

## Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies:

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Famotidine	20mg tablet; oral; daily	N/A	Reduces gastric acid	<ol style="list-style-type: none"> <li>1. Take this daily to reduce stomach irritation because acid can worsen your reflux symptoms.</li> <li>2. Avoid NSAIDs like ibuprofen or naproxen unless approved because they can increase stomach irritation while you're on this medication.</li> <li>3. Report black stools because this may signal bleeding despite acid suppression.</li> </ol>
Enoxaparin	40mg subcutaneous injection; daily	4mg/0.4mL	DVT prophylaxis	<ol style="list-style-type: none"> <li>1. Report any new swelling, warmth, or pain in your legs because we are closely monitoring for clot development.</li> <li>2. Keep from rubbing the injection site because rubbing could cause bruising.</li> <li>3. Report any unusual bleeding such as nosebleeds or blood in your urine or stool because this medication thins your blood.</li> </ol>
Labetalol	100mg tablet; oral; 2 times daily	N/A	Controls blood pressure	<ol style="list-style-type: none"> <li>1. Change positions slowly because this medication can lower your blood pressure and make you dizzy.</li> <li>2. Do not stop this medication abruptly because your blood pressure can rebound dangerously high.</li> <li>3. Take doses consistently because steady levels keep your blood pressure controlled.</li> </ol>
Rosuvastatin	20mg tablet; oral; daily	N/A	Lower cardiovascular risk	<ol style="list-style-type: none"> <li>1. Report any new muscle pain because this medication can rarely cause muscle injury.</li> <li>2. Avoid excessive alcohol because both alcohol and this medication can cause stress to the liver.</li> <li>3. Continue this medication even if you feel well because cholesterol problems have no symptoms.</li> </ol>

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Lidocaine	5% patch; 1 path; transdermal; daily	N/A	Local pain relief	<ol style="list-style-type: none"> <li>1. Apply only to intact skin because broken skin increases absorption and side effects.</li> <li>2. Remove the patch after 12 hours because leaving it on longer can cause toxicity.</li> <li>3. Avoid heating pads over the patch because heat increases lidocaine absorption.</li> </ol>
Valsartan	320mg tablet; oral; daily	N/A	Protect heart/kidneys	<ol style="list-style-type: none"> <li>1. Avoid potassium supplements because this medication can increase potassium levels.</li> <li>2. Keep taking this medication long term because it protects your heart and kidneys even when you feel fine.</li> <li>3. Stay hydrated because dehydration can worsen kidney effects while on this medication.</li> </ol>
Piperacillin-tazobactam	3.375g with 100mL NS; IVPB; every 8 hours	3.375g/100mL NS Rate: 25mL/hour	Antibiotic	<ol style="list-style-type: none"> <li>1. Let your nurse know if you develop diarrhea because antibiotics can disrupt normal gut bacteria.</li> <li>2. Complete the full course as ordered because stopping early can allow the infection to come back or worsen.</li> <li>3. Report any new fever or chills because these symptoms can tell us that the infection isn't responding to the medication.</li> </ol>

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Medication reference: