

IM 6 Psychiatric Critical Thinking Worksheet Instructions

1. The theory or etiology of the illness or disorder.	2. Stressors that have an impact on the mental health of the patient.	3. The criteria listed in the DSM-5 required for diagnosis.
4. Diagnostic Tests pertinent or confirming of diagnosis including standardized scales (such as the Suicide Risk Assessment or others).	5. Lab Values that may be affected-what lab values relate to the diagnosis or the care of the patient.	6. Current Treatment

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7. Focused Nursing Diagnosis -this should be an actual or potential problem observed from patient assessment and may begin with modifiers such as: impaired, altered, decreased, ineffective, risk for	11. Nursing Interventions related to the Nursing Diagnosis in #7 *Actions to enhance patient outcomes 1.	12. Patient Teaching -Identify 3 knowledge deficits and describe how you addressed them 1. 2. 3.
8. Related to (r/t) -factors contributing to or causing the problem. *This is not a medical diagnosis *Must be modifiable by nursing interventions *Will be in 1 of 5 categories-pathophysiological, environmental, situational, psychological, or maturational	2. Evidence based practice – this is the research-based rationale for selecting the nursing action.	
9. As evidenced by (aeb) -these are the signs and symptoms, the evidence of the problem *If the nursing diagnosis is a risk for statement, you will not have anything listed for aeb	3. Evidence based practice-this is the research-based rationale for selecting the nursing action	13. Discharge Planning/Community Resources -what does the patient need to know about going home and what resources are needed 1. 2. 3.
10. Desired patient outcome -this is the goal for your patient		