul>	<ul style="list-style-type: none"> <li>• Report bleeding gums, gum tissue growth to provider</li> <li>• Obtain regular dental care</li> </ul>
Contraindications	Precautions	Interactions
<ul style="list-style-type: none"> <li>• Allergy to nifedipine</li> <li>• Acute myocardial infarction</li> <li>• Angina which is unstable</li> <li>• Aortic stenosis</li> <li>• Obstruction in GI tract</li> <li>• Children</li> </ul>	<ul style="list-style-type: none"> <li>• Heart failure</li> <li>• Gastroesophageal reflux disease</li> </ul>	<ul style="list-style-type: none"> <li>• Use with beta blockers may increase risk for heart failure; however, they can prevent reflex tachycardia</li> <li>• Melatonin increases blood pressure, pulse rate</li> <li>• Ginkgo biloba and ginseng increase blood levels</li> <li>• St. John's wort decreases blood levels</li> <li>• Grapefruit juice may increase blood levels</li> </ul>

# Weather Policy

- ❖ If LISD delays school, CSON will delay theory classes for same amount of time
- ❖ If LISD delays school and CSON classes fall on clinical days, clinical will be cancelled; made up on scheduled weather day
- ❖ If LISD cancels school, CSON will cancel class and clinical for that day
- ❖ Everbridge (call/text system) will be utilized for cancellations

# Name Badges

- ❖ Must Wear during Class and Clinical
- ❖ Clearly visible - Left or Right Chest
- ❖ Cannot be admitted to tests without it!



# Clinical Areas

- ❖ Clinical Schedule on LMS home page
- ❖ Instructor you are assigned to first will be your Instructional Module 3 Advisor
- ❖ Staying in approximately same group throughout Module 3 - Teamwork is a must!!



# Clinical Attire

- ❖ Wear for any clinical activity... (sim experiences, charting, etc.)
  - ❖ neat
  - ❖ clean
  - ❖ wrinkle free
  - ❖ odor free
  - ❖ hair pulled **back**
  - ❖ clean shaven
  - ❖ Your appearance is part of the dress code!!
- ❖ Bring all needed supplies – Must have badge

# Campus Attire

- Personal Appearance
- Students are expected to be neat, clean, and well groomed at ALL times
- PLEASE REVIEW THE DRESS CODE POLICY ON LMS

# Jump Drives/Thumb Drives

- Never take any to the hospital!

# Medication Administration

- Do not give any medication without direct supervision by instructor or licensed nurse
  - Could result in dismissal

# Student Scope of Practice

## CSON Student Medication Progression

All students will be supervised by a CSON Instructor or licensed nurse during medication preparation and administration. In accordance with Covenant Health Policy #IX-A-13: MEDICATION ADMINISTRATION BY STUDENT NURSES, students should not administer chemotherapy drugs, administer or regulate Pitocin, administer a medication prepared by another person or receive or sign for controlled drugs from the Pharmacy.

	IM1	IM2	IM3	IM4	IM5	IM6 - Mental Health	IM6 OB/Newbor n	IM7
PO/Topical	X	X	X	X	X	X	X	X
Eye/Ear Drops	X	X	X	X	X	X	X	X
Eye Ointment	X	X	X	X	X	X	X	X
Transdermal Patch	X	X	X	X	X	X	X	X
Vaginal Medications	X	X	X	X	X	X	X	X
Suppository	X	X	X	X	X	X	X	X
Enema		X	X	X	X	X	X	X
IM/Sub Q Injections		X	X	X	X	X	X	X
Enteral Medications		X	X	X	X	X	X	X
CL or PICC Meds		X	X	X	X	X	X	X
IV Push (includes saline flushes)		X	X	X	X	X	X	X
IVPB		X	X	X	X	X	X	X
Endotracheal Medications								X

**Instructional Module 8 students:** All students will be supervised by the assigned Preceptor for medication preparation and administration. Please check with student's assigned preceptor for procedures the student can complete according to the preceptor agreement.



# Student Scope of Practice

Students must perform the following procedures with a CSON Instructor or licensed nurse at all times. In accordance with Covenant Health Policy #IX-A-13: MEDICATION ADMINISTRATION BY STUDENT NURSES, students should not start IV's on infants or young children.

	IM1	IM2	IM3	IM4	IM5	IM6 - Mental Health	IM6 OB/Newbor n	IM7
Informed Consent	X	X	X	X	X	X	X	X
IV Starts		X	X	X	X	X	X	X
Central Venous Device (dressing change)		X	X	X	X	X	X	X
Discontinue IV (peripheral, cvl, picc)		X	X	X	X	X	X	X
Blood Draw (central line or peripheral)		X	X	X	X	X	X	X
Pumps (medication and feeding)		X	X	X	X	X	X	X
Restraints		X	X	X	X	X	X	X
NG/OG (insertion, dc)		X	X	X	X	X	X	X
Enteral Tube Feeding and Site Care		X	X	X	X	X	X	X
Urinary Catheter Care (insertion, DC, etc)		X	X	X	X	X	X	X
Specimen Collection (urine/stool)		X	X	X	X	X	X	X
Bladder Scan		X	X	X	X	X	X	X
Discontinue Operative Drains		X	X	X	X	X	X	X
Ostomy Care		X	X	X	X	X	X	X
Dressing Change (sterile/non-sterile)		X	X	X	X	X	X	X
Staple/Suture Removal		X	X	X	X	X	X	X
Telemetry Pad Placement		X	X	X	X	X	X	X
Trach Care and Suctioning		X	X	X	X	X	X	X
Rectal Tube (insertion, flushing, removal)		X	X	X	X	X	X	X
Chest Tube Maintenance		X	X	X	X	X	X	X
Chest Tube: Removal			X	X	X	X	X	X
Wound Assessment and Care			X	X	X	X	X	X
Perioperative Care			X	X	X	X	X	X
Discharge Planning			X	X	X	X	X	X
Newborn Care & Assessment					X	X	X	X
External Ventricular Drains (monitoring)					X	X	X	X
Cordis: Dressing Change & Removal								X
Art Line: Calibration, Blood Draw, Dressing Change (management)								X

**Instructional Module 8 students: Please check with student's assigned preceptor for procedures the student can complete according to the preceptor agreement.**

# Student Scope of Practice

## CSON Student Procedure Progression



All Students must perform the following procedures with a CSON Instructor and be deemed competent "PRIOR" to the student performing the procedure independently in the clinical setting.

	IM1	IM2	IM3	IM4	IM5	IM6 - Mental Health	IM6 OB/Newbor n	IM7
Medical Asepsis/Handwashing	X	X	X	X	X	X	X	X
Safety	X	X	X	X	X	X	X	X
Body Mechanics	X	X	X	X	X	X	X	X
Isolation	X	X	X	X	X	X	X	X
Hygiene (bathing, oral and skin care, etc.)	X	X	X	X	X	X	X	X
Vital Signs	X	X	X	X	X	X	X	X
Doppler	X	X	X	X	X	X	X	X
Documentation	X	X	X	X	X	X	X	X
Physical Assessment (head-to-toe)	X	X	X	X	X	X	X	X
Input and Output (empty and record)	X	X	X	X	X	X	X	X
TED's/SCD's/Foot Pumps		X	X	X	X	X	X	X
Oxygenation		X	X	X	X	X	X	X
Accu-Chek		X	X	X	X	X	X	X

# Clinical Responsibilities

- ❖ Charting (early physical assessment)
- ❖ AM Care (bathing, brushing teeth, etc)
- ❖ Procedures
- ❖ Communication
- ❖ Organization
- ❖ I&O, Vital Signs, Hourly Rounding
- ❖ End of shift report to nurse
- ❖ **Understanding why you are doing the above!!**



# Student Medical Issues

- ❖ Chronic medical problems
- ❖ New medications
- ❖ Pregnancy
- ❖ Injuries



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What Can We Help You With?

- FOR HEALTH PROFESSIONALS
- About Our Medical Staff
- Continuing Medical Education
- Covenant Medical Group
- Covenant Medical Library
- Education Assistance Program
- For Physicians
- EHR
- For Nurses
- Health Care Education
- Lunch and Learn
- Office of Physician Services
- PACS Filmless Radiology
- Pharmacy Shortages
- Physician Connect



### COVENANT MEDICAL LIBRARY

#### Ask Your Medical Librarian

The Covenant Medical Library provides evidence-based online and print resources for use by Covenant Health System physicians, nurses, allied health staff, students and employees. It is located on the first floor of Covenant Medical Center West. Services provided include: literature searches, interlibrary loan/document delivery, instruction in searching and evaluating and consumer health. For password access to electronic resources from locations outside the Library, please contact the Medical Librarian – see Information below.

Library Catalog - The catalog allows searching for journals, books and DVD/CDs held by the Library.

The library provides access to:

#### Online resources by title:

- A to Z Online Journals - This is an alphabetical listing of online journals available through the Library with links to the fulltext articles.
- Anatomy TV - Human anatomy in 3D interactive models, which allow one to zoom, rotate and peel away layers. Includes

Username: CSON

Password:  
library

# Online Library Resources



Stat Notes

**INFORMATION CENTER**

-  Find a Doctor
-  Career Opportunities
-  Ways to Give
-  Classes and Events
-  Pay My Bill
-  Locations and Directions

**CONTACT US**

Covenant Health  
 (866) 426-8362  
 866.4Covenant

MRIs, radiographs and animations.

- [Ebooks from R2 Rittenhouse](#) - Offers searchable ebooks in medicine, nursing and allied health. Included are images, references and capability for saving searches.
- [Ebooks from Stat!Ref](#) - Includes online books which are cross-searchable, plus calculation tools, a medical dictionary and core titles in Medicine, Nursing, Pharmacy and more.

**Medical databases**

- [PubMed](#) - PubMed is a service of the U.S. National Library of Medicine that includes over 19 million citations from MEDLINE and other life science journals for biomedical articles back to 1948. PubMed includes links to full text articles and other related resources.
- [Scientific & Medical ART Imagebase](#) - This is a collection of 18,500+ illustrations and animations which may be downloaded for educational, non-commercial use in lectures, presentations, handouts and interactive Flash animations.
- [Medline/Biomedical Reference Collection \(EbscoHost\)](#) - Provides fulltext to more than 1470 journals covering all areas of medical study.
- [Cochrane Collection-Evidence Based \(EbscoHost\)](#) - Contains full text articles, as well as protocols focusing on the effects of healthcare. Data is evidence-based medicine and is often combined statistically (with meta-analysis) to increase the power of the findings of numerous studies, each too small to produce reliable results individually.

**Nursing and Allied Health Databases**

- [CINAHL \(EbscoHost\)](#) - CINAHL Plus with Full Text is the world's most comprehensive source of full text for nursing & allied health journals, providing full text for more than 750 journals indexed in CINAHL.
- [Nursing and Allied Health Collection \(EbscoHost\)](#) - Designed for nursing and allied health professionals, students, educators and researchers, this database provides full text for nearly 400 journals covering the areas of nursing, biomedicine, health sciences, consumer health and allied health disciplines.
- [IV Simulator Tutorial](#) - A tutorial for Covenant School of Nursing students to view before attending IV labs.

**Drug Databases**

- [Natural Standard](#) - Information on complementary and alternative medicine is included that is evidence-based, consensus-based and peer-reviewed.
- Micromedex – contact the Medical Librarian for searches.

**Psychology Database**

- [Psychology and Behavioral Sciences Collection](#) - This is a comprehensive fulltext database covering information concerning topics in emotional and behavioral characteristics, psychiatry & psychology, mental processes, anthropology, and observational & experimental methods.

**Administrative Databases**

# Online Library Resources

- <http://www.covenanthealth.org/Careers/For-Health-Professionals/Covenant-Medical-Library.aspx>

# I've Taken The Pickle Pledge

**"I will turn every complaint  
into either a blessing or  
constructive suggestion."**



By taking **The Pickle Pledge**, I am promising myself that I will no longer waste my time and energy on blaming, complaining, and gossiping, nor will I commiserate with those who steal my energy with their blaming, complaining, and gossiping.

\* So-called because chronic complainers look like they were born with a dill pickle stuck in their mouths.

VALUESCOACH.COM • THEFLORENCECHALLENGE.COM

# THE SELF EMPOWERMENT PLEDGE

## Seven Simple Promises That Will Change Your Life

### **Monday's Promise: Responsibility**

I will take complete responsibility for my health, my happiness, my success, and my life, and will not blame others for my problems or predicaments.

### **Tuesday's Promise: Accountability**

I will not allow low self-esteem, self-limiting beliefs, or the negativity of others to prevent me from achieving my authentic goals and from becoming the person I am meant to be.

### **Wednesday's Promise: Determination**

I will do the things I'm afraid to do, but which I know should be done. Sometimes this will mean asking for help to do that which I cannot do by myself.

### **Thursday's Promise: Contribution**

I will earn the help I need in advance by helping other people now, and repay the help I receive by serving others later.

### **Friday's Promise: Resilience**

I will face rejection and failure with courage, awareness, and perseverance, making these experiences the platform for future acceptance and success.

### **Saturday's Promise: Perspective**

Though I might not understand why adversity happens, by my conscious choice I will find strength, compassion, and grace through my trials.

### **Sunday's Promise: Faith**

My faith and my gratitude for all that I have been blessed with will shine through in my attitudes and in my actions.

[www.Pledge-Power.com](http://www.Pledge-Power.com)

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Questions?