

**Covenant School of Nursing  
LVN-RN Track Learning Guide  
Topic: Schizophrenia**

<b>Learning Goals/Outcomes</b>	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> <li>• Integrate evidence based data in making clinical decisions for patients with schizophrenia</li> <li>• Implement plans of care for health issues for patients with schizophrenia</li> <li>• Integrate knowledge of medications used to treat persons with schizophrenia, including the medication's actions, side effects, adverse effects, and nursing implications for patient monitoring and education</li> <li>• Implement teaching plans for patients, families, and caregivers about schizophrenia and treatments</li> <li>• Promote use of resources to optimize health in persons with schizophrenia</li> <li>• Communicate effectively with persons with schizophrenia</li> <li>• Collaborate with health care team to promote optimal health levels for patients with schizophrenia</li> <li>• Evaluate your feelings and attitudes regarding persons with schizophrenia</li> </ul>	
<b>Pre-Class Preparation</b>	
<p>Required:</p> <ul style="list-style-type: none"> <li>• Read ATI Nursing Education. (2016). <i>RN mental health nursing</i> (10<sup>th</sup> ed.): Ch. 15 Psychotic Disorders &amp; Ch. 24 Medications for Psychotic Disorders</li> <li>• Pearson, Comprehensive Review for NCLEX-RN 2nd edition. (2012). Read Ch. 22 p. 293-296 &amp; Ch. 36</li> </ul> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• Nathaniel Ayers interview on <i>60 Minutes</i> (12:42 min) <a href="https://search.yahoo.com/yhs/search?p=you+tube+60+minutes+nathaniel+ayers&amp;ei=UTF-8&amp;hspart=mozilla&amp;hsimp=yhs-001">https://search.yahoo.com/yhs/search?p=you+tube+60+minutes+nathaniel+ayers&amp;ei=UTF-8&amp;hspart=mozilla&amp;hsimp=yhs-001</a></li> <li>• Read Varcarolis, E. M. (2017). <i>Essentials of psychiatric mental health nursing</i> (3<sup>rd</sup> ed.): Ch. 17, Schizophrenia Spectrum Disorders and other Psychotic Disorders</li> </ul>	
<b>Learning Activities</b>	
<p>Classroom Activities:</p> <ul style="list-style-type: none"> <li>• Lecture &amp; Discussion</li> <li>• Case Studies</li> <li>• <i>TED Talk with Elyn Saks</i> <a href="http://www.ted.com/talks/elyn_saks_seeing_mental_illness">http://www.ted.com/talks/elyn_saks_seeing_mental_illness</a></li> <li>• Simulate <i>Patient Teach Back</i> on medications associated with schizophrenia</li> </ul> <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> <li>• Care of patient with schizophrenia in the clinical setting</li> <li>• Complete <i>ATI Real Life RN Mental Health Schizophrenia</i> – case scenario</li> </ul> <p>Out of Class Activities:</p> <ul style="list-style-type: none"> <li>• Using informatics, search for available resources you could provide for persons coping with schizophrenia</li> </ul>	
<b>Evaluation Methods</b>	
<ul style="list-style-type: none"> <li>• Unit 1 Exam</li> <li>• ATI Mental Health Proctored Assessment</li> <li>• Clinical Performance/Evaluation</li> </ul>	
<b>Texas DECs</b>	<b>QSEN Competencies</b>

Knowledge: II. A 2, II. B 1, II. B 2, II. B 3, II B 4, II B 5, II. B 7, II. C 1, II. C 2, II C 3, II C 6, II. C 7, II. E 4a, II. E 6, III. A 5 Clinical Judgment: II. A 2, II. C 7, II. E 9, II. E 11, IV. B 3a	Patient Centered Care; Teamwork & Collaboration; EBP; Safety, Informatics
<b>IM Student Learning Outcomes</b>	<b>NCLEX Test Plan</b>
1, 2, 3, 4, 5, 6, 7, 8	<p>Safe and Effective Care Environment</p> <ul style="list-style-type: none"> <li>• Management of Care (Advocacy, Client rights, Collaboration with interdisciplinary team, Confidentiality, Establishing priorities, Informed consent, Referrals)</li> <li>• Safety and Infections Control (Use of restraints/safety devices)</li> </ul> <p>Health Promotion and Maintenance (Health promotions/disease prevention, High risk behaviors, Self-care)</p> <p>Psychosocial Integrity (Behavioral interventions, Coping mechanisms, Crisis intervention, Mental health concepts, Sensory/perceptual alterations, Therapeutic communication, Therapeutic environment)</p> <p>Physiological Integrity</p> <ul style="list-style-type: none"> <li>• Pharmacological and Parenteral therapies (Adverse effects/Contraindications/Side effects/ Interactions, Dosage calculation, Expected outcomes, Medication administration, parenteral/Intravenous therapies)</li> <li>• Reduction of risk potential (Changes/abnormalities in vital signs, Diagnostic tests, Laboratory values, System specific assessments)</li> <li>• Physiological Adaptation (Illness management, Unexpected response to therapies)</li> </ul>
<b>Concepts</b>	<b>Faculty</b>
Cognition: Schizophrenia	Jeremy Ellis, MSN, RN
<b>Date originated:</b> 1/9/18	<b>Revision Dates:</b> N/A

*LVN-RN Track Learning Guide      Topic: Mental Health - Schizophrenia cont'd*

*CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. Conquering the Content. San Francisco: Jossey-Bass, 2008. REV 3-2016*