

# Covenant School of Nursing Reflective Practice

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Instructional Module: IM6

Date submitted: 12/04/25

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<p><b>Step 1 Description</b></p> <p>Rapid delivery at 0841 on 12/02/25 me and the nurse delivered the baby. The nurse helped talk mom through the process and I helped get mom turned and legs up. we both caught baby and the nurse got him skin to skin with mom.</p>	<p><b>Step 4 Analysis</b></p> <p>Thankfully we have covered all of these things prior to this clinical. Knowing these things helped me a ton and allowed me to be a little more confident.</p>
<p><b>Step 2 Feelings</b></p> <p>I was in shock but after the event I felt okay about it. My nurse was very supportive however I'm grateful I got to experience this so next time I'm better prepared.</p>	<p><b>Step 5 Conclusion</b></p> <p>I feel like given the circumstances of this delivery - everything went as good as it could.</p>
<p><b>Step 3 Evaluation</b></p> <p>There was no Dr. there so that was bad. The birth was easy and quick with no complications. I did expect a different outcome. Me and the nurse both thought the doctor would be there.</p>	<p><b>Step 6 Action Plan</b></p> <p>Yes, this delivery was a rare but great learning experience. I can for sure use this moving forward if I'm ever in a position like this again with no Doctor.</p>



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# Prioritization Tool

	URGENT	NOT URGENT
IMPORTANT	Urgent & Important DO holding leg, help Catch baby, Skin to skin, suction	Not Urgent but Important PLAN Family support Education
NOT IMPORTANT	Urgent but Not Important DELEGATE <del>Weight</del> Baby's weight/length (nursery) Lactation consult	Not Urgent and Not Important ELIMINATE Taking pics of baby allowing family back in

## Education Topics & Patient Response:

Education on skin to skin and breastfeeding - patient responded to education well and mom and baby are bonding.

IM6 Student Learning Outcomes				
Safety & Quality	Clinical Judgment	Patient Centered Care	Professionalism	Communication & Collaboration
Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.	Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.	Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.	Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.	Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.

Safety & Quality:

Clinical Judgment:

Patient Centered Care:

10/02-

Professionalism: Watching my nurse display professionalism in a very stressful situation. She stayed very calm/ reassuring despite being stressed and nervous.

Communication & Collaboration: