

IM6 Critical Thinking Worksheet

<p>Student Name: Kynzeigh Gonzales</p>	<p>Nursing Intervention #1: Fundal massage to maintain uterine tone &amp; prevent postpartum hemorrhage.</p>	<p>Date: 11/11/25</p> <p>Patient Teaching (specific to Nursing Diagnosis):</p>
<p>Priority Nursing Problem: Decreased knowledge related to refusal of prescribed post partum and newborn medications and infant HepB vaccine.</p>	<p>Evidence Based Practice: Frequent fundal massage &amp; assessment reduce the risk of postpartum hemorrhage by promoting uterine contraction.</p>	<p>1. Explain purpose &amp; benefits of ibuprofen for uterine cramping &amp; inflammation control. 2. Discuss importance of prenatal vitamins for continued recovery &amp; breastfeeding nutrition. 3. Review safety &amp; benefits of the Hep B vaccine for newborn's lifelong protection.</p>
<p>Related to (r/t): Lack of understanding of benefits, purpose, &amp; potential risks of declining meds &amp; immunizations. As Evidenced by (aeb): pt verbalizing refusal of ibuprofen, vitamins, pepid, MSPiVone &amp; Hep B vaccine by stating "I don't need them"</p>	<p>Evidence Based Practice: Routine pain assessments improve comfort and early detection of complications in postpartum patients.</p> <p>Nursing Intervention #3: encourage ambulation, fiber and hydration to promote a bowel movement</p>	<p>Discharge Planning/Community Resources:</p> <ol style="list-style-type: none"> <li>1. NIC for breastfeeding &amp; nutritional support</li> <li>2. Lactation consultant</li> <li>3. Encourage emotional well-being for mom &amp; keep follow up appointment</li> </ol>
<p>Desired Patient Outcome (SMART goal): pt will verbalize understanding of the purpose, benefits, &amp; potential risks of declining treatment before discharge tomorrow (11/12/25).</p>	<p>Evidence Based Practice: Ambulation, fiber, hydration have been shown to promote bowel function &amp; prevent constipation in postpartum patients.</p>	

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Student Name: Wynneign Gomez BS

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<p><b>Situation:</b>          Patient Room #: _____          Allergies: <u>NKDA</u>          Delivery Date &amp; Time: <u>11/11 0055</u></p> <p><u>NSVD</u>    PC/S    RC/S</p> <p>Indication for C/S: _____</p> <p>QBL: <u>300mL</u>    BTL: _____          LMP: _____    Est. Due Date: <u>11/10</u>  <u>40w 1d</u>          Prenatal Care: &lt;28 wks _____ LPNC _____</p> <p>Anesthesia: None    <u>Epidural</u>    Spinal _____</p> <p>General    Duramorph/PCA</p> <p><b>Background:</b>          Patient Age: <u>37</u> y/o    Living: <u>U</u>          Gravida: <u>U</u>    Para: <u>U</u>    weeks          Gestational Age: <u>40</u> weeks          Hemorrhage Risk: Low    <u>Medium</u>    High</p> <p><b>Prenatal Risk Factors/Complications:</b>  <u>Thyroid Disease, GBA</u></p> <p>_____</p> <p><b>NB Complications:</b> <u>HeP B vaccine refusal</u></p> <p>_____</p> <p>_____</p>	<p>VS: <u>Q4hr</u>    Q8hr          0800: <u>2F</u>, HR <u>11</u>, RR <u>22</u>, BP <u>115/83</u>  <u>98%</u> O<sub>2</sub> on RA 0/10 pain          1200: _____</p> <p>Diet: <u>Regular</u>          Pain Level: <u>0/10</u>    Activity: <u>ambulatory</u></p> <p><b>Newborn:</b>    Male    Female          Feeding: <u>Breast</u>    Pumping    <u>Bottle</u>          Formula: <u>Similac</u>    Neosure    Sensitive          Apgar: 1min <u>7</u>    5min <u>9</u>    10min _____          Wt: <u>7</u> lbs    <u>1</u> oz    Ht: <u>19.5</u> inches</p>	<p><b>MD:</b>          Mom- <u>ZAVALA</u>          Baby- <u>FAMILIA</u></p> <p>Consults: _____          Social Services: _____</p> <p>Psych: _____</p> <p>Lactation: _____          Case Mgmt: _____          Nutritional: _____</p>
<p><b>Maternal Lab Values:</b>          Blood Type &amp; Rh <u>0+</u>          Rhogham @ 28 wks: Yes    No          Rubella: <u>Immune</u>    Non-immune          RPR: R / NR    HbsAG: + / -          HIV: + / <u>0</u>    GBS: <u>+</u> / -    Treated: <u>amp</u> X <u>2</u>          H&amp;H on admission: <u>12.0</u> hgb / <u>35.3</u> hct</p> <p><b>Newborn Lab Values:</b>          Blood Type &amp; Rh <u>0+</u>    Coombs: +    <u>0</u>          POC Glucose: _____    _____          Q12hr Q24hr AC Glucose: _____    _____          Bilirubin (Tcb/Tsb): _____          CCHD O2 Sat: _____    Post-ductal _____ %          Pre-ductal _____ %          Other Labs: _____</p>	<p><b>Vaccines/Procedures:</b>  <b>Maternal:</b>          MMR consent _____    Date given: _____          Tdap: Date given _____    <u>Refused</u>          Rhogham given pp: Yes    <u>No</u></p> <p><b>Newborn:</b>          Hearing Screen: Pass    Retest    Refer          Circumcision: Procedure Date _____          Plastibell    Gomco    Voided: Y / N          Bath: Yes    Refused</p>	

Student Name: Kyreeghn Gonzales

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<p><b>Assessment (Bubbleheh):</b>          Neuro: <input checked="" type="radio"/> WNL Headache Blurred Vision          Respiratory: <input checked="" type="radio"/> WNL <input checked="" type="radio"/> Clear Crackles          RR <u>22</u> bpm          Cardiac: <input checked="" type="radio"/> WNL Murmur B/P <u>115</u> / <u>83</u>          Pulse <u>91</u> bpm          Cap. Refill: <input checked="" type="radio"/> &lt;/= 3 sec <input checked="" type="radio"/> &gt;3 sec          Psychosocial: Edinburgh Score _____</p>	<p>Breast: Engorgement Flat/Inverted Nipple          Uterus: Fundal Ht 2U 1U <input checked="" type="radio"/> U1 <input checked="" type="radio"/> U2 U3          Midline <input checked="" type="radio"/> Left <input type="radio"/> Right          Lochia: Heavy Mod <input checked="" type="radio"/> Light <input type="radio"/> Scant <input type="radio"/> None          Odor <input checked="" type="radio"/> Y <input type="radio"/> N          Bladder: <input checked="" type="radio"/> Voiding <input type="radio"/> QS Catheter DTV          Bowel: Date of Last BM <u>11/10</u>          Passing Gas: <input checked="" type="radio"/> Y <input type="radio"/> N          Bowel sounds: <input checked="" type="radio"/> WNL <input type="radio"/> Hypoactive</p>	<p>Episiotomy/Laceration: NA          WNL Swelling Ecchymosis          Incision: WNL Drainage: Y / N          Dressing type: _____          Staples Dermabond Steri-strips  <input checked="" type="checkbox"/> Laceration or episiotomy          Hemorrhoids: Yes No  <input checked="" type="checkbox"/> Ice Packs Tucks Proctofoam          Dermoplast          Bonding:  <input checked="" type="checkbox"/> Responds to infant cues  <input type="checkbox"/> Needs encouragement</p>
<p>Treatments/Procedures:          Incentive Spirometry: Y / <input checked="" type="radio"/> N          PP H&amp;H: <u>12.0</u> hgb <u>35.3</u> hct          HTN Orders:          Call &gt; 160/110 <input checked="" type="radio"/> VS Q4hr          Hydralazine protocol Labetolol BID/TID</p>	<p>IV Fluids: Oxytocin LR NS INT          Rate: _____ / Hour          IV Site: _____ gauge Location: <u>LAC</u>          Magnesium given: Y <input checked="" type="radio"/> N          Dc'd: _____ @ _____ am/pm</p>	<p>Antibiotics: _____ Frequency: _____          _____          _____</p>
<p><b>Recommendation:</b></p>		

IM6 Student Learning Outcomes				
Safety & Quality	Clinical Judgment	Patient Centered Care	Professionalism	Communication & Collaboration
SIM	11/12 L&D	SIM	11/11/25	11/11/25
Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.	Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.	Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.	Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.	Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.

11/11/25

**Safety & Quality:**

**Clinical Judgment:**

**Patient Centered Care:**

**Professionalism:** I stayed professional by being on time, prepared, and respectful with my patients and staff. I made sure to explain what I was doing before any care and listened to my patients needs. I communicated her needs with the nurse and kept a positive attitude the entire shift. 11/11/25

**Communication & Collaboration:**