

NAME: Dylan Thomas

DATE: 1/22/26

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	It was a combination of being nervous but relying on how I break down and prep for scenarios gave me confidence throughout the process. I was nervous just based on not knowing the material thoroughly which led me to question a few things but in the end I made the right decision to complete the scenario.
What did you already know and do well as you provided patient care?	I knew limited information since we had learned the material recently but was able to apply critical thinking and nursing judgment to work my way through scenarios. I think I did good with understanding ques and knowing what to do with the information provided from the scenario.
What areas do you need to develop/improve?	Further studying and clinical application is the best way for me to improve my skills due to my learning style being orientated more towards a hands on approach.
What did you learn today?	I learned that it is very helpful to have a team with you. It helped me to make sure all tasks that needed to be done were achieved. It also helped me to apply precautions for tachostyle and awareness of what I need to be looking for.
How will you apply what was learned to improve patient care?	I will apply the information I learned by paying close attention to both mom and baby through the monitor to see what stage of labor we could be in and what effects come along with that stage to provide the optimal care to both of the patients.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	1.I was able to identify possible tachysystole, active labor, and provide emotional support through the use of proper assessment of fetal monitoring and verbal ques presented by the mom and teach what to watch for and what we did to prevent and possible complications. 2.I was able to provide emotional support in my scenario by assessing what the family member was saying and how the patient reacted to reassure mom and focus on her and what she was going

through.

3.I demonstrated proper use of SBAR and read back when talking to the doctor allowing me to rule out the use of roGHAM shot. This was necessary because the pt lacked prenatal care and all labs were pending so awareness and confirmation was needed to promote the best care for the pt through the process of labor