

Covenant School of Nursing
LVN-RN Track Learning Guide
Topic: Substance Use Disorders

Learning Goals/Outcomes	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Integrate evidence based data in making clinical decisions for patients with substance use disorders • Implement plans of care for health issues for patients with substance use disorders • Integrate knowledge of medications used to treat persons with substance use disorders including the medication's actions, side effects, adverse effects, and nursing implications for patient monitoring and education • Implement teaching plans for patients, families, and caregivers about substance use disorders • Promote use of resources to optimize health in persons with substance use disorders • Communicate effectively with persons with substance use disorders • Collaborate with health care team to promote optimal health levels for patients with substance use disorders • Evaluate your feelings and attitudes regarding persons with substance use disorders 	
Pre-Class Preparation	
<p>Required:</p> <ul style="list-style-type: none"> • Read ATI Nursing Education. (2016). <i>RN mental health nursing</i> (10th ed.): Ch. 18 Substance Use and Addictive Disorders, Ch. 26 Medications for Substance Use Disorders • Pearson, Comprehensive Review for NCLEX-RN 2nd edition. (2012). Read Ch. 23 & Ch. 36 <p>Additional Resources:</p> <ul style="list-style-type: none"> • Listen to Dr. Sanjay Gupta (3.14 minute video) https://www.youtube.com/watch?v=5f1nmqiHIII • Watch 4.15 minute video by Alila Medical Media https://www.youtube.com/watch?v=NxHNxmJv2bQ • Read Varcarolis, E. M. (2017). <i>Essentials of psychiatric mental health nursing</i> (3rd ed.): Ch. 19, Substance-Related and Addictive Disorders 	
Learning Activities	
<p>Classroom Activities:</p> <ul style="list-style-type: none"> • Lecture • Discussion • Use of CIWA-Ar Assessment scale http://wiki.hl7.org/images/2/25/Alcohol-Withdrawal-Assessment-Scale.pdf <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • Care of patient with substance use disorders in the clinical setting <p>Out of Class Activities:</p> <ul style="list-style-type: none"> • Complete <i>ATI Real Life RN Mental Health Alcohol Use Disorder</i> • Using informatics, create a resource list of local treatment facilities and support groups for persons with substance use disorders 	
Evaluation Methods	
<ul style="list-style-type: none"> • Unit 3 Exam • ATI Mental Health Proctored Assessment • Clinical Performance/Evaluation 	
Texas DECs	QSEN Competencies

Knowledge: II. A 2, II. B 1, II. B 2, II. B 3, II B 4, II B 5, II. B 7, II. C 1, II. C 2, II C 3, II C 6, II. C 7, II. E 4a, II. E 6, III. A 5 Clinical Judgment: II. A 2, II. C 7, II. E 9, II. E 11, IV. B 3a	Patient Centered Care; Teamwork & Collaboration; EBP; Safety, Informatics
IM Student Learning Outcomes	NCLEX Test Plan
1, 2, 3, 4, 5, 6, 7, 8	<p>Safe and Effective Care Environment</p> <ul style="list-style-type: none"> • Management of Care (Advocacy, Client rights, Collaboration with interdisciplinary team, Confidentiality, Establishing priorities, Informed consent, Referrals) • Safety and Infections Control (Use of restraints/safety devices) <p>Health Promotion and Maintenance (Health promotions/disease prevention, High risk behaviors, Lifestyles choices, Self-care, Techniques of physical assessment)</p> <p>Psychosocial Integrity (Behavioral interventions, Chemical and other dependencies/Substance use disorder, Coping mechanisms, Crisis intervention, Mental health concepts, Sensory/perceptual alterations, Support systems, Therapeutic communication, Therapeutic environment)</p> <p>Physiological Integrity</p> <ul style="list-style-type: none"> • Pharmacological and Parenteral therapies (Adverse effects/Contraindications/Side effects/ Interactions, Dosage calculation, Expected outcomes, Medication administration, parenteral/Intravenous therapies) • Reduction of risk potential (Changes/abnormalities in vital signs, Diagnostic tests, Laboratory values, System specific assessments) <p>Physiological Adaptation (Illness management, Unexpected response to therapies)</p>
Concepts	Faculty
Substance Abuse/Addictive Disorders	Jeremy Ellis, MSN, RN
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