

NAME: Alexandra Alcorn

DATE: 11/12/25

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>I was nervous at the beginning and end of my simulation when I was the main nurse. The reason why because I didn't know if I was getting something important while preparing for my case or after. I didn't want to leave the room in case there was something I was missing.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>For patient care I know it was important to provide good education to the patient throughout the whole experience. Letting them know about everything I was doing before doing it and asking if they had any questions before I did.</p>
<p>What areas do you need to develop/improve?</p>	<p>I think the area I really need to improve on is my confidence. Everytime I go into a patient's room I feel like there's something I'm missing and I should be more confident in my skills and knowledge.</p>
<p>What did you learn today?</p>	<p>I learned how many different things could happen in L&D. It's more just a perfect cook's cutter situation. Babies are getting stolen, partners are abusive, and patients don't know how to take care of their baby. We always have to be ready for anything to happen.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will apply being a good educator for my patient. No matter their situation or when they come from. It's important to be there for mom and baby because they may not have anyone they can solidly have for support.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<ol style="list-style-type: none"> 1. Safety was met throughout the simulation. I asked pt for name and DOB when I walked into the room and before med admin. I also did hand hygiene and gloves at the appropriate times. 2. Clinical judgment: I did do the cardiac and respiratory care as well as a Leopolds assessment to confirm the babies position before placing the FHM and UC on mom. I wanted to do Leopolds assessment to confirm the baby was in a breech position and that an external version was needed. I also did a vaginal exam and strip to make sure it was safe for mom and baby to do the procedure. 3. Communication: I educated mom about the procedure and answered any of her questions about the procedure. I went over her consent with her and minimized her of the risks that may come from the procedure. I also called the Dr. to double check an answer I gave mom that I wasn't confident about.