

NAME: Macy Nantz

DATE: _____

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I really enjoyed this SIM! I like the way you had it set up, and how it piggybacked off of each other. I felt good, obviously a little nervous, but I enjoy going into a room and not knowing what will happen. It's like an escape room to me.
What did you already know and do well as you provided patient care?	I knew mom had complications with previous pregnancies, so I made sure to be very intentional with reassurance as well as education about safe, healthy pregnancies.
What areas do you need to develop/improve?	I think I can improve on knowing how to care for baby right after delivery, as well as double checking my fivids are running at the correct rate.
What did you learn today?	I learned a lot, just about the delivery process and how that goes, and <u>why</u> we're doing what we're doing for mom. It really connected the dots for me from lecture content.
How will you apply what was learned to improve patient care?	Using reassurance and building rapport w/ family. I also now have a general idea of what happens during the labor process, so I feel a little more prepared should this happen in clinical.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none">1. I was able to prioritize care for my patient, utilize appropriate interventions, and in the end help and prepare mom for her delivery.2. I reassured mom and family that baby was a category 1. This helped mom with her anxiety.3. Used SBAR to communicate w/ dr about updates regarding the birthing process as well as during "shift change" on Day 2.