

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical? Why?</p>	<p>I was anxious and nervous I really didnt know what to expect with my patient upon entering the room during my scenerio I felt relief because I was in charge of the scenerio and felt calm as the scenerio progressed</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I know I provided good education and acknowledgement to my patient as they mentioned worrying about financial hardship. I prioritized my nurse and baby held my composure as my patients expressed thier needs</p>
<p>What areas do you need to develop/improve?</p>	<p>I need to improve my hand hygiene and should work on gloving more when touching patients, also need to learn how to read the toco machine and learn to read the contractions I also need to work on my sbar to the Dr and readback my orders</p>
<p>What did you learn today?</p>	<p>Today I learned to stay calm work through My high yield points worked on keeping my pt and pt family calm as I needed assistance from my other nurses without making the enviroment stressful - I also learned to utilize my CN in my patient care</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will apply this during my patient care in the realworld by continuing to be confident keeping the enviroment calm and safe always prioritizing and advocating for my Patient.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<p>1. Clinical judgement: used good clinical judgement during my ob sim when I went into my patients room and realised she may be going into preterm labor and decided to do a vaginal exam and call Dr with outcomes I found.</p> <p>2. Communication : collaboration: I believe I did good therapeutic education with mom and family as my patient was worried about finances I did my best to supress the concern and give resources regarding free clothes and Car seats.</p> <p>3.</p>