

NAME: Edward Rodriguez DATE: _____

POST-CLINICAL REFLECTION

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	Initially, I felt nervous and a little overwhelmed with the scenario due to the unexpected aggression from the scenario spouse. The aggressive behavior from the spouse created a stressful environment and made decision – making a challenge. However, as the scenario progressed I became more confident and calm
What did you already know and do well as you provided patient care?	I knew I needed to assess the mother's vital signs, administer an antibiotic for her GBS diagnosis, and titrate her oxytocin appropriately. I feel that I communicated well with the patient and explained my actions clearly as I provided care. I also gave an effective SBAR to the provider and advocated for a safer oxytocin titration when the initial recommendation seemed too aggressive.
What areas do you need to develop/improve?	Overall, I recognize that I need to develop thicker skin when dealing with challenging interactions. I need to continue building confidence in advocating for my patient during potentially unsafe situations and responding appropriately. I also need to focus more closely on reviewing provider orders to enhance patient safety and ensure accurate care
What did you learn today?	I learned that not all situations go as planned, especially during labor, which can be a very stressful time. As a future nurse, I need to be able to respond to these stressful situations in a calm, therapeutic, and confident manner.
How will you apply what was learned to improve patient care?	Moving forward, I will seek clarification whenever I am unsure about medication orders. I will continue to advocate for patient autonomy and remain calm and therapeutic when managing difficult family situations.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the	<p>Safety and Quality 1. During the OB simulation, I focused on keeping both the mother and baby safe by following evidence-based guidelines. I safely titrated oxytocin and spoke up for a lower starting dose, which helped labor progress while reducing the risk of complications. .</p> <p>Patient – Centered care 2. This simulation allowed me to focus on patient-centered care by addressing Mrs. Jones' emotional and physical needs during labor which included giving her support when her friend was absent. Despite difficult family dynamics, I supported and comforted the patient and remained focused on her comfort, and preferences.</p> <p>Professionalism 3. I demonstrated professionalism by maintaining appropriate boundaries with the patient's spouse and keeping the focus on the patient's needs and safety.</p>