

Common Latex Products

- Gloves
- Balloons
- Condoms
- Diaphragms
- Bandages (Adhesives)
- Therapy / Resistance bands
- Koosh® balls
- Pacifiers/Baby Bottle Nipples
- Gutta Perch/Gutta Balota (used to seal root canals)
- Dental dams
- Elastic
- Latex Mattresses
- Blood pressure cuffs
- Stethoscope tubing
- Tourniquets
- Red Rubber Catheters
- Vial stoppers
- Erasers
- Rubber bands
- Dishwashing gloves
- Orthodontic elastics
- Spandex

Cross Reactive Foods

- **High (4)**
- Banana, Avocado, Chestnut, Kiwi
- **Moderate (7)**
- Apple, Carrot, Celery, Papaya, Potato, Tomato, Melons
- **Low or undetermined (33)**
- Pear, Mango, Sweet Pepper, Peach, Rye, Cayenne Pepper, Plum, Wheat, Shellfish, Cherry, Hazelnut, Sunflower Seed, Pineapple, Walnut, Citrus Fruits, Strawberry, Soybean, Coconut, Fig, Peanut, Chick Pea, Grape, Buckwheat, Castor Bean, Apricot, Dill, Lychee, Passion, Fruit, Oregano Zucchini, Nectarine, Sage, Persimmon

<http://latexallergyresources.org/>

Great Alternate Website: <http://www.webmd.com/allergies/latex-allergies>