

IM 6 Maternal Newborn & PMH Assignments
HESI Adaptive Quizzes are due @ 2359 the day prior to content exam

Grading: Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI clinical skills and case studies are **HIGHLY RECOMMENDED** to be completed **prior** to their corresponding lecture.
- HESI OB and PMH adaptive open book quizzes 1-4 are **Required** and will account for 5% of your total grade.
- **Progression to the next module requires completion of all REQUIRED assigned work.**

Weekly Topics and Required Reading	Highly Recommended HESI Clinical Skills	Highly Recommended HESI Case Studies	# Exam Questions
WEEK 1			
Antepartum Nursing and Antepartum Testing / Soliz - Required Reading: • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Antepartum Nursing Care & Testing: pgs. 201-211 Recommended Reading • Murray, S., McKinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 6 Adaptations to Pregnancy: pgs. 95-119 Ch. 7 Antepartum Assessment, Care and Education: pgs. 122-135, Ch. 9: Prenatal Diagnostic Testing: pgs. 184-201 Ch. 11 The Childbearing Family with Special Needs pgs. 269-276 • Tables: "Signs of Possible Pregnancy Complications" pg. 138, "When to go to Hospital or Birth Center" Rh Incompatibility Pgs. 235-236 pg. 387, 15.1 Leopold's Maneuvers pg. 396, 8.1 Recommended Wt. Gain pg. 147; 8. 2 & 8.3 Nutrition for Childbearing pg. 149	Antepartum Maternal Newborn Collection • Admission Assessment: Obstetric Patient • Biophysical Profile • Leopold's Maneuvers Intrapartum Nursing Maternal Newborn Collection • Laboring Patients: Nursing Care • Rho (D) Immune Globulin		16-18
Electronic Fetal monitoring / Nuttall - Required Reading • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Electronic Fetal Monitoring pgs. 211-216 Recommended Reading • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 14 Intrapartum Fetal Surveillance pgs. 350-383	Electronic Fetal Monitoring Maternal Newborn Collection • Fetal Heart Rate: Interpretation		9-11
Intrapartum Nursing / Nuttall - Required Reading • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Intrapartum Nursing Care, Initial Exam, Stages of Labor, Labor with Analgesia or Anesthesia, Regional Block Anesthesia pgs. 216-227 Recommended Reading • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 12 Processes of Birth; Ch. 13 Pain Management During Childbirth; Ch. 15 Nursing Care During Labor and Birth	Intrapartum Maternal Newborn Collection • Artificial Rupture of Membranes • Epidural Catheter Insertion • Oxytocin • Vaginal Delivery		22-24

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Postpartum Nursing / Soliz - Required Reading: • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Postpartum Nursing Care: pgs. 227-231 Recommended Reading • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Rh Incompatibility Postpartum Mgmt. pgs. 234-235, Ch. 11 Adoption pg. 289 and Postpartum Depression pgs. 290-293, Ch. 17 Postpartum Adaptation and Nursing Care pgs. 469-501, Ch. 18 Postpartum Maternal Complications pgs. 505-523, Ch 23. Infant Feeding pgs. 643-666	Postpartum Maternal Newborn Collection • Assessment: Postpartum Patients • Breastfeeding Education • Cesarean Delivery: Recovery Care	• Postpartum	14-16
OB HESI Adaptive open book Quiz # 1 Due 01/21/26 @ 2359	EXAM 1 - 01/22/26 - 0800-1100		
WEEK 2			
Current Theories & Practice / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Current Theories Mental Health Collection • Elopement		9-11
PMH Legal/Ethical Issues / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Abuse & Neglect Mental Health Collection • Abuse & Neglect of Older Adults		5-7
Psychopharmacology / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 4 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Psychopharmacology Mental Health Collection • Psychiatric Medications; Recognizing Adverse Effects		16-18
Therapeutic Communication / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9 • HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication	Nurse Patient Relationship Mental Health Collection • Therapeutic Communication Using Trauma-Informed Care		7-9
WEEK 3			
Substance Use Disorder / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing	Substance Use Disorder Mental Health Collection Addiction, Chemical Dependency & Withdrawal	Substance Disorder Mental Health Collection Alcoholism	11-13

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Mood Disorders / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16: Ch. 23. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Mood Disorders Mental Health Collection • Bipolar Disorder • Depression • Electroconvulsive Therapy	Mood Disorders Mental Health Collection • Depression	11-13
PMH - HESI Adaptive open book Quiz # 2 - Due 02/01/26 @ 2359	EXAM 2 - 02/02/26 - 0800-1100		
WEEK 4			
Pregnancy at Risk / Nuttall - Required Reading • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: High-Risk Disorders pgs. 240-253. Recommended Reading • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications; Ch. 19 Critical Care Obstetrics	Pregnancy at Risk Maternal Newborn Collection • Deep Tendon Reflexes • Precipitous Delivery • Prolapsed Cord • Shoulder Dystocia	Pregnancy at Risk • Ectopic Pregnancy • Gestational Diabetes • Preeclampsia	23-25
Infertility & Twins / Soliz - Required Reading • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 27 Infertility pgs. 757-774			7-9
WEEK 5			
Contraception & Sexually Transmitted Infections Soliz- Required Reading • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing Table 6.10 Methods of Contraception Pg. 232 • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 28 Women's Health 803- 806 Recommended Reading • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 26 Family Planning pgs. 732-754			10-12
Reproduction & Preventative Women's Health / Nuttall - Required Reading • HESI Comprehensive Review for NCLEX-RN Examination: Ch. 6 Maternity Nursing pgs. 201-203 • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 28 Women's Health-Preventative Care pgs. 776-783, Menopause pgs. 795-798; Ch.3 Reproductive Anatomy and Physiology pgs. 42-53			8-10

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Women's Health Diagnostics and Disorders / Soliz - Required Reading • HESI Comprehensive Review for NCLEX-RN Examination: HIV pg. 50, Medical Surgical Nursing - UTI pg. 79, Reproductive System (Women) -Uterine prolapse, Cystocele and Rectocele pgs. 143-144, Cervical and Ovarian Cancer pgs. 144-145, & STD's pgs. 147-149 Recommended Reading • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 2 Intimate Partner Violence, Table 2.2 Myths and Realities of Violence against Women, and Human Trafficking pgs. 24-30, Ch. 28 Women's Health Benign Breast Disorders pgs. 785-786, Menstrual Disorders pgs. 790-794, Pelvic Floor Disorders pgs. 798-800, Benign and Malignant Disorders of the Reproduction Tract pgs. 800-802. Infectious Reproductive Disorders pgs. 803-807	Women's Health Maternal Newborn Collection • Dilatation & Curettage Emergency Collection • Sexual Assault Exam	• HESI Maternal-Newborn Practice Exam • HESI Maternal Newborn Quiz	12-14
WEEK 6			
OB HESI Adaptive open book Quiz # 3 - Due 02/15/26 @ 2359		EXAM 3 - 02/16/26 - 0800-1100	
WEEK 7			
Psychiatric Emergencies / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Psychiatric Emergencies Mental Health Collection • Agitation & Disruptive Behavior	Psychiatric Emergencies Mental Health Collection • Psychosis	11-13
Schizophrenia / Maya - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Schizophrenia Mental Health Collection • Schizophrenia & Psychosis	Schizophrenia Mental Health Collection • Schizophrenia	18-20
Somatic Symptoms Disorders / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing			5-7
Anxiety & Stress Disorders / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing	Anxiety Mental Health Collection • Anxiety		13-15
Personality Disorders / Harrison - Required Reading: • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13 • HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nursing	Personality Disorders Mental Health Collection • Borderline Personality Disorder	• HESI Mental Health Practice Exam • HESI Mental Health Quiz	13-15

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PMH HESI Adaptive open book Quiz # 4 - Due 03/01/26 @ 2359

EXAM 4 - 03/02/26 - 1100-1400

Additional Assignments

- PMH crossword puzzle due Thursday 01/22/26 @ 2359.
- AA Meeting reflection submitted to Dropbox due for **Group 1** on 02/05/26 @ 2359 and **Group 2** on 02/26/26 @ 2359.
- HESI Adaptive open book Quizzes 1-4 are due on the **night prior to the corresponding unit exam at 2359**
- Obstetrics/Maternity Practice Exam & Quiz are recommended to help prepare for HESI. (**Located in HESI Case Studies Folder**)
- PMH HESI Practice Exam & Quiz are available to help prepare for HESI (**Located in HESI Case Studies Folder**)
- All Clinical paperwork, including signed verification form is due the **Thursday** after the clinical activity @ 2359.
- **HESI V1 Remediation due in Dropbox by 02/26/26 @2359**
- Upload your OB Community Verification form and the PMH Community Verification Form into the **correct designated DROPBOX locations**.