

Clinical Reflection 2

During my NICU rotation, especially these past 10 shifts, I have had such an amazing experience. I am truly grateful that I was placed in the NICU. Every shift has helped me grow and learn more about caring for premature and sick newborns. It has made me even more sure that I love this area of nursing. During my last shift I was able to attend a C-section for 34-week twins. The mom was a surrogate, and the parent was a single dad. It was a very emotional and unique situation. During the surgery, I was the writer. I documented the time of birth for both babies, their vital signs, and when they were switched to CPAP. There was a lot happening at once, so I had to stay focused and organized. It showed me how important accurate charting is in critical moments. I felt very nervous that I was going to forget something but I was glad that I could help the team in that role. The teamwork during the delivery was amazing. Everyone knew exactly what to do and worked together to make sure both babies were stable. I also felt emotional during the surgery. The surrogate cried the whole time, and I felt sorry for her. Even though she was carrying the babies for someone else, I could only imagine how hard it would be. Overall, these past 10 shifts have been such a blessing. I have gained confidence, improved my skills, and learned how important teamwork and compassion are. I am very thankful for my time in the NICU and everything it has taught me.

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