Abby West

Aspire, AA and Oceans Reflection (300 word minimum)

Safety & Quality Describe anything you accomplished to maintain a safe, quality environment	
Clinical Judgment As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing: • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical?	They discussed coping techniques and separation styles we have discussed in class. It was cool seing how the participants interacted and communicated. I am happy I got to hear these mens stories. It brought insight into an addicts mind and what they have been through.
Patient Centered Care Identify one client in the group, what concerns, recommendations/interventions would you suggest?	There was ~~an~~ a client who was an alcoholic and struggling with a custody matter. I would reccomend staying sober & dealing with his healthily.
Professionalism How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?	I kept an open mind & refrained from judging. It was able to let me hear their stories & feel compassion for them & truly understand their stories & where they come from.
Communication & Collaboration Describe how you utilized therapeutic communication/collaboration	I listened to their stories & used therapeutic communication to make sure I understood fully.
Feelings • How were you feeling at the beginning? • What were you thinking at the time? ? How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? ? What is the most important emotion or feeling you had?	I was feeling a little nervous because I didnt really know what I was walking into. I enjoyed my time there and it was an extremely nice facility and ran by awesome people. I am very thankful for this oppritunity and that I now know this resource.
Evaluation What stood out the most about Aspire, AA, or Oceans	what stood out most was how gracious the owners are and how much they care for these people.

Abby West

Covenant School of Nursing

PMH CSON Student Community Site Verification Form

Instructional Module: IM 6

Student Name: Abigail West

Instructor Contact Information:
Annie Harrison - (806) 224-3078
Jaynie Maya - (806) 928-8753

Community Site: ASpire **Date:** 11/19/25
Student's Arrival Time: 5:00 **Departure Time:** 9:00
Printed Name of Staff: Rob Cusy **Signature:**

Community Site: **Date:**
Student's Arrival Time: **Departure Time:**
Printed Name of Staff: **Signature:**

Community Site: **Date:**
Student's Arrival Time: **Departure Time:**
Printed Name of Staff: **Signature:**

Community Site: **Date:**
Student's Arrival Time: **Departure Time:**
Printed Name of Staff: **Signature:**

Community Site: **Date:**
Student's Arrival Time: **Departure Time:**
Printed Name of Staff: **Signature:**