

## IM5 Clinical Worksheet – Pediatric Floor

<p>Student Name: <u>Andrew Egert-Perez</u> Date:</p>	<p>Patient Age: Patient Weight: <u>49.4kg</u></p>
<p>1. Admitting Diagnosis and Pathophysiology (State the pathophysiology in own words) <u>Tib/Fib Fx.</u> <u>Broken bone to the left lower leg, both bone tibia &amp; fibula broken distally.</u></p>	<p>2. Priority Focused Assessment You Will Perform Related to the Diagnosis: <u>musculoskeletal as in swelling, cap refill, pulses, temp, sensation: All bilaterally. neurovascular</u> <u>Neurovascular, as in sensation in bilateral extremities.</u></p>
<p>3. Identify the most likely and worst possible complications. <u>Severe swelling that causes compartment syndrome. loss of sensation, decrease pulse. PE/DVT from broken leg which can cause respiratory problem.</u> <u>monitor for bleeding</u></p>	<p>4. What interventions can prevent the listed complications from developing? <u>musculoskeletal</u> <u>Deep breath &amp; cough, ice for swelling, RICE</u></p>
<p>5. What clinical data/assessments are needed to identify these complications early? <u>Respiratory needs to be monitored</u> <u>Left leg needs to be assessed for swelling, no cyanosis to foot, strong pedal pulses. monitor for bleeding, direct pressure</u></p>	<p>6. What nursing interventions will the nurse implement if the anticipated complication develops? <u>Oxygen, Put in a sitting position,</u> <u>contact doctor for PE/DVT symptoms.</u> <u>direct pressure if bleeding occurs</u></p>
<p>7. Pain &amp; Discomfort Management: List 2 Developmentally Appropriate Non-Pharmacologic Interventions Related to Pain &amp; Discomfort for This Patient.  1. <u>Watch TV, play on phone, talk to family</u>  2. <u>Splint leg w/ pillows: Elevate leg to prevent further swelling</u></p>	<p>8. Patient/Caregiver Teaching:  1. <u>To Rest, Ice, Compression, = Elevate to minimize swelling prior to surgery.</u> 2. <u>To practice breathing techniques just in case respiratory problems occur</u> 3. <u>To minimize any movement to hurt leg until surgery occurs.</u>  Any Safety Issues identified: <u>Bed rails need to be up.</u> <u>No walking or <del>up</del> if need to be adjusted in bed, ask for assistance.</u></p>