

NAME: \_\_\_\_\_ Jasmine Abalos \_\_\_\_\_ DATE: \_11/11 11/12\_\_\_\_\_

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>Simulations have always made me nervous, so that was not anything new! Since you never know what to expect, all I can do is prepare myself with the prework and what I have learned over time. I always enjoy acting and observing everyone else's scenarios. Whenever I was the primary nurse, even though it can be awkward acting, I appreciate the learning experience.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>In my scenario, my patient had a SROM and was GBS positive. So, from what we learned in class, I already had some general knowledge about treating the patient. I thought I did well with medication administration and patient teaching. I am also glad I had my other nurses, so team work helped me provide better care.</p>
<p>What areas do you need to develop/improve?</p>	<p>Communication has always been something that I have needed to work on. Knowing how to therapeutically talk to family members and the patient is very important but can be difficult when providing care. I also felt kind of scattered during my scenario, so I could improve my clustering of care in a more organized manner.</p>
<p>What did you learn today?</p>	<p>Like most of the simulations I have done in the past, I learned that they do not usually go the way I planned! No matter how much I prepare beforehand, I am still surprised by the way things play out, but honestly that's just how it is in real life. So, regardless, I am thankful for the experience, because I learn a lot about how I can better take care of future patients. I really do enjoy watching how my peers act in their scenarios since I can learn a lot from them, especially with communication and clustering care.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>In the future, I can better understand and utilize therapeutic communication. Team work was also very helpful in my scenario, so I know that if I ever need assistance, I can utilize my sources and get help when I need it! Even though I did go into the simulation with my own plan, the unexpected can happen, so it is important to do what is best for the patient and advocate!</p>
<p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b>.</p>	<ol style="list-style-type: none"> <li>1. I utilized <b>clinical judgement</b> when administering Oxytocin. Even though the Doctor had called saying to increase her dose from 4mu to 8mu, I decided not to. According to the Oxytocin titration protocol, you should only increase it by 1-2 at a time. So, by administering a smaller dose, regardless of what the Doctor had ordered, I used clinical judgement for the safety of my patient.</li> <li>2. I utilized <b>professionalism</b> when advocating for my patient. In the scenario, my patient was showing signs of IPV, and did not feel comfortable getting pain meds since her spouse did not want her to. However, in order to do what is best for my patient, I had him step out of the room so I could ask about their relationship dynamic (to ensure that she was safe) and get her some pain meds.</li> </ol>