

### Outpatient Surgery Reflection Questions

1. What types of patients (diagnoses/surgical procedures) did you see in the Outpatient Surgery?  
3 Y/O F WITH ① TRIGGER THUMB SURGERY.

2. The majority of the patients who came into the Outpatient Surgery were from which age group?

3y - 15y

Was this what you expected?

Yes

3. How did growth and development come into play when caring for patients (both in preop and in postop rooms)?  
IN PRE-OP FOR TODDLERS, YOU ARE MORE ENERGETIC USING FUN WORDS LIKE "SILLY-INCS" INSTEAD OF MEDICINE. & FOR ADOLESCENTS IT IS MORE STRAIGHT FORWARD, TO THE POINT. FOR POST-OP, IT IS PRIMARILY TALKING TO PARENTS THAN KIDS.

4. What types of procedures did you observe or assist with?  
A 15 Y/O MALE BROKE HIS FINGER & HAD TO GET IT TWISTED BACK INTO PLACE & GET A METAL BRACE AROUND THE FINGER TO STABILIZE IT.

5. What are some common post-op instructions given to the patient/caregivers?

- HYDRATE
- PREVENT INFECTION
- GAS PAIN IN STOMACH
- WOUND CARE
- WATCH FOR BLEEDING
- PAIN CONTROL

6. Give examples of non-pharmacological comfort nursing interventions you saw preop and postop?

- CHILD LIFE INTRODUCING TOYS
- CUDDLING TO CALM DOWN PT
- TALKING CALM/QUIET

7. What complications (red flags) from anesthesia did you watch for and how did you monitor?  
PRE-OP: • FEVER • INFECTION  
POST OP: • N/V • ↓ VS (O<sub>2</sub> HR) • DEHYDRATION

8. What is the process for obtaining a procedural consent for a pediatric patient?  
SOME CONSENTS ARE ALREADY FILLED OUT @ THE DR. OFFICE. IF NOT, WE GET IT FILLED OUT WHEN PT GETS HERE.

9. How does the NPO status change based on age or if infant takes breast milk vs formula?  
BREAST MILK: 4 HRS    FORMULA: 6 HRS    WATER: 2 HRS

10. What role does the Child Life Specialist play in the Outpatient Surgery? If not observed, how

could they be part of your interdisciplinary team?  
THEY PLAY A BIG ROLE B/C THEY ARE EXPLAINING WHAT IS HAPPENING TO THE PT AS IT IS HAPPENING, LIKE AN IV.  
• THEY ARE VERY CALM & REASSURING TO THE PT.