

Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
	Isotonic <input type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/>			

Student Name: <i>Crystal Mendoza</i>		Unit:	Patient Initials:		Date:	Allergies:	
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Hydroxyzine pamoate	Antihistamine	Anxiety	25mg PO PRN q6	<i>yes</i>		Drowsiness dry mouth urinary retention Blurred vision headache	1. can cause dizziness/drowsiness avoid driving. 2. Increase fluid intake 3. can take 20-30 min to take effect 4. Avoid alcohol & other CNS depressants
lorazepam	Benzodiazepine	Alcohol withdrawal / anxiety	1-2 mg PO PRN q4 hours	<i>yes</i>		highly addictive with long-term use Drowsiness/dizziness Respiratory depression	1. Do Not discontinue abruptly → Taper off 2. Avoid alcohol or other CNS depressants 3. Monitor respiratory status 4. Caution when driving → slows reflexes
haldol	antipsychotic	for psychotic symptoms/agitation	10 mg IM PRN q8	<i>yes</i>		Extrapyramidal symptoms Neuroleptic malignant syndrome Dry mouth Tachycardia / prolonged QT orthostatic hypotension	1. Assess for neck stiffness → EPS 2. Assess for fever, muscle rigidity, confusion → NMS 3. Encourage sugar free candies & liquids for dry mouth 4. Can take 2-4 weeks for full effect.
diphenhydramine	antihistamine	management of cholinergic effects of antipsychotic	50 mg IM q8 PRN psychotic symptoms	<i>yes</i>		Drowsiness dry mouth Constipation Blurred vision	1. Increase fluid intake → constipation 2. Avoid driving 3. Caution with use in older adults 4. Avoid other CNS depressants like alcohol

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Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
acetaminophen	Analgesic/antipyretic	Mild-moderate pain	500 mg PO q6 for pain of 1-4 on pain scale	yes		Hepatotoxicity Allergic reaction Renal impairment	<ol style="list-style-type: none"> 1. monitor dosage → 4,000 prevent liver damage 2. Avoid alcohol → hepatotoxicity 3. Report any rashes → Allergic reaction 4.
olanzapine	antipsychotic	Agitation/psychotic behavior	5 mg PO q6 for agitation	yes		Weight gain sedation/dizziness EPS / tardive dyskinesia	<ol style="list-style-type: none"> 1. monitor metabolic parameters → metabolic syndrome 2. move slowly due to orthostatic hypotension 3. Educate on lifestyle changes → weight gain 4. monitor for muscle stiffness → EPS tremors or fever.
ibuprofen	NSAID	Mild-moderate pain	400 mg PO q6 for pain of 1-4 on pain scale	yes		GI irritation Renal impairment	<ol style="list-style-type: none"> 1. Take with food to avoid irritation 2. monitor bleeding & report bleeding in gums or blood in stool. 3. Assess intake & output for impaired function 4.
risperdal	antipsychotic	Psychotic behavior/bipolar mania	1 mg tablet PO BID	yes		metabolic syndrome EPS orthostatic hypotension	<ol style="list-style-type: none"> 1. Monitor for signs of diabetes 2. monitor total cholesterol due to metabolic changes 3. monitor weight → ↑ weight gain 4. Report sudden neck stiffness

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Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Nicotine patch	Stimulant	Nicotine replacement	21 mg transdermal patch daily	yes		Skin irritation at site headache	<ol style="list-style-type: none"> 1. Avoid lotions at application site 2. Rotate sites 3. Do not cut or fold patch 4. you can still shower/swim with patch
ziprasidone	antipsychotic	Psychotic behavior/bipolar disorder/mania	40 mg PO BID	yes		prolonged QT interval weight gain drowsiness	<ol style="list-style-type: none"> 1. Monitor heart while on it. 2. Take with food 3. monitor metabolic changes 4. change positions slowly due to drowsiness
prazosin	Alpha-blocker	Nightmares	1 mg PO QHS	yes		headache / fatigue light headedness sudden drop in blood pressure	<ol style="list-style-type: none"> 1. Take at night to prevent harm from hypotension 2. Do not suddenly stop taking 3. monitor blood pressure 4. Do not double dose if missed.
Nicotine inhaler	Stimulant	Nicotine replacement	10 mg cartridge for inhalation Q2	yes		Throat & mouth irritation Nausea Dizziness & headache	<ol style="list-style-type: none"> 1. Taper gradually 2. Inhale slowly to avoid nausea 3. No eating or drinking 15 min before/after 4. Monitor for palpitations, NIV, dizziness