

**Covenant School of Nursing
LVN-RN Track Learning Guide
Topic: Nurse-Patient Relationship**

| | |
|---|--|
| Learning Goals/Outcomes | |
| <p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> Describe how the nurse uses the necessary components involved in building and enhancing the nurse-patient relationship (trust, genuineness, empathy, acceptance, and positive regard). Describe the importance of self-awareness and therapeutic use of self in the nurse-patient relationship. Differentiate the differences between social, intimate, and therapeutic relationships. Describe and implement the phases of the nurse-patient relationship as outlined by Hildegard Peplau. Explain the negative behaviors that can hinder or diminish the nurse-patient relationship. Describe boundaries in the nurse-patient relationship. Describe the goals of therapeutic communication. Differentiate between therapeutic communication and nontherapeutic communication. Apply principles of therapeutic communication in patient interactions. Identify the roles that physical health and biologic makeup play in a patient's emotional responses. Obtain and organize psychosocial assessment data to use as a basis for developing a nursing plan of care. Describe various cultural beliefs and practices that can affect the nurse-patient relationship. | |
| Pre-Class Preparation | |
| <p>Required:</p> <ul style="list-style-type: none"> ATI: Ch. 1: Basic Mental Health Nursing Concepts Ch. 3: Effective Communication Ch. 5: Creating and Maintaining a Therapeutic and Safe Environment Pearson, Comprehensive Review for NCLEX-RN 2nd edition. (2012). Read Ch. 19, Ch. 20 <p>Additional Resources:</p> <ul style="list-style-type: none"> ATI:(Products) Nurse's Touch: Professional Communication; Types of Communication, Therapeutic Communication and Factors that Affect Communication with Individuals and Groups Varcarolis : Ch. 7: p. 77-82; Ch. 8: p. 91-103; Ch. 9: 105-117 A Nurse's Guide to Professional Boundaries @ https://www.ncsbn.org/ProfessionalBoundaries_Complete.pdf | |
| Learning Activities | |
| <p>Classroom Activities:</p> <ul style="list-style-type: none"> Lecture with PowerPoint Therapeutic Communication simulation <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> Care of the patient with a mental health disorder in the clinical setting ATI view video: The Mental Status Examination (MSE) Chapter 1 page 2. <p>Online Activities:</p> <ul style="list-style-type: none"> None | |
| Evaluation Methods | |
| <ul style="list-style-type: none"> Exams ATI RN Mental Health Nursing Assessment Clinical performance/evaluation | |
| Texas DEC's | QSEN Competency (s) |
| <p>Knowledge: II.B.3; II.C.1a&b; II.C.1a&b; II.E.2; III.B.1b; IV.D.2</p> <p>Clinical Judgments & Behaviors: I.B.1 & 3.a& b; II.B.1; II.E. 9; III.B.9;</p> | Patient Centered Care; EBP; Safety; Informatics |
| Learning Outcomes | NCLEX Test Plan |
| 1 & 2 | <p>Psychosocial Integrity: Therapeutic Communication and Therapeutic Environment, Cultural Awareness & Influences on Health</p> |
| Concepts | Faculty |

| | |
|---|------------------------------|
| Communication & Interpersonal Relationships | Jeremy Ellis MSN, RN |
| Date originated: 1/9/18 | Revision Dates: NA |
| | |

LVN-RN Track Learning Guide

Topic: Mental Health - Nurse Patient Relationship

CSON Learning Guide (adopted 5-2015 by Faculty vote) – REV 9-2016