

MARY NANN

Mom & Baby Medication Worksheet

Medication	Mechanism of Action	Maternal Effects	Nursing Management
<b>Methylergonovine Maleate</b>	helps moms uterus stay firm after delivery	-strong uterine cramps, possible HT, nausea, NVP	-monitor BP esp before giving, monitor bleeding & uterine firmness, ask about pain & HT, hold if NVP
<b>Prenatal Vitamin</b>	helps replace nutrients moms body needs after delivery	may cause mild nausea, constipation, or dark colored stools	-encourage taking it w/ food, educate dark stools are normal, fluids / fiber to ↓ constipation
<b>Hydromorphone</b>	strong pain med that helps manage moderate-severe pain	pain relief, drowsy or sleepy, nausea,	monitor RR and vol, pain level, caution if breast feeding
<b>Ketorolac</b>	non-opioid pain medication that helps w/ pain & inflammation	pain relief, stomach upset, ↑ bleeding risk	monitor bleeding, monitor kidney function, short-term use, encourage food to protect stomach
<b>Colace</b>	softens stool, making bowel movements easier and less painful	easier bowel movements, ↓ straining	encourage fluids, movement asap, educate that it prevents constipation

Hydralazine	↓ BP by relaxing blood vessels	headache, dizziness, flushing, ↓ in BP	monitor BP closely, watch for dizziness, keep pt safe when standing, monitor
Labetolol	↓ BP by slowing the HR and relaxing blood vessels	dizziness, fatigue, ↓ HR	monitor BP and HR, hold if HR is too low,