

Mayci Wood

POST CLINICAL REFLECTION DAY 1

This exercise strengthens your clinical judgment skills.

Reflect on your clinical day and the decisions you made caring for this patient by answering the questions below.

Day 1 Reflection Questions	Student Nurse Reflection
What feelings did you experience in clinical today? Why?	I felt more confident during this second half of my clinical experiences. I was also excited to go in on my scheduled days because I looked forward to working in the Postpartum Mom and baby unit. I also felt more comfortable with the other staff since I had seen them so much.
What did you already know and do well as you provided patient care today?	I already knew how to administer the meds, and how to check baby's vitals. I did a good job at checking in on my pts and assisting them with anything they needed as well as chart everything that was necessary.
What areas do you need to develop or improve?	I needed to improve a little on the prioritization of my pt needs. Aside from practicing better prioritization, I feel pretty confident in my abilities.
What did you learn today?	Throughout this experience I have learned a LOT. I learned the importance of breastfeeding, positive communication, and trust between the nurse & the patient.
How will you apply what was learned to improve your patient care?	I love positive communication and building bonds between myself & the patients. I will continue to try to maintain these effort with ALL patients that I come in contact with.