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DATE: 11-11-25

### POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	Very nervous because I was the first one to go. Scared that I would mess up and not know what to do in there.
What did you already know and do well as you provided patient care?	I knew that we could give cold drink to wake up baby and use the busser to ↑ activity
What areas do you need to develop/improve?	My therapeutic communication, inform pt thoroughly
What did you learn today?	I learned that how to educate on food habits and nutrition I learned how to perform Leopolds
How will you apply what was learned to improve patient care?	to make sure to do everything I can to get baby moving if not we will call the physician to know the next steps.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes.</b>  CJ  P	<ol style="list-style-type: none"><li><b>Professionalism</b> everytime the sister offered bad junk food I intervered very polietly to let them know that it isn't good for baby.</li><li><b>Patient centered care</b> asking pt about mental health. pt expression being bored and laying in bed for 3 wks. I asked about was she feeling depressed and what activities was she doing to keep busy.</li><li><b>Communication</b> I communicated what procedure were being done and why we are doing to them and answered all of the questions</li></ol>