

Question # 1 Student Name: Alina Elizarraraz

Based on the "Topic" and "Subtopic," I missed a question about: Delusions

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

1. Using auditory stimuli to cope with auditory hallucination/delusions.
2. Encourage talking to yourself, tell voices to go away
3. Reality testing with pt. (Ask, look around, ignore)
4. Keep in contact with others: family, friends, hotline
5. Possible extra medication if ordered.

Question # 2

Based on the "Topic" and "Subtopic," I missed a question about: Depression

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

1. Biggest symptom difference in child from adult is fail to gain wt., irritable mood.
2. Children can do well in hiding depressive thoughts & crying.
3. Depression precedes diagnosis of BPD.
4. Assessment for suicidal ideation, plans, & attempts is essential ★
5. Suicide child is not likely to self refer or seek help.

Question #	3	Student Name:	Alina Elzarraraz
Based on the "Topic" and "Subtopic," I missed a question about: <u>Anxiety & mood disorders Techniques</u>			
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content		
<p>List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)</p> <ol style="list-style-type: none"> 1. Catharsis - Release of feelings that takes place as the pt. talks about emotionally charged areas 2. Clarification - encouraging pt. to express more clearly the relationships among certain events 3. Suggestion - influencing person to accept idea or belief 4. Reinforcement of behavior - giving pt. positive response to adaptive behavior 5. Support of defenses - encourage use of healthy, adaptive defense & discouraging those that are unhealthy or maladaptive 			

Question #	4		
Based on the "Topic" and "Subtopic," I missed a question about: <u>Bulimia Nervosa</u>			
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content		
<p>List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)</p> <ol style="list-style-type: none"> 1. Do not appear physically or emotionally ill. 2. Close to ideal body wt. 3. Biggest sign: Russell sign (scar on hand) - induced vomiting 4. Lab testing: electrolyte levels, glucose levels, thyroid function test, CBC, ECG 5. Fluoxetine is only FDA approved antidepressant to tx BN 			

Question #

5

Student Name:

Alina Elizarraga

Based on the "Topic" and "Subtopic," I missed a question about: Substance Use & Addictions: Alcohol



I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

1. 3 meds for sobriety - Disulfiram, Naltrexone, Acamprosate
2. excessive alcohol intake over years can lead to dementia.
3. 1st neuro abnormality to occur is Wernicke + encephalopathy, 2nd Korsakoff.
4. Typical triad symptoms of Wernicke's is confusion, ataxia, nystagmus
5. If Wernicke-Korsakoff occurs, Thiamine + abstinence from alcohol is urgently indicated

Question #

Based on the "Topic" and "Subtopic," I missed a question about:



I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)