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DATE: 11/12/25

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>Sim made me feel nervous and proactive. I was nervous about the EFM. I didn't feel confident in reading the strip. After Day one I took the time to review notes and look up other sources to better understand.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I feel I have an organized flow as I navigate through my assessments while conversating with my patient. This helps my patient feel more at ease.</p>
<p>What areas do you need to develop/improve?</p>	<p>I need to improve reading the fetal strip. I would have liked to visually show mom &amp; explain what was going on with the monitor as her visual comfort that baby was fine.</p>
<p>What did you learn today?</p>	<p>Being your patient's advocate is a priority. When they are at a vulnerable state we are there vice.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will be an advocate. Even if it's against a doctor. If I'm unsure I will politely tell the provider I'm uncomfortable to this order.</p>
<p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes.</b></p>	<p>1. Professionalism - When my patient's partner attempted to guilt her into not taking pain meds I was able to advocate for her in a way that didn't put her against her partner, or disregard his concern.</p> <p>2. Safety/quality - When the dad showed signs of IVP we were able to make a plan to get dad out to ensure patient felt safe and provide resources should she want them.</p> <p>3. Communication/Collaborate - I was able to provide my pt. mother with info to billing, &amp; community financial resources to ease her concern. I was able to re-enforce to my pt that her health and child's health was above financial concern.</p>