

## IM 6 Psychiatric Critical Thinking Worksheet Instructions

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| <b>1. The theory or etiology of the illness or disorder.</b>   | <b>2. Stressors that have an impact on the mental health of the patient.</b>                                  | <b>3. The criteria listed in the DSM-5 required for diagnosis.</b> |
| <b>4. Diagnostic Tests pertinent or confirming of diagnosis including standardized scales (such as the Suicide Risk Assessment or others).</b> | <b>5. Lab Values that may be affected-what lab values relate to the diagnosis or the care of the patient.</b> | <b>6. Current Treatment</b>  |

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| <p><b>7. Focused Nursing Diagnosis-this should be an actual or potential problem observed from patient assessment and may begin with modifiers such as: impaired, altered, decreased, ineffective, risk for</b></p>  | <p><b>11. Nursing Interventions related to the Nursing Diagnosis in #7</b><br/> <b>*Actions to enhance patient outcomes</b><br/>           1.</p> <p><b>Evidence based practice – this is the research-based rationale for selecting the nursing action.</b></p> | <p><b>12. Patient Teaching-Identify 3 knowledge deficits and describe how you addressed them</b></p> <p>1.</p> <p>2.</p> <p>3.</p>  |
| <p><b>8. Related to (r/t)-factors contributing to or causing the problem.</b><br/> <b>*This is not a medical diagnosis</b><br/> <b>*Must be modifiable by nursing interventions</b><br/> <b>*Will be in 1 of 5 categories-pathophysiological, environmental, situational, psychological, or maturational</b></p> | <p>2.</p> <p><b>Evidence based practice – this is the research-based rationale for selecting the nursing action.</b></p>   | <p><b>13. Discharge Planning/Community Resources- what does the patient need to know about going home and what resources are needed</b></p> <p>1.</p> <p>2.</p> <p>3.</p> |
| <p><b>9. As evidenced by (aeb)-these are the signs and symptoms, the evidence of the problem</b></p> <p><b>*If the nursing diagnosis is a risk for statement, you will not have anything listed for aeb</b></p>  | <p>3.</p> <p><b>Evidence based practice-this is the research-based rationale for selecting the nursing action</b></p>  |   |
| <p><b>10. Desired patient outcome-this is the goal for your patient</b></p>  |  |   |