

NAME: Megan Alonzo

DATE: 11/12/25

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I felt nervous initially because I felt unprepared for an OB scenario, when I hadn't seen it in clinical but I ended feeling extremely confident actually a lot more prepared for clinical
What did you already know and do well as you provided patient care?	I'm a talker, so patient education was provided well I think I also had good advocacy for my patient
What areas do you need to develop/improve?	organizing my thoughts & making sure I verify my patient when walking in
What did you learn today?	I learned to never trust anyone around a newborn! I think even though I feel I advocated well I think it taught me some confidence to do so in real life practice as well.
How will you apply what was learned to improve patient care?	I just want my patient to feel seen, listened to & heard I want them to know I am there to make sure they are safe & happy (as they can be) under my care I want my patients to feel like a priority in my care
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes . Clinical judgement: making sure I used my CJ to advocate for my patient against the Drs orders to ↑ oxytocin to quickly	<ol style="list-style-type: none"> 1. Patient centered care: we maintained Pt wishes to have pain meds administered with S/O out of room as well as advocate for her against Physician & S/O (IPV question) 2. Professionalism: maintaining professional communication under extreme circumstances (kidnapping) & bringing my patient care back to attention after handling the situation 3. Communication & collaboration: communicating w/ my other nurses to get S/O out of the room to do on IPV screening on my patient