

IM8: Capstone Appraisal of Student Performance

(preceptor Completes and Review with student)

Student: Jessica Cervera

Midterm: _____

Unit: Labor & Delivery

Finals: ✓

1. Please reflect on the student's clinical performance during the capstone preceptorship and appraise the following:

Clinical Learning Outcomes	Below Average Performance Needs Significant Guidance	Satisfactory Performance Needs Average Guidance	Outstanding Performance Needs Minimal Guidance
a. Safety/Quality: Integrate nursing care using evidence-based practice to promote safety and quality for patients, self and others			✓
b. Communication: Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in various healthcare settings. (SBAR, Documentation, patient advocacy)		✓	
c. Clinical judgement: Integrate use of current evidence-based practice and clinical competence when making clinical decisions in the provision of patient centered care. (Clinical Judgement model)			✓
d. Patient centered care: Integrate nursing care for patients from diverse backgrounds based on patient age, culture, values, and educational needs.			✓
e. Professionalism: Integrate knowledge, skills, and attitudes required of the professional nurse, embracing lifelong learning to improve the quality of healthcare.			✓

2. What do you think are the student's personal strengths?

Eagerness to learn & adapts ~~very~~ quickly! Positive attitude & provides excellent patient care. Will make a wonderful nurse!

3. What have you identified as an opportunity for improvement for the student?

More practice with communication with patients and doctors / interdisciplinary team members. Otherwise, all is well.

Preceptor Signature: E Ramirez RN Date: 11/26/25

Student Signature: Jessica Cervera Date: 11/26/25

Covenant 
 School of Nursing
 Student Name Jessica Cervera

Record of Precepted Clinical Experiences

Date	Exact Time Ex.(0645-1915)	Location	Preceptor's Print & Signature
10/25/25	0640-1920	Plainview	ERamirez RN
10/30/25	0640-1915	Plainview	ERamirez RN
11/7/25	0640-1915	Plainview	ERamirez RN
11/8/25	0640-1920	Plainview	ERamirez RN
11/13/25	0640-1930	Plainview	ERamirez RN
11/14/25	0640-1920	Plainview	ERamirez RN
11/16/25	0640-1915	Plainview	ERamirez RN
11/20/25	0640-1920	Plainview	ERamirez RN
11/22/25	0640-1910	Plainview	ERamirez RN
11/26/25	0640-1920	Plainview	ERamirez RN

REMINDER: Do not pre-fill out, Document your actual time after each shift & have your preceptor sign. The time prior shift starting time & the time after does not count extra, 0645-1915 is simply a 12 hour shift.

Preceptor's Signature ERamirez RN
 Preceptor's Signature ERamirez RN

<p>Highlights:</p> <ol style="list-style-type: none"> transfer pt documented times filey cone <p>Areas to improve:</p> <ol style="list-style-type: none"> charting adjusting monitors pt communication/education <p>Skills observed & performed:</p> <ol style="list-style-type: none"> in sent filey Narcotic administration / O₂ monitoring reposition pt w/ epidural 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 11/13 <u>JC</u> Student</p> <hr/> <p><u>ER</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> 24 hour testing for infants documenting assessments assisting w/ circumcision <p>Areas to improve:</p> <ol style="list-style-type: none"> helping w/ education for discharges practice more assessments drawing infant PKU's <p>Skills observed & performed:</p> <ol style="list-style-type: none"> bathting infant hearing screen vital signs on infant 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 11/14 <u>JC</u> Student</p> <hr/> <p><u>ER</u> Preceptor</p>
<p>Highlights:</p> <ol style="list-style-type: none"> performed ultrasound stocked/supplied L&D rooms triaged L&D pt. <p>Areas to improve:</p> <ol style="list-style-type: none"> interpreting L&D FHT strips starting triage questions for L&D scanning samples for lab <p>Skills observed & performed:</p> <ol style="list-style-type: none"> ultrasound on 11wk gravid pt pushed antibiotic med through IV removed IV's 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 11/16 <u>JC</u> Student</p> <hr/> <p><u>ER</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> First IV start follow hypertension protocol admission questions <p>Areas to improve:</p> <ol style="list-style-type: none"> time management talking w/ family finding FHT w/ doppler <p>Skills observed & performed:</p> <ol style="list-style-type: none"> IV start med administration verifying correct dosage of meds 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 11/20 <u>JC</u> Student</p> <hr/> <p><u>ER</u> Preceptor</p>
<p>Highlights:</p> <ol style="list-style-type: none"> 24 hour testing for infants assessing mother + infant completed PKU <p>Areas to improve:</p> <ol style="list-style-type: none"> fetal assessment building pt rapport communication <p>Skills observed & performed:</p> <ol style="list-style-type: none"> infant hearing screen charting time management 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 11/22 <u>JC</u> Student</p> <hr/> <p><u>ER</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> Second IV start administering blood products assessed for adverse reactions <p>Areas to improve:</p> <ol style="list-style-type: none"> interpreting fetal strips spiking Y tubing for blood charting <p>Skills observed & performed:</p> <ol style="list-style-type: none"> communicated well w/ pt/ built rapport IV start + med administration reviewing fetal heart rate strip in L&D 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 11/26 <u>JC</u> Student</p> <hr/> <p><u>ER</u> Preceptor</p>

IM8 Capstone Preceptorship: Student Self-Evaluation

1. Please reflect on your performance during the capstone preceptorship and rate yourself on the following:

	I need significant guidance	I need average guidance	I need minimal guidance
a. Safety/Quality: I integrate nursing care using evidence-based practice to promote safety and quality for patients, self and others		✓	
b. Communication: I Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in various healthcare settings. (Documentation, Patient advocacy, & SBAR)		✓	
c. Clinical judgement: I integrate use of current evidence-based practice and clinical competence when making clinical decisions in the provision of patient centered care. (Clinical judgement model)		✓	
d. Patient centered care: I integrate nursing care for patients from diverse backgrounds based on patient age, culture, values, and educational needs.			✓
e. Professionalism: I integrate knowledge, skills, and attitudes required of the professional nurse, embracing lifelong learning to improve the quality of healthcare.			✓

2. What do you think are your personal strengths?

I think I do well with asking questions, and asking for help.

3. What have you identified as a personal opportunity for improvement?

I need to improve with communicating & feeling confident when doing different skills.

Student Signature: Jessica Cervera Date: 11/26/2025

Evaluation of Preceptor by Student

Name of Preceptor: Elizabeth Ramirez, RN Clinical Unit: Labor & Delivery

Please rate your preceptor on each question 1=Never/Poor 2=Seldom/Mediocre 3=Sometimes/Good 4=Often/Very Good 5=Always/Superb	Rating Please circle
Establishes a good learning environment (approachable, nonthreatening, enthusiastic, etc.)	1 2 3 4 (5)
Stimulates me to learn independently	1 2 3 4 (5)
Allows me autonomy appropriate to my level/ experience/ competence	1 2 3 4 (5)
Organizes time to allow for both teaching and care giving	1 2 3 4 (5)
Offers regular feedback (both positive and negative)	1 2 3 (4) 5
Clearly specifies what I am expected to know and do during the training period	1 2 3 4 (5)
Adjusts teaching to my needs (experience, competence, interest, etc.)	1 2 3 4 (5)
Asks questions that promote learning (clarifications, probes, Socratic questions, reflective questions, etc.)	1 2 3 (4) 5
Gives clear explanations/reasons for opinions, advice, or actions	1 2 3 4 (5)
Adjusts teaching to diverse settings (bedside, charting, nurses station, etc.)	1 2 3 4 (5)
Coaches me on my clinical/ technical skills (patient history, assessment, procedural, charting)	1 2 3 4 (5)
Incorporates research data and/or practice guidelines into teaching	1 2 3 4 (5)
Teaches diagnostic skills (clinical reasoning, selection/interpretation of tests, etc.)	1 2 3 4 (5)
Teaches effective patient and/or family communication skills	1 2 3 4 (5)
Teaches principles of cost-appropriate care (resource utilization, etc.)	1 2 3 4 (5)

1. What did you like best about your preceptor?

I enjoyed working with Lizzie. She really cares for her patients & shows compassion. She was also very helpful & taught me so much.

2. Do you have any suggestions for your preceptor to consider when working with future students?

I think she did a wonderful job. I think just asking more questions when it comes to medications administered.

Student Signature: Jessica Coura Date: 11/26/2025

Instructional Module *: Capstone Precepted Clinical Experience Skills Check list

Labor & Delivery

Purpose: This inventory of required skills is to be completed : Orientation, Clinical Midterm & Clinical Finals

Introduction: Pre-Assessment= Mark an X on each skills that describes your experience.

Preceptorship Clinical Time= Write the date & preceptor's initial that describes your experience.

Skills	Student's Pre- Assessment			Preceptorship Clinical Time	
	No Experience	CPE	Clinical (supervised)	Supervised	Performed independently
1. Assessment			X		
a.Cervical dilation			X		
b.Labor status			X		
c.External monitor			X		
d.Homan's sign	X				
e.Bladder Distention	X				
f. Fundus			X	11/20 ER	
2. Documentation				11/7 ER	
a.Assessment			X		
b.Vital signs			X	10/30 ER	
c.Admission			X	11/20 ER	
d.Discharge			X	11/14 ER	
e.Transfer	X			11/13 ER	
3. Collaborative Communication					
a.SBAR			X	11/22 ER	
b.Case Mgt.	X				
c.Physician	X				
d. Pharmacy	X				
e. Diagnostic				11/16 ER	
f. Respiratory				11/18 ER	
g.Pt/OT	X				
h. Chaplain	X				
4. Medication				X	
a. PO				10/25 X ER	
b.IVPB				11/16 ER	
c.IM/SQ				11/20 ER	
d.IV push				11/20 X ER	
e. Heparin/Saline Lock	X				
5. IV infusions					
a. Magnesium				11/13 ER	
b. Pitocin				11/13 ER	
c. Terbutaline	X				
d. methergine				11/14 ER	
e.Heparin	X				
f. Oxytocin				11/13 ER	
f. Antibiotic				11/14 X ER	
6. Labor & Delivery					
a. Assist Epidural				11/13 ER	
b. b.Assist vacuum	X				
c. Assist Forcep	X				
d. Assist Vaginal				11/7 ER	
e. Assist twin del.	X				
f. Assist breech del.	X				
g. Assist C/S set up	X				

h. Assist D&C	X				
i. Assist Blood Transf.					11/26 ER
j. Perineal prep				11/13 ER	
k. Intrauterine cath	X				
l. Vaginal Exam			X		
M. Assist Episiotomy				11/8 ER	
N.	X				
o. Assist DR set up				11/8 ER	
p. Insert Foley				11/13 ER	
q. Blood glucose				11/14 ER	
7. Postpartum Care					
a. Perineum care				11/13/ER	
b. Fundal Massage				11/20 ER	
c. Episiotomy care			X	11/8 ER	
d. Manage pain				11/20 ER	
e. Nipple care	X		X		
f. Post anesthesia	X		X		
g. Newborn care			X	11/14 ER	
d. Monitoring			X	11/22 ER	
8. Care management					
a. Diabetic mother				11/20 ER	
b. PIH	X				
c. Pre-eclamptic			X	11/13 ER	
d. Preterm labor	X				
e. Prolapsed cord	X				
f. Abruptio	X				
g. Placenta previa	X				
h. Retained placenta	X				
i. Hemorrhage				11/8 ER	
j. Shoulder Dystocia	X				
k. DIC	X				
a. Suction				11/8 ER	
b. Dressing change	X				
c. Check placement				11/8 ER	
d. Monitor				11/8 ER	
9. Documentation					
a. Vital signs					11/13 ER
b. Assessment					11/13 ER
c. Admission					11/13 ER
d. Discharge/Trans.					11/13 ER
14. Peripheral IV					
a. Initiate					11/20 ER
b. monitor					11/20 ER
c. Removal					11/16 ER
15. Oxygen Therapy					
a. Nasal Cannula	X				
b. Venturi mask	X				
16. Patient Education					
a. Breathing technique				11/8 ER	
b. Medication				11/8 ER	
c. Safety				11/13 ER	
d. Incision care				11/18 ER	

e. Newborn care					11/14 ER
17. Unit Routines					
a. Admission					11/20 ER
b. Discharge					11/16 ER
c. Transport				11/13 ER	
e. Sepsis protocol	X				
i. Huddle					11/18 ER
18. Code Blue					
a. Observe				11/13 ER	
b. Participate	X				
19. Others					

Student Name (Print): Jessica Cervera

Student Signature: Jessica Cervera

Clinical unit: Labor & Delivery

Preceptor: Elizabeth Ramirez

Date: 11/26/2025

