Question # 6	Student Name: Macy Nanz

Based on the "Topic" and "Subtopic," I missed a question about:
Principles and Practice of Psychiatric Nursing

✓	**I have reviewed each of the excerpts/activities listed under the Packet> Remediation Content**

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Safety is the priority, especially when assessing for suicide risk in patients with mood disorders.
- Therapeutic communication uses open-ended questions and reflection, not advice or false reassurance.
- During severe anxiety or panic, the nurse should stay with the patient and give short, clear directions.
- Depression includes physical and cognitive symptoms like fatigue, sleep changes, and poor concentration.
- Antidepressants take several weeks to work, so patient teaching about adherence is essential.

Question # 7	

Based on the "Topic" and "Subtopic," I missed a question about:
Fundamental nursing concepts

✓	**I have reviewed each of the excerpts/activities listed under the Packet> Remediation Content**

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- The nursing process (ADPIE) guides all care, and assessment must always come before implementation.
- Patient safety is a priority, including fall prevention, proper identification, and infection control practices.
- Use standard precautions with every patient to prevent the spread of infection.
- Prioritization focuses on ABCs (airway, breathing, circulation) and immediate safety risks first.
- Accurate documentation must be objective, timely, and reflect the care actually provided.

Question #8	Student Name: Macy Nanz

Based on the "Topic" and "Subtopic," I missed a question about:
Psychiatric pharmacology

✓	**I have reviewed each of the excerpts/activities listed under the Packet> Remediation Content**

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Antidepressants (especially SSRIs) take 2–4 weeks to become effective, so patients must continue taking them as prescribed.
- Monitor for side effects such as serotonin syndrome, which includes agitation, confusion, fever, and tremors.
- Antipsychotics can cause extrapyramidal symptoms (EPS), so nurses must assess for abnormal movements or rigidity.
- Mood stabilizers like lithium require close monitoring of blood levels to prevent toxicity.
- Patient education about medication adherence and not stopping medications abruptly is essential to prevent relapse.

Question #9	Student Name: Macy Nanz

Based on the "Topic" and "Subtopic," I missed a question about:
Basic Nursing Skills

✓	**I have reviewed each of the excerpts/activities listed under the Packet> Remediation Content**

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Proper hand hygiene is the most effective way to prevent infection and must be performed before and after patient contact.
- Safe patient handling and use of assistive devices help prevent falls and protect both the patient and nurse from injury.
- Accurate vital signs require correct technique and must be reported if they fall outside normal ranges.
- Positioning and mobility are important to prevent complications such as pressure injuries and pneumonia.
- Maintaining patient dignity, privacy, and clear communication is essential during all nursing care and procedures.

Question #10	Student Name: Macy Nanz

Based on the "Topic" and "Subtopic," I missed a question about:
Psychiatric Nursing Care Plan

✓	**I have reviewed each of the excerpts/activities listed under the Packet> Remediation Content**

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Nursing care plans must be individualized based on the patient's symptoms, behaviors, and level of functioning.
- Priority nursing diagnoses in psychiatric care often focus on safety, coping, and disturbed thought processes.
- Interventions should be specific, measurable, and focused on promoting coping skills and emotional regulation.
- Therapeutic communication is a key intervention used to build trust and support patient progress.
- Outcomes should be realistic and focused on improving daily functioning rather than eliminating the disorder.