

Jessica Longoria M3B 11/12/2025

IM6 Critical Thinking Worksheet

<p>Student Name: Jessica Longoria</p>	<p>Nursing Intervention #1: Ambulation Early</p>	<p>Date: 11/12/2025</p>
<p>Priority Nursing Problem: Risk for infection</p>	<p>Evidence Based Practice: Prevents complications of immobility (DVTs, pneumonia); GI function return; accelerates recovery and enhances physical and psychological outcome.</p> <p>Nursing Intervention #2: Wound / Incision care</p>	<p>Patient Teaching (specific to Nursing Diagnosis):</p> <ol style="list-style-type: none"> 1. Signs of Infection: redness, swelling, drainage and fever/warmth at site. Notify PCP. 2. Wound / Incision care: Keep wound clean, dry and uncovered as instructed. Explain risk of infection. Do not touch or scratch the area unnecessarily. 3. Proper Hygiene: Hand washing, personal hygiene (nails trimmed and avoid sharing personal items), eat a balanced diet with adequate protein, vits. & fluids.
<p>Related to (r/t): C-section</p> <p>As Evidenced by (aeb): Staples are clean, dry and intact. No redness, drainage or swelling.</p>	<p>Evidence Based Practice: Routine assessments of incision for signs of infection. Keep incision clean and dry with proper hygiene. Educate to prevent infections.</p> <p>Nursing Intervention #3: Breastfeeding support</p>	<p>Discharge Planning/Community Resources:</p> <ol style="list-style-type: none"> 1. WIC for breast feed and nutritional support. 2. Family Guidance & Outreach: for family support, abuse prevention and budgeting. 3. Parenting Cottage for guided support in early parenting like for example car seat info and supply.
<p>Desired Patient Outcome (SMART goal): Before discharge (2 days), the pt. will verbalize at least 3 infection prevention strategies (hand hygiene, proper wound care) and will maintain clean, intact skin with no signs of redness, swelling, or drainage.</p>	<p>Evidence Based Practice: Early breastfeeding promotes bonding, decreases maternal stress and supports infant health.</p>	