

Outpatient Surgery Reflection Questions

1. What types of patients (diagnoses/surgical procedures) did you see in the Outpatient Surgery?
 - a. Tubal ligation/Bi lateral salpingectomy & DNC/IUD & gallbladder removal
2. The majority of the patients who came into the Outpatient Surgery were from which age group?
Was this what you expected?
 - a. Adolescents and Adult
 - b. No, I was expecting more pre school
3. How did growth and development come into play when caring for patients (both in preop and in postop rooms)?
 - a. Growth and development affected care by treating adolescents like adults while breaking down explanations when needed to help them understand and feel comfortable.
4. What types of procedures did you observe or assist with?
 - a. Tubal ligation/Bi lateral salpingectomy & DNC/IUD & gallbladder removal
5. What are some common post-op instructions given to the patient/caregivers?
 - a. For gallbladder: Urine may be blue or green, Diet start small and build up , Gas may be going to shoulder to neck best thing to do is to walk.
6. Give examples of non-pharmacological comfort nursing interventions you saw preop and postop?
 - a. Mother holding daughters hand & calm communication
7. What complications (red flags) from anesthesia did you watch for and how did you monitor?
 - a. N/V, Respiratory issues, decreased O2, LOC
8. What is the process for obtaining a procedural consent for a pediatric patient?

- a. Parent signature
9. How does the NPO status change based on age or if infant takes breast milk vs formula?
- a. Give infant right before NPO status half a bottle of more & if you can tell their fussy and hungry give them like a pacifier to give them some type of oral stimulation.
10. What role does the Child Life Specialist play in the Outpatient Surgery? If not observed, how could they be part of your interdisciplinary team?
- a. If a child is scared, doesn't understand the procedure, & need help distracting child.