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POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	Throughout this simulation I was very nervous at first but I do get this way before all simulations. I think this is because you feel like you have a lot to do. Kind of seems there is a lot of pressure and you just want to do good.
What did you already know and do well as you provided patient care?	I already knew to perform a blood glucose and find the abnormal. I was able to use the syring scale and find the correct amount of insulin mom needed. I also feel like I did good teaching on what I was doing and also about her pet cat.
What areas do you need to develop/improve?	I should catch the late decels faster. My interventions could have been done faster. Reading strips on a screen is a lot different than a set picture. I will practice that.
What did you learn today?	Today I learned how to actually act out my actions for labor. I of course knew what to do because of what we learned in class, but actually doing the interventions is different. So, I am glad I was able to do that and learn.
How will you apply what was learned to improve patient care?	I will apply how I learned the late decels. I will hopefully catch this early in a hospital setting, so my pt. will have a good and safe delivery. I will also use the reassurance in a hospital setting. I feel I did already do this, but I want to implement more.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.	1. Professionalism - I used this by using therapeutic communication. I tried doing this by reassuring my pt. I was going to do everything I can to ensure the mom and baby are happy and healthy. Especially with this mom because she had a stillbirth while in a similar situation before. 2. 3.