



VEAL CHOP
MINE

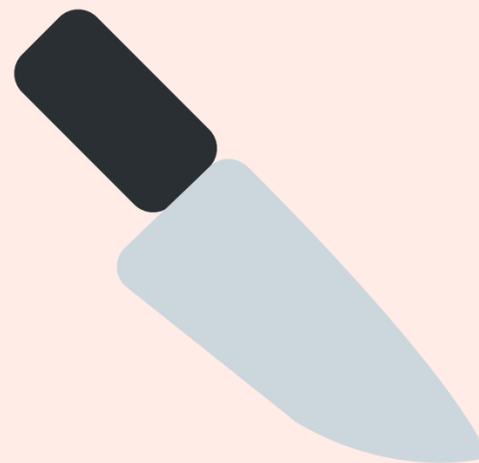
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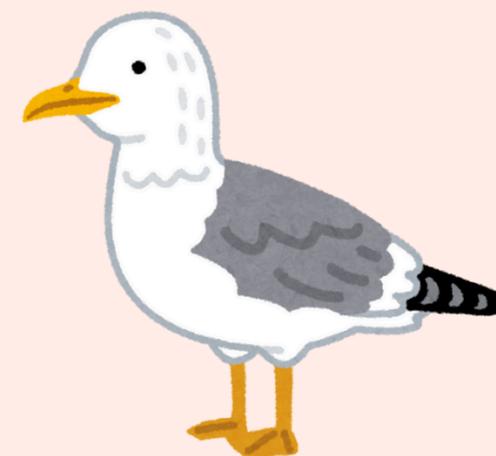
ELEMENTS



VEAL



CHOP



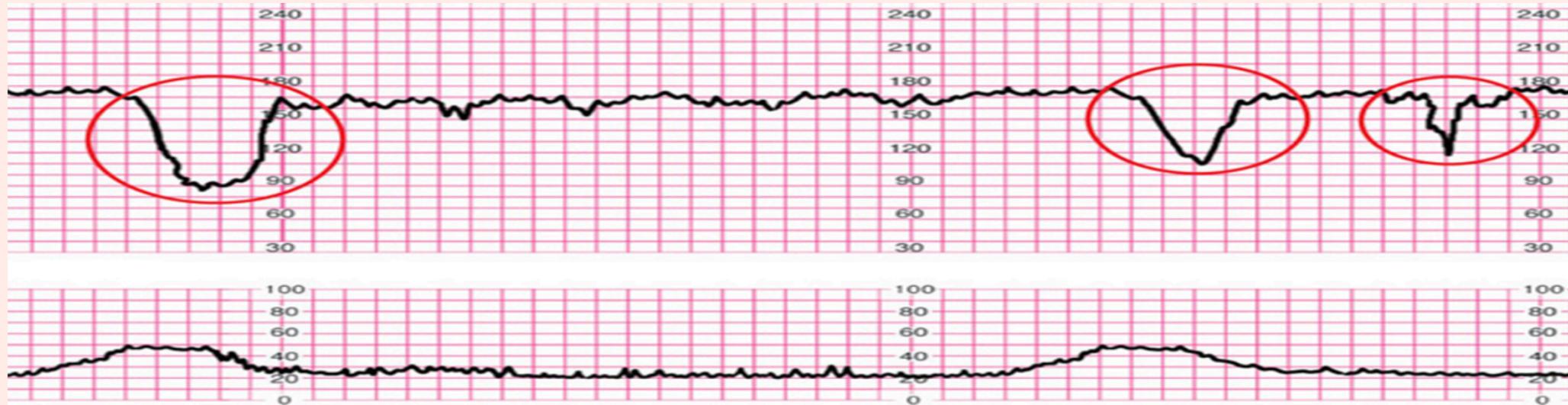
MINE

CLINICAL IMPORTANCE

This mnemonic helps nurses to:

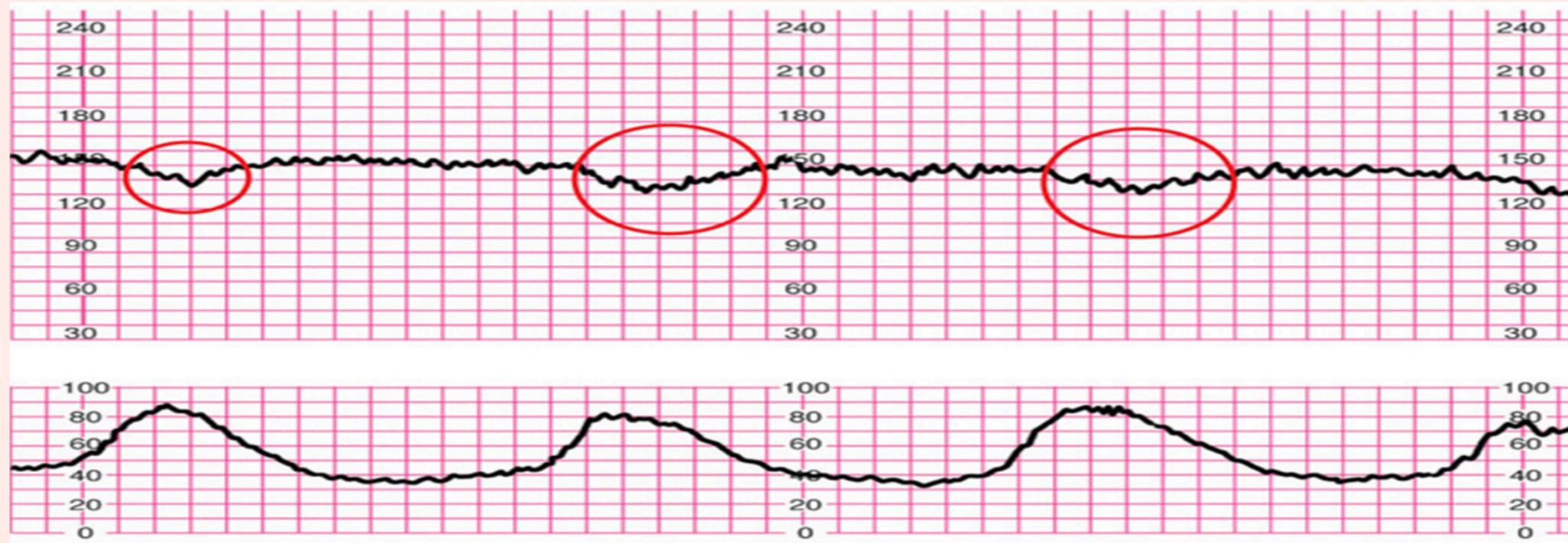
- Provide safe & effective care during labor
- Quickly recognize potential problems
- Take appropriate actions to promote fetal well-being

VARIABLE DECELERATIONS



NO correlation to contractions

EARLY DECELERATIONS



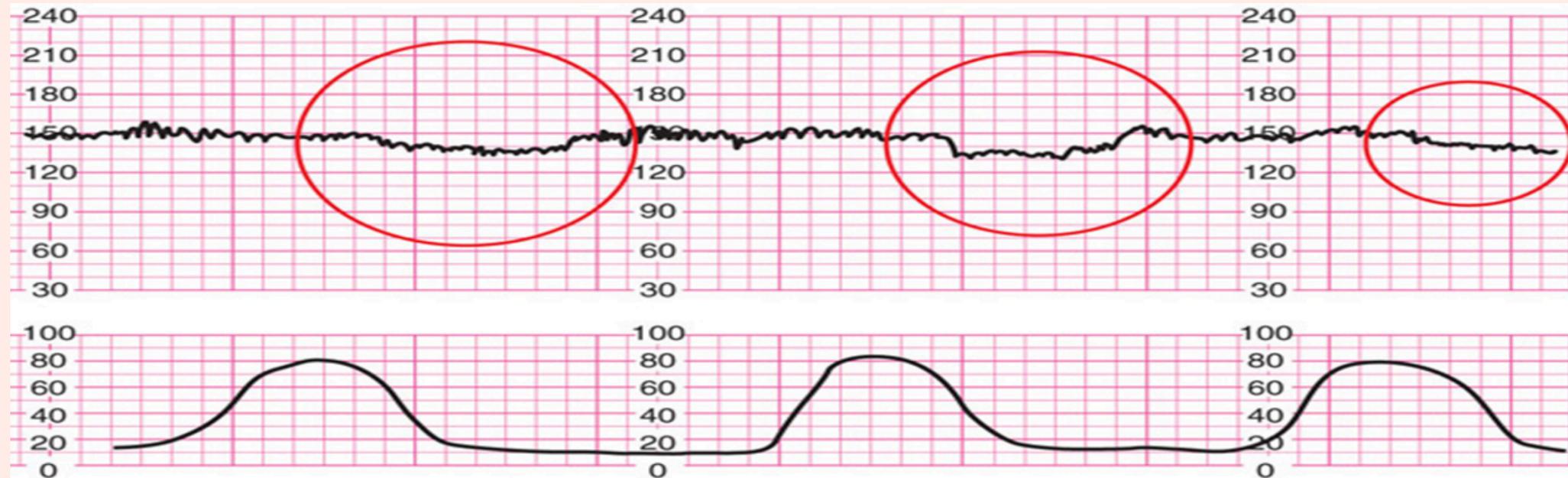
MIRRORS contractions

ACCELERATIONS



Occurs with: Fetal movement
Contractions
Vaginal exams
Breech presentations

LATE DECELERATIONS



Occurs AFTER contractions

CHOP

1 Cord Compression

- blood flow restricted through umbilical cord

2 Head Compression

- fetal head squished by uterus during maternal contraction

3 Okay

- baby is happy & has adequate oxygenation

4 Placental Insufficiency

- baby is no longer receiving contents from mom

MINE

1 Variable Decelerations

Maternal repositioning

2 Early Decelerations

Identify labor progress

No interventions needed

3 Accelerations

No interventions needed

4 Late Decelerations

Place mother in left lateral position

Increase fluids

Place on oxygen

STOP oxytocin

**Intrauterine
resuscitation**

!!!

QUESTION

1) A nurse is reviewing the FHR tracing of a client in labor. The nurse notes variable decelerations. What is the nurse's priority action?

- A. Ask the physician about an order for an amniocentesis
- B. Reposition mom left lateral
- C. Document the findings and continue to monitor
- D. Administer oxygen at 10-15L via non-rebreather

QUESTION

2) A laboring client's fetal heart rate tracing shows late decelerations. What therapeutic interventions would the nurse implement? Select all that apply

- A. Apply oxygen at 2L
- B. Discontinue Oxytocin
- C. Elevate the client's legs
- D. Place mom in the left lateral position
- E. Request for an increase in Oxytocin dose
- F. Immediate delivery of the infant
- G. Document and continue to monitor

QUESTION

3) A nurse is caring for a pregnant mother. Upon assessment of the fetal heart monitor, the nurse notes a FHR that mirrors maternal contractions. Based on this observation, the nurse anticipates the primary reason for this occurrence is what fetal finding?

- A. Placental insufficiency
- B. Cord compression
- C. Head compression
- D. Adequate oxygenation



THANK



YOU

