NAME: __Osvaldo Colmenero_____ DATE: __11/13/2025___

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was nervous at first; after watching the other person go and remember it was a safe learning environment, I felt more at ease. I felt happy because I feel like I did well in certain areas but also knew where I could improve and do better. In the end it was a lot of fun while also being very informative.
What did you already know and do well as you provided patient care?	Seeing the patient had SROM the previous night, I knew that their labor progress was delivering and that I had to watch how close they were to delivery. I feel like I prioritized my assessments well and stayed organized in what I wanted to do.
What areas do you need to develop/improve?	My awareness, I did not notice the incorrect oxytocin rate on the pump and failed to recognize that they needed IUR until the physician told me. And in another scenario the baby was stolen in front of me while I was checking the BP. I also could improve my communication and patient education.
What did you learn today?	I learned what a patient might say when needing IUR in reaction to oxytocin, it was in exam 1 content, so I had forgotten since now. I also realized that the family should also be taught on how to read the FHR and Contraction monitor after watching someone else educate the family member about it.
How will you apply what was learned to improve patient care?	I will try to be more vigilant to my surroundings. While the baby being stolen is an outlier, I need to watch my surroundings more and be aware of anything that could affect the patient. I will also improve my family communication as I have only focused on my communication with the patient so far.
Please **reflect** on how your OB simulation learning experience assisted in meeting 2-3 of the **Student Learning Outcomes.**	1. I improved my skills in collaboration. I attempted to delegate roles to others where I could and let myself ask for help when needed or when I felt like others could do something better and they were willing. 2.Clinical Judgment, when I did my paperwork I was primarily focused on the infection risk from SROM and high blood pressure. While that was important, I learned more about my patient and realized that I needed to do a cervical exam to check labor progress and implemented it into my plan when going in. 3. Professionalism, I feel as though I was able to stay professional when communicating. I also did my best when maintaining patient dignity when I had to ask to remove the gown and potentially expose them.