

## Pediatric ED Reflection Questions

**1. What types of patients (diagnoses) did you see in the PED?**

I saw a broken arm, laceration from a dog bite, infection of a central line, and canker sores.

**2. The majority of the patients who came into the PED were from which age group? Was this what you expected? Majority that came in were school aged. I expected to see more toddlers and adolescents.**

**3. Was your overall experience different than what you expected? Please give examples.**

Yes the experience was different than I expected. I was surprised by the different types of rooms and reasons for them. I was also surprised by the small doses of medication to administer and having to dilute the medication with saline.

**4. How did growth and development come into play when caring for patients (both in triage and in treatment rooms)?**

While removing IV tape to discontinue an IV, the 15-year-old patient acted mature enough to handle it even though it was painful. His behavior fit Erikson's theory of development of identity vs role confusion by acting independent and in control.

**5. What types of procedures did you observe or assist with?**

I assisted with starting IVs, I took out 2 IVs, I saw them sedate a patient to relocate a broken arm, draw blood from a central line, and draw blood for blood cultures.

**6. What community acquired diseases are trending currently?**

The nurse I asked stated that Enterorhinovirus was the most common community acquired disease at this current time.

**7. What community mental health trends are being seen in the pediatric population?**

My nurse said suicide and depression. I also saw a 9-year-old come in with suicidal tendencies.

**8. How does the staff debrief after a traumatic event? Why is debriefing important?**

The staff debriefs together to discuss what happened, what went well, and what can be improved.

This is good because they learn from the experience and have strong communication.

**9. What is the process for triaging patients in the PED?**

The process for triaging patients begins with walk-in assessment, the patient's story, their VS, and filling out the triage worksheet.

**10. What role does the Child Life Specialist play in the PED?**

Child life plays an important role in comforting and distracting patients during procedures to help reduce anxiety and create a less traumatic experience.