

Maddie Brouillette

### **Final Clinical Reflection**

I am so very thankful for this preceptorship in the Neonatal intensive care unit. With only 10 shifts, I feel like I have changed so much as a nurse. I definitely feel more confident in myself and have a sense in knowing that I can do this. I have learned so much through this process and I learn something new every single day I am on the unit. Kayla, my preceptor, has been great. She is very encouraging and is always giving me compliments when I do skills. I can tell that she is confident in me which helps me to feel more confident in myself. In my last shift, I took on all 3 patients by myself. I did all of their cares and charted everything for each of them. I am very thankful that I got to do that before I start an actual job to get a real feel of how everything works. I have done very well on trying to stay on top of things and stay on schedule. It helps a lot to write my day out in the morning and try to stay on track. One thing I struggled with a lot in the beginning is the charting, but I now feel very confident in myself in my ability to chart and not leave certain things out. Something I feel like I can work on is my communication to parents. I think this will just come with more experience and having all of the knowledge I can to answer certain questions. I got to take care of a patient and saw a first time mom take care of her baby. She was young and very scared, so it took us talking her through different things for her to feel more comfortable. I had to take care of a baby that was a CPS case. It was a very sad situation, but it made me happy to be able to take care of him while I could. I got to help hold a baby for a doctor to do an eye exam on him. I got to see a baby with an ostomy that was perforated and see the bag be changed. I have gotten to take care of an intubated baby, and I got to see how much the Respiratory therapists are involved. I had such a great experience being able to take care of these babies. Each and everyday I would learn something new, and I will take this whole experience with me as I start a new job. I have more knowledge now than when I first started, and it will help me to be a better nurse in the future.