

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**ERNESTO FALCON**

**November 19, 2025**

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p><i>I really felt in a safe learning environment and being reassured that we were in a learning place. I feel you (Ms. Soliz just encouraging us that things were going to be ok really helped bringing my anxiety down, was a plus for me especially.</i></p>
<p>What did you already know and do well as you provided patient care?</p>	<p><i>For me, I feel that the patient is a priority and the patient is to help with keeping them safe and comfortable. I know that not every patient is going to be an easy person and with these scenarios, having a bit of distraction and having to think on the spot only helps me knowing I must be ready or prepared for things that (could) happen?</i></p>
<p>What areas do you need to develop/improve?</p>	<p><i>I feel that I need to have critical thinking ready to go incase something arises. Maybe look more into why patient is admitted for and have an idea of things go wrong. Also know that it is ok to ask charge nurse for help. I see that, that is reason they are there is in case I run into a question or problem</i></p>
<p>What did you learn today?</p>	<p><i>I learned that I can stay calm and that I can call for help instead of trying to do everything by myself and that teamwork goes a long way.</i></p>
<p>How will you apply what was learned to improve patient care?</p>	<p><i>Being prepared is very important than going in there and will make an assessment or just having a plan can make your assessment(s) make your day go by smoother.</i></p>
<p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b>.</p>	<ol style="list-style-type: none"> <li><b>Safety and quality</b>- administering the correct medications for mom and baby are very important. In my scenario, FHR was very important and identifying early signs of fetal distress was important and the importance of newborn safety and mom's safety too. Trying to give the best quality of service is important because patient already felt depressed and alone can help as well.</li> <li><b>Patient Centered care</b> – as nurses, we need to respect the autonomy of the patient and shared decision with Dr and family. Try and involve mom and family in making choices about pain management or involvement from partner with breathing techniques.</li> <li><b>Professionalism</b> – Working along other nurses was important and communicating with surgeon was important. Maintaining patient privacy and by having a good clear SBAR also keeps up with any changes about the patient. Advocating for the patients wishes is important when it comes for safety concerns and maintaining calm during her emergency and having to admitting her.</li> </ol>

